

**COLORADO SCHOOL OF**  
**TRADITIONAL**  
**CHINESE**  
**MEDICINE**



**CATALOG**



# COLORADO SCHOOL OF TRADITIONAL CHINESE MEDICINE

1441 YORK STREET, SUITE 202 • DENVER, CO 80206-2127 • 303-329-6355 • 303-388-8165 FAX • WWW.CSTCM.EDU

28 month, 2,370 hour, 126.5 credit

## Master of Acupuncture Degree (MAc)

32 month, 2,700 hour, 143.5 credit

## Doctor of Acupuncture Degree (DAc)



36 month, 3,045 hour, 163 credit

## Master of Acupuncture with a Chinese Herbal Medicine specialization (MAcCHM)

40 month, 3,375 hour, 180 credit

## Doctor of Acupuncture with a Chinese Herbal Medicine specialization (DAcCHM)

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## ACCREDITATION

The Colorado School of Traditional Chinese Medicine (CSTCM) is institutionally accredited by the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM), which is the recognized accrediting agency for freestanding institutions and colleges of acupuncture or Herbal medicine that offer such programs.



The Colorado School of Traditional Chinese Medicine (CSTCM) and its following programs are accredited by the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM):

- (1) Master of Acupuncture
- (2) Master of Acupuncture with a Chinese herbal medicine specialization

Accreditation status and notes may be viewed on the ACAHM Directory.

ACAHM is recognized by the United States Department of Education as the specialized accreditation agency for institutions/programs preparing acupuncture and Oriental medicine practitioners. ACAHM does not accredit any programs at the undergraduate/bachelor level. ACAHM is located at 500 Lake Street, Suite 204, Excelsior, MN 55331; phone 952/212-2434; fax 952/657-7068; [www.ahahm.org](http://www.ahahm.org)

The entry-level professional doctoral programs, Doctor of Acupuncture (DAc) and Doctor of Acupuncture with a Chinese herbal medicine specialization (DAcCHM), and the advanced practice doctoral, Doctor of Acupuncture and Oriental Medicine (DAOM), programs offered by CSTCM are approved to begin enrolling students but are not accredited or pre-accredited by ACAHM. These programs are eligible for ACAHM accreditation, and CSTCM is currently in the process of seeking ACAHM accreditation for the programs. However, CSTCM can provide no assurance that accreditation will be granted by ACAHM. Graduates of an unaccredited program are not considered to have graduated from an ACAHM-accredited or pre-accredited program and may not rely on ACAHM accreditation or pre-accreditation for professional licensure or other purposes.

## COLORADO COMMISSION ON HIGHER EDUCATION (CCHE) DEGREE AUTHORIZATION

CSTCM and the Master's Degree Programs in Acupuncture (MAc) and Acupuncture with a Chinese herbal medicine specialization (MAcCHM) are Fully Authorized by the Colorado Commission on Higher Education (CCHE). Full Authorization is bestowed upon institutions of higher education that are institutionally accredited by a U.S. Department of Education recognized accrediting agency that has conducted an on-site review of the Colorado location. CCHE has statutory responsibility for administration of Title 23, Article 2 of the Colorado Revised Statutes to authorize higher education institutions to offer degrees and degree credits. The addition of new programs is recognized by the CCHE so long as the programs are under the scope of institutional accreditation. CSTCM is recognized by ACAHM, the specialized US Department of Education accrediting agency for institutions/programs preparing Acupuncture and East Asian Medicine (EAM) practitioners. Upon approval, which CSTCM has received from ACAHM, CCHE recognizes the CSTCM professional doctorate degree programs (DAc, DAcCHM) and the advanced practice doctorate degree program (DAOM).

## From the President

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The Colorado School of Traditional Chinese Medicine (CSTCM) was founded in 1989 by a group of dedicated practitioners whose passion for Chinese medicine inspired the creation of the school. CSTCM is the oldest Chinese medicine school in Colorado. We faithfully devote all our attention, resources, and energy to our Chinese Medicine programs, students, faculty, and staff at our Denver campus.

We have created an educational experience in a supportive atmosphere dedicated to teaching students how to care for themselves, each other, and the public during life's journey. Students learn from ancient wisdom, apply it in modern society, and have the opportunity to seek personal and spiritual growth and transformation. We believe we have created not just an educational program, but we have created an experience.

Colorado School of Traditional Chinese Medicine emphasizes extensive clinical experience with experienced clinical supervisors who have a minimum of 10 years' experience. CSTCM clinical faculty enjoy sharing their knowledge and abilities while expanding students' appreciation of this healing art. In the process, students work on healing themselves and others in their educational and clinical experiences.

Our faculty is diverse, accomplished, dedicated, and committed to excellence in the practice of Chinese Medicine. With this diverse faculty, students are exposed to a wide variety of styles and opinions about Chinese medicine, which will enable them to literally create a style of medicine that they understand and can be comfortable practicing.

CSTCM's vision of Chinese Medicine includes all the Chinese Medicine traditions developed and practiced in China from ancient times to the present, including innovations and adaptations of Chinese Medicine from different countries and cultures. Our programs mirror mainland China's Traditional Chinese Medicine education, incorporating Acupuncture, Moxibustion, Cupping, Gua-sha, Tui-na, Chinese herbal medicine, lifestyle counseling, nutrition therapy, Taiji, Qigong, and Western sciences and is adapted to fit into American education and health care systems. In addition to the core program hours, students can attend over 200 additional hours of Taiji and Qigong at no extra cost.

We invite students who are serious about a career in Traditional Chinese Medicine (TCM) and are interested in mainland China's Traditional Chinese Medicine education to contact the Colorado School of Traditional Chinese Medicine. If you have any specific questions or wish to arrange a tour or attend some classes, please feel free to write or call the Administrative Director.

Mark Manton, Dipl. TCM, L.Ac

CEO & President, CSTCM

## Board Of Directors

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### Board of Directors

Mark H. Manton, Dipl. TCM, L.Ac.

President & CEO (Owner)

Songtao Zhou, MS

Board Chair & COO(Owner)

Yanyun Wang, BM (CHM Pharmacology - China)

Secretary / Treasurer

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CSTCM Certified Public Accountant

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Mark H. Manton, Dipl.TCM, L.Ac.

President & CEO

Songtao Zhou, MS

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Yanyun Wang, BM (CHM Pharmacology - China)

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Clinic Co-Director

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Aiting Fu, BS

Financial Aid

Matt Orischak

Student and Clinic Services Coordinator

Libia Aguilar

Admissions

Robert Yazzie, B.A., MSIS

Library Consultant

Jonathan Ortiz, B.A., PhD

Educational Consultant

The Colorado School of Traditional Chinese Medicine is:

Accredited by the Accreditation Commission for Acupuncture and Oriental Medicine

Member of the American Association of Acupuncture and Oriental Medicine

Approved by the Colorado State Approving Agency to accept Veterans Administration educational benefits for those who are eligible to participate

Approved for various Colorado State Vocational Rehab Programs

Approved to issue I-20 Certificate of Eligibility for an F-1 Student Visa for foreign students

Member of the Academic Collaborative for Integrative Health

Member of the Acupuncture Association of Colorado

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## Philosophy and Vision

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### Foreword and Educational Philosophy

Traditional Chinese Medicine (TCM) is a complete medical system. It is composed of Acupuncture Medicine, Chinese Internal Medicine (Chinese Herbal Medicine), Tui-na (physiotherapy/therapeutic massage), Chinese Medicine Nutrition, Energetic Exercise / Meditation (Taijiquan, Qigong, Daoyin), and Lifestyle Counseling. TCM is becoming widely accepted worldwide as a primary system of health care. In the United States, its acceptance is at an all-time high and is increasing in popularity. With the emphasis on body/mind/spirit medicine and a preventative health care system, everyone can benefit from this ancient wisdom as a path toward health and harmony in their daily lives. As a result of the rising popularity and the value of TCM's holistic nature, there is an increasing demand for qualified practitioners.

#### Vision

The Colorado School of Traditional Chinese Medicine's (CSTCM) vision of Chinese Medicine includes all the Chinese Medicine traditions developed and practiced in China from ancient times to the present. Chinese Medicine consists of a wide variety of methods based on the classics. A primary classic is the Huangdi Nei Jing (the Inner Canon of the Yellow Emperor) that is composed of the two texts, the Suwen (Basic Questions) and Lingshu (Acupuncture Questions and Methods). Other classics include the Nanjing (Classic on Disorders, 81 Difficult Questions) by Bian Que (Qin Yueren), Shen Nong's Materia Medica, The Shanghan Zabing Lun (Treatise on Cold Injury) by Zhang Zhongjing, and the Zhen Jiu Jia Yi Jing (Fundamental Principles of Acupuncture) by Huang Pumi. These books are the foundation of Chinese Medicine. They have inspired over 80 generations of renowned Chinese Medicine practitioners whose ongoing experience has served to enrich and evolve Chinese Medicine from antiquity up through the present day.

CSTCM also appreciates the unique contributions that have occurred as Chinese Medicine is accepted and used by most countries worldwide. Many cultures have embraced and adapted Chinese Medicine to meet their needs and have contributed to enriching the medicine. The classics are being revived and studied by new generations of scholars and practitioners who enrich Chinese Medicine's art and practice from both ancient and modern perspectives. This renewed focus on the classic texts and ongoing evolution of Chinese Medicine contributes to the TCM community's international collaboration.

This integrative approach is what CSTCM considers representative of the full spectrum of TCM. Chinese Medicine is an evolving and living medicine that will continue developing from its ancient roots along with contributions from our modern experience. It will continue to offer us centuries of ancient wisdom and a deep understanding of our role in nature. This perspective provides the basis for the ongoing development of Chinese Medicine. It is what communities worldwide seek – the most effective and results-oriented medicines that promote healing for a wide array of illnesses.

#### Preparing Students for Success

Along with this broad vision and appreciation for the vast scope of knowledge embedded in Chinese Medicine, CSTCM also provides a defined focus for students to work with the required national board exam content. Incorporated in this vision is a practical process to prepare students for the national board exams as the school prepares them for a successful Chinese Medicine practice. The curriculum emphasizes a strong foundation in Chinese Medicine that encourages graduates to become successful practitioners while remaining inspired to continue a lifelong pursuit of learning and development in the field of TCM. An important measure of our success as a school is our graduates' success and contributions to patients, health care, and the profession.

#### Curriculum and Faculty

CSTCM was founded in late 1989 with the primary focus to provide the highest educational standards possible. We created a program emphasizing TCM with an introduction to other styles of acupuncture and Asian Medicine. Our program teaches TCM but also strives to help students understand the culture where the medicine originated. We believe all traditional medicines are cultural. For example, Western Medicine came from and is a picture of the West's culture, just as Chinese Medicine came from and is a picture of China's culture. We also recognize that Chinese Medicine must be studied, learned, and practiced in a way that it can be integrated into the Western culture and combined with Western approaches to medical care. We appreciated both systems for their contributions to medicine and their positive values.

We created the CSTCM curriculum based on the highest educational standards and assembling a faculty that consists of both Chinese and Western instructors. In doing so, students are taught by instructors who look at, understand, and teach Chinese Medicine from different perspectives. These varied points of view can expand students' knowledge and creativity when learning and practicing Chinese Medicine. Appreciating multiple points of view is essential when considering TCM's emphasis on treating the whole person as an energetic system and as part of a holistic universe (human relationship to nature). Our faculty is enthusiastic, while calm, commendable while humble, assertive, and compassionate. Our faculty encourages students to follow the Taoist principles of harmony and balance, which are the foundation of our mental, physical, and emotional well-being.

## Educational Values

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### **Optimal Student to Teacher Ratio**

The number of students accepted into the program is limited to ensure optimal student-teacher ratios. The average number of students in a class is fifteen. Students begin learning and understanding fundamental TCM theory in the classroom and then apply it via extensive clinical training. The training helps students understand Chinese Medicine at a deeper level. It offers them a greater appreciation for Chinese Medicine's practical applications as they progress towards mastering Chinese Medicine.

Prospective students need to understand that learning is an individual achievement. While in the CSTCM program(s), faculty and classmates will offer great assistance to the learning process. Ultimately, to succeed in the program, the student must have a goal, be dedicated and disciplined, love to be challenged, work very hard, and have a strong desire to learn.

CSTCM will provide a supportive environment, a faculty as highly qualified as any in the world, educational resources, a structured and proven curriculum, encouragement, and inspiration. Our curriculum and faculty are regularly assessed in order to improve the student's educational experience. Graduate satisfaction and success rates are high, which is deeply rewarding and inspires us to develop, expand, and strengthen our programs continually. The school serves its students, graduates, and the public through workshops, community outreach, public education, a quarterly newsletter, and national and international networking with other health professionals.

We are not just another acupuncture school but a school that emphasizes all the components of Chinese Medicine. We invite you to join us in this exciting experience and become a practitioner of Chinese Medicine.

### **Accreditation and Degrees**

The Colorado School of Traditional Chinese Medicine (CSTCM) and its following programs are accredited by the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM):

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## CSTCM Statement of Integrity

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### **Preamble**

CSTCM esteems collegial trust and ethical conduct. As an educational institution, we are responsive to our constituents and present access to our knowledge resources. We integrate our mission with our responsibilities. The CSTCM Board, Administration, Faculty, and Students, as a community of professionals, learners, scholars, and practitioners, agree to uphold ethical standards to benefit ourselves and the broader community in which we live and work. This integrity statement provides comprehensive guidance for CSTCM policies and procedures regarding conduct and accountability.

### **Statement**

- At CSTCM, integrity is indispensable to our mission. We act with honesty and adhere to moral and ethical values and principles through our personal and professional behavior. We demonstrate our understanding of these values and principles and uphold them in every action and decision. Trust and trustworthiness go hand in hand with how we conduct ourselves, as we sustain a culture based upon ethical conduct. We accept our responsibilities and apply ourselves to the highest standards of trust.
- To ensure our integrity, we safeguard academic freedom, open inquiry, and debate in the best interests of education, enrichment, and our personal and professional development. We value human and intellectual diversity and inclusiveness. We choose to function as responsible citizens, respect equality and others' rights and treat all individuals with dignity.
- To fulfill our goals as a learning community, we insist that student learning objectives are not compromised. We treat all students equitably, and our evaluations of learning achievements are impartial based on demonstrated academic performance. The Board, Administration, Faculty, and Students appreciate that learning is the most important goal. We embrace ethical values and principles, reject academic dishonesty, and emphasize truth and accuracy.
- We agree to work diligently and aspire to embody the best of Chinese Medicine's scholarly and educational achievements. We pledge to make wise use of our resources and be good stewards of financial, human, and natural resources. We operate within the letter and spirit of the law and strive to avoid impropriety or conflict of interest.
- As members of the CSTCM community, we are devoted to uncompromised integrity in support of compassion and excellence. As individuals, we all contribute to this standard with the veracity of our actions, words, and spirit.

## Program Learning Outcomes

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### ▼ Mission

The Colorado School of Traditional Chinese Medicine's (CSTCM) mission is to graduate effective Chinese Medicine practitioners who work to attain the best patient care outcomes, using the skilled application of Chinese Medicine in clinical, educational, and collaborative settings.

### Educational Statement of Purpose

*CSTCM Master's and Professional Doctorate programs: (MAc, MAcCHM, DAc, DAcCHM)*

CSTCM is dedicated to being a Chinese Medicine educational leader and is committed to placing high-quality professional Acupuncture and Chinese Medicine education before all other factors. CSTCM is devoted to developing clinically effective graduates who: value personal and academic growth, who are compassionate, ethical, professional, and inspired to participate in and promote the development of Chinese Medicine and provide a high standard of healthcare from a sound theoretical and clinical understanding. CSTCM strives to graduate practitioners who can practice as independent health care providers in a variety of settings and are inspired to advance their knowledge, skills, and abilities as they work to advance Chinese Medicine to benefit patients and the health care community.

### Master's Programs Goals

Graduates of the MAc and MAcCHM programs at CSTCM will:

- accurately formulate comprehensive treatment plans based on differential diagnoses utilizing acupuncture and (MAcCHM Program) Chinese herbal medicine.
- be technically competent in applying adjunctive therapies including tui na, moxibustion, cupping, auricular therapy, and diet and lifestyle principles.
- be knowledgeable and have a fundamental understanding of the body from the biomedical perspective and identify conditions requiring referral to other healthcare providers when necessary.
- communicate professionally and knowledgeably with their patients, other healthcare providers, and community about the efficacy, safety, and principles of acupuncture and Chinese Medicine.
- understand the ethical and legal requirements of the acupuncture and Chinese Medicine profession and enter the profession with the knowledge and skills necessary to provide compassionate, ethical and professional services to their communities.
- be assets to the larger community of Chinese medicine practitioners, supporting state, national and international organizations that promote the practice and education of Chinese Medicine.

### Master's Program Learning Outcomes

CSTCM's Mission, Purpose and Goals are the foundation for the MAc and MAcCHM Program Learning Outcomes. Graduates of the CSTCM MAc and MAcCHM Programs will be able to:

- make accurate Chinese Medicine assessment, differential diagnosis/es, skillfully apply appropriate treatment principles and treatment plans competently provide acupuncture, cupping, electro-stimulation, moxibustion, tui-na, Chinese Medicine diet, exercise, meditation, and lifestyle recommendations and (MAcCHM Program) Chinese Herbal Medicine.
- understand biomedical principles, assessment and diagnostic methods to make appropriate referrals for health care.

## Program Learning Outcomes

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- communicate professionally about Chinese Medicine to patients, the community and health care providers.
- understand and apply legal, ethical, and business principles and standards to the practice of Chinese Medicine in a variety of care settings.
- demonstrate knowledge of multiple practice and business models.
- develop practice policies and procedures and create business and marketing plans that will support a successful solo or group practice.
- display ethical, compassionate, and professional conduct with patients and peers.
- value continued growth and development in Chinese Medicine knowledge and skills
- be inspired to participate in state and national professional organizations and promote the ongoing development of Chinese Medicine.

### Professional Doctorate Program Goals

Graduates of the DAc and DAcCHM programs at CSTCM will:

- utilize the practical application of advanced clinical integrative TCM, biomedical and collaborative diagnosis, and treatment plans in independent and collaborative settings.
- develop their knowledge, understanding, skill, and experience in a collaborative exchange between Chinese Medicine practitioners and other health care practitioners.
- advance their ability to think critically, synthesize knowledge, use research findings and scientific and scholarly literature to enhance (support) their professional practice.

### Professional Doctorate Learning Outcomes

include all the master's degree program learning outcomes and the Professional Doctorate (DAc, DAcCHM) graduate will be able to:

- Include and integrate Chinese Medicine with current research and evidence informed practices for patient care.
- provide quality Chinese Medicine patient care within collaborative and integrative settings.
- communicate effectively with patients and other health professionals as an independent practitioner and as part of a collaborative, integrative and interdisciplinary team of practitioners.
- develop a personal professional development plan that ensures continuing professional growth and development for the benefit of the practitioner, the profession, patients, and the health care community

**CSTCM is also committed to:**

#### *Ongoing Continuing Education*

- In addition to the core programs, CSTCM believes it is critical to promote and provide students, graduates, faculty, and licensed practitioners with high-quality continuing education.

#### *Serving the Community*

- CSTCM is committed to providing a low-cost clinic for the community, providing speakers for various public events, offering lectures and workshops appropriate for the public.

## Faculty Leadership

The Dean of Faculty (DOF) is the CSTCM faculty leader and provides faculty with the organizational structure to excel in their roles. The Dean of Faculty and Academic Dean's office is the hub for all faculty activities, organization, curriculum discussion, faculty development, and assessment. The DOF leads faculty meetings and is available to faculty for the group and private sessions throughout each trimester. The DOF leads the faculty performance assessment, reviews course evaluations, develops syllabi, and works with the Academic Leadership Team (ALT) and all faculty members on program design, policy and procedures.

The CSTCM Clinic Director (CD), working in concert with the Dean of Faculty and ALT, leads the CSTCM Clinical Faculty to deliver the Clinical Internship Training programs. The CD oversees all clinical preparation, clinic forums, clinical observation, acumoxa skills courses and leads the clinical skills assessment team.

The Dean of Faculty, Clinic Director, ALT, and faculty work together to design the program's courses. All faculty are responsible for delivering the best possible instruction in every class.

## The CSTCM Academic Leadership Team

President and CEO – Mark Manton, Dipl.TCM, L.Ac

COO – Songtao Zhou, MS

Academic Dean of Faculty – Parago Jones, Dipl TCM, L.Ac

Clinic Co-Director – Piper Mullins, MSTCM, L.Ac

Clinic Co-Director – Robin van Maarth, DACM, Dipl.OM, L.Ac

Academic Dean of Students – Christine Schultze, MSTCM, L.Ac

Administrator for the Deans Office – Louis J. Feher-Peiker, BA

## Campus Setting and Facilities

CSTCM has over 12,600 square feet including 7 spacious classrooms, a 9 room and a 6 room student clinic with waiting area, reception office, administrative offices, an extensive Yan Jing Supply Herbal Dispensary / Bookstore, and a comprehensive library. The library consists of Western, TCM and holistic health books, journals dating from the present back to the early 1980's, videos, and audio tapes, acupuncture models, anatomy models, a wireless network, and computers with various TCM and health-related software. There are books in both English and Chinese. There is also a student lounge / study area and a roof-top deck for tai ji, qi gong and relaxing. The school has abundant on and off-street parking adjacent to the building.

We are centrally located in the historic Capitol Hill neighborhood just east of downtown and the capital with easy freeway access.

Denver is frequently recognized as one of the most desirable U.S. cities to live in, and has been described as one of the most “livable” of any metro city. It has a multi-cultural, growing metro population of over 2.3 million and good public transportation. The Capitol Hill neighborhood surrounding the school provides a community feeling at reasonable prices. There are diverse restaurants and shops, along with two city parks, Botanic Gardens, Denver Zoo, and the Denver Museum of Nature and Science, all within walking distance of the school. Downtown, health food supermarkets, and the Cherry Creek Shopping district with a farmers market are just minutes away. The school is only 40 minutes from Boulder and 45-60 minutes from outdoor activities in the fabulous Rocky Mountains.

Denver's weather has four distinctively beautiful seasons to enjoy. If you like sunshine (300 days per year), mountains, and a small town atmosphere within a growing metro city, you will love Denver and the surrounding areas.

Our campus also hosts the Izba Spa, and a variety of private practitioners. This offers a rich interaction among many health conscious individuals working in complimentary disciplines.

## Programs

### Programs

CSTCM offers four graduate-level programs with strong theoretical and practical foundations in Chinese Medicine. Our Master of Acupuncture (MAc) and Doctor of Acupuncture (DAc) programs focus expertise in the study and application of acupuncture and related Acumoxa modalities, Tui-na (physiotherapy/ therapeutic massage), Chinese nutrition, and energetic exercise/meditation with a grounding in Western biomedicine and sciences.

Our Master of Acupuncture with a Chinese Herbal Medicine specialization (MAcCHM) and Doctor of Acupuncture with a Chinese Herbal Medicine specialization (DAcCHM) Programs further integrates the comprehensive understanding, application, and practice of Chinese Herbal Medicine and TCM Internal Medicine.

CSTCM utilizes 15 week trimesters, offering 3 trimesters per year. Students have 7 weeks off per year. Our programs can be designed for working adults to learn TCM in a supportive environment at their own pace. We are dedicated to students actually learning the medicine, not just graduating.

Our programs allow Accelerated\* students to earn the MAc Degree in 28 months or the MAcCHM degree in 36 months (ACAHM minimum completion time), taking approximately 21 classroom hours per week.

The Professional Doctorate (PD) program is an additional Accelerated\* Trimester of 330 clock hours and 17 credit hours above/in addition to the MAc and the MAcCHM degrees. Accelerated students can earn the DAc Degree in 32 months and the DAcCHM degree in 40 months.

Students must choose a track that commits to the Master's program only (MAc or MAcCHM) or that commits to Doctors Program only (DAc or DAcCHM) or they can select the dual degree track by simultaneously enrolling in the MAc and DAc or MAcCHM and DAcCHM.

Graduates of ACAHM accredited Master degree programs in Acupuncture or Acupuncture with CHM (MAc or MAcCHM equivalents) can apply to the DAc or the DAcCHM completers program. ((Please see Admissions for more information on DAc and DAcCHM completers program, to be offered following ACAHM program approval/accreditation which is expected in the summer or fall of 2022) The 17 credits for the PD can be completed in one 15 week trimester as an Accelerated\* program or in 2 Trimesters as a combination of Full-time and / or Part time programs.

The combined MAc-DAc or the DAc degree program can be completed in a minimum completion time of 32 months. The combined MAcCHM-DAcCHM or the DAcCHM can be completed in a minimum completion time of 40 months in the Accelerated\* program.

CSTCM accepts new students three times per year. This allows students to take a trimester off at any time or move between Accelerated or Full-time status without creating problems in the program's sequencing.

Credits are calculated according to the US Department of Education's and ACAHM's credit hour standards; 1 credit for every 15 hours of classroom work completed for didactic courses; 1 credit for every 30 hours of completed work in practical/clinical courses. Trimesters begin the first Monday in January, early May, and late August/early September.

All programs are offered on an accelerated, full-time, and half-time basis, with 6.66 years (80 months) to complete our MAc program and 8.33 calendar years (100 months) as the maximum allowable time to complete our MAcCHM program. The DAc maximum allowable time to complete is 7.33 years (88 months) and 9.33 years (112 months) to complete the DAcCHM.

The half-time pace is advised for students with financial or employment difficulties. It allows students to study at a more gradual and less stressful pace. Please note that a student may need to go full time for some trimesters to complete the program in the required time frames.

\*Please keep in mind that being on an accelerated track does not guarantee graduation from any program in the minimum amount of time. To graduate in the minimum time allowed from a program, a student must take every class offered for each trimester; this will be more than 16 credits each trimester. \*Part-time is available but limited to enrolled students who have had a life event; maternity leave, health reasons, family or work obligations, etcetera; it is not intended to be for the long term.

Definition of Accelerated, Full-time, Half-time, and Part-time Enrollment.

16 or more credits per-trimester – Accelerated\*

12 to 15 credits per-trimester – Full-Time

6 to 11 credits per-trimester – Half-Time

5 or less credits per-trimester – Part-Time\* (financial aid is not available to part-time students)

## Programs

### **CONTINUING EDUCATION PROGRAM**

CSTCM offers an extensive number of optional seminars and workshops that provide valuable education for students, graduates, and all practitioners to refine and further develop their skills. CSTCM has brought in many national and internationally known instructors to give workshops. These continuing education units (CEU) qualify for the NCCAOM CEU credits. Students may elect to take CEU seminars at any time. Students are not required to take these seminars but they are recommended.

### **PUBLIC EDUCATION PROGRAMS**

CSTCM offers some classes and workshops that are appropriate for the general public.

### **CHINA CLINICAL TRAINING CERTIFICATE PROGRAM**

CSTCM is educationally associated and has an agreement with many universities in the People's Republic of China, such as Heilongjiang University of TCM, Beijing University of TCM, Chengdu University of TCM, and Jiang Xi College of TCM. We offer intensive clinical training programs in acupuncture, internal medicine, tui na, tai ji, and qi gong at these various TCM universities. Our training programs allow for a great deal of flexibility to satisfy the varied interests of qualified students and graduates. Upon completion, certificates are awarded. Interested students, graduates, practitioners, and the general public should consult the brochures available each year on the China Clinical Training Program.

## **MAc Curriculum Overview**

**28 MONTH, 2,370 HOUR**

**MASTER OF ACUPUNCTURE DEGREE (MAC)**

### **YEAR 1 - TRIMESTER 1, 2, 3**

TCM Studies: In the first year of the program, students learn TCM's fundamental theories, including TCM concepts of energy, health, and disease etiology. The four courses in Acu Meridian and Point Theory with Practicum teach students various Chinese Medicine acupuncture traditions. Students learn the Channels and Collaterals, Acupoint classifications, locations, uses, and the Chinese Acupoint names and English translations for the acupoint names.

In trimester 3, students begin attending clinical diagnosis forums to observe the practical application of Chinese Medicine.

On the practical side in trimester 2-3, students begin learning and practicing essential clinical skills. The first step is learning Tui-na to develop palpation skills, then using Tui-na to treat acupoints and channels and using Tui-na for manual therapy for common conditions. The Tui-na training lays the foundations for students to begin learning the traditional acupuncture and moxibustion methods and techniques in the Acumoxa courses. Students also learn auricular acupuncture, scalp acupuncture, micro-system acupuncture, cupping, plum blossom, bleeding, gua sha, and related Acumoxa modalities.

Practical training in Qigong and Taiji exercise/breathing therapy begins this year to cultivate the student's qi. Clinical observation requirements also begin this year, starting the student's clinical education. By observing private practitioners and observing practitioners in the student clinic, students develop insight into clinical practice.

Bioscience Studies: Bioscience course work in the first year includes Medical Terminology, Anatomy & Physiology, Surface Anatomy, Introduction to Biology, and Introduction to Chemistry.

### **YEAR 2 - TRIMESTER 4, 5, 6**

TCM Studies: In the second year, students will use their TCM theory knowledge to deepen their understanding of the disease process from a TCM perspective. They learn how to formulate Chinese Medicine treatment principles and treatment plans and use Acumoxa methods to treat the underlying disease process and promote health. They continue participating in clinical diagnosis forum in trimester 4, 5, and 6. Through the clinic forum experience, students gain additional diagnostic and differentiation of disease experience. They also observe licensed practitioners discuss and deliver Chinese Medicine treatments. The Tui-na and Acumoxa techniques are further developed and practiced in preparatory internship courses.

As an essential part of a successful TCM practice, students learn in-depth Acumoxa treatments for a wide variety of musculoskeletal conditions in the Acupuncture Assessment & Treatment of Musculoskeletal Disorders courses.

In trimester 5, students begin their supervised clinical practice by treating patients in the student clinic, taking responsibility for all aspects of their patient's care. Students also learn CNT (clean needle technique), OSHA and HIPAA regulations, and Clinical Ethics. *Before entering the clinical internships, all students must complete the Red Cross Adult and Pediatric First Aid/CPR/AED course.* This prerequisite course teaches essential emergency response skills for clinical and everyday emergencies. Completing this Red Cross course is required for students to enter internships at CSTCM.

## Programs

In the 6<sup>th</sup> trimester, students take the Advanced Acupuncture Treatment of Disease course. Students learn advanced acumoxa diagnoses, differentiations, prescriptions, and treatments for a wide variety of diseases commonly encountered in professional practice.

MAc students learn the basics of Chinese herbal medicine in the Topical Application of Chinese Herbal Medicine course. The class presents a primer on Chinese herbal medicine's external use, focusing on the safety precautions an Acupuncturist should observe in practice. Students learn to use Chinese topical prepared medicines frequently used in acupuncture clinics.

Opportunities for ongoing training in Qigong and Taiji are available throughout the entire program.

**Bioscience - Biomedical Studies:** Bioscience and western medical courses include Biochemistry, Microbiology of Infectious Diseases, Survey of Medicine, Biomedical (Western) Physical Exam and Diagnosis, Biomedical (Western) Pathology, and Biomedical (Western) Pharmacology / Pharmacognosy. Students also learn Clinical Ethics and Basic Psychology, Counseling & Communication Skills. This additional work in the Western biomedical approach will enhance students' ability to integrate Eastern and Western medicine.

### YEAR 3 - TRIMESTER 7

**TCM Studies:** In the third year, students continue and conclude their supervised clinical practice. Students apply the advanced acupuncture treatment of disease methods in the clinic and expand their clinical experience. Students have their final observation class in trimester 7. At this point, they have a solid foundation in clinical theory and practice and benefit from observing and getting more advanced questions answered by an experienced practitioner in the advanced clinical observation course. They also assume greater responsibility for their patient's total care.

**Bioscience-Biomedical Studies:** In the third year, students complete the Western Medical Referral and Western Nutrition courses. Western Nutrition covers the biochemical processes of nutrition and metabolism, dietary intake, nutritional imbalances, vitamins and minerals, and detoxification programs. This final work in the Western biosciences and biomedical approach further develops students' ability to integrate Eastern and Western medicine.

Students will learn principles involved in creating a business plan, a website, and exploring various advertising strategies in the Clinical Business Management course. The course teaches students to understand and implement business, marketing, and professional plans to support success in either a solo professional practice or a group practice.

In the final trimester, students take a course in exam preparation that guides them in studying for our Final Proficiency Exam and the NCCAOM Acupuncture exam. This course concludes the program of study. Students who complete the program will receive the Master of Acupuncture (MAc) degree.

### DOCTOR OF ACUPUNCTURE DEGREE (DAc)

The DAc requires completing a MAc degree (*or completion of all ACAHM required courses for a MAc*).

The DAc requires an additional accelerated\* trimester of 330 clock hours, 17 credits, above the MAc degree completion requirements.

At CSTCM, the MAc is 2370 clock hours, 126.5 credits, 28 months (minimum completion time).

The CSTCM DAc, in addition to the MAc equivalency, adds 330 clock hours, 17 credits, and 4 months (minimum completion time)

The CSTCM MAc DAc is 2700 clock hours, 143.5 credits, and 32 months (minimum completion time).

### DAc Curriculum Overview

**32 MONTH, 2,700 HOURS**

**DOCTOR OF ACUPUNCTURE DEGREE (DAc)**

(requires the equivalent of the seven trimesters of the MAc degree plus the addition of the 8<sup>th</sup> trimester for a DAc)

### YEAR 3 TRIMESTER 8 (330 HOURS, 4 MONTHS)

The DAc program encompasses all of the course work required in the seven trimesters of the MAc program and adds 330 hours of professional doctorate training. The 180 hours of didactic course work encompasses Advanced Acupuncture

## Programs

Treatment of Disease 2, Advanced Integrative Biomedical and TCM Diagnosis, Integrative Collaborative Medicine, Research Literacy and Evidence-Informed Practice, and Professional Development courses.

The Integrative Acupuncture Clinic provides an advanced focus on treating complex cases while collaborating with various TCM and allied health professionals. Together students and supervisors will discuss TCM and other health systems' diagnostic and treatment ideas. Following the discussion, students will create and deliver TCM treatments to the patient under their care. Collaborating supervisors will represent clinical approaches from the various health professions, such as biomedicine, osteopathy, chiropractic, naturopathy, physician assistants, nurse practitioners, and physical therapists.

The courses prepare interns for specialized clinical practice by working with one Chinese Medicine supervisor and one integrative medicine supervisor. Together the supervisors will guide the student interns in comprehensive Chinese Medicine treatments that complement integrative medicine diagnostic and treatment plans. These clinical experiences will allow interns the opportunity to interact and practice alongside professionals from multiple medical disciplines. Students gain insight into other approaches to diagnosis and treatment. Clinic supervisors will guide the student's clinical decision-making process regarding indications, contraindications, indications for referral, and benefits of integrative medicine treatments. The students' clinical goal will be to develop the best Chinese medicine treatments for TCM and or integrative settings.

The DAC graduate will be uniquely trained and prepared to enter into Chinese Medicine practice with TCM knowledge and skills applicable to working in an integrative medical setting.

The DAC can be completed in one Accelerated Trimester (17 credit hours) as an ongoing continuum directly from the MAC program. Alternatively, it can be completed in 2 trimesters. Students who completed the MAC can also elect to take a trimester or two off and then return to the DAC for completion. (Please note that the MAC DAC dual degree program must be completed within 7.33 years – 88 months). Graduates from other Master's degree programs in Acupuncture are welcome to discuss admissions to the CSTCM DAC program with CSTCM Admissions advisors.

### MAcCHM Curriculum Overview

**36 MONTH, 3,045 HOUR**

**MASTER OF ACUPUNCTURE - CHINESE HERBAL MEDICINE SPECIALIZATION DEGREE (MACCHM)**

#### **YEAR 1 - TRIMESTER 1, 2, 3**

TCM Studies: In the first year of the program, students learn TCM's fundamental theories, including TCM concepts of energy, health, and disease etiology. The four courses in Acu Meridian and Point Theory with Practicum teach students various Chinese Medicine acupuncture traditions. Students learn the Channels and Collaterals, Acupoint classifications, locations, uses, and the Chinese Acupoint names and English translations for the acupoint names.

In trimester 3, students begin attending clinical diagnosis forums to observe the practical application of Chinese Medicine.

On the practical side in trimester 2-3, students begin learning and practicing essential clinical skills. The first step is learning Tui-na to develop palpation skills, then using Tui-na to treat acupoints and channels, and using Tui-na for manual therapy for common conditions. The Tui-na training lays the foundations for students to begin learning the traditional acupuncture and moxibustion methods and techniques in the Acumoxa courses. Students also learn auricular acupuncture, scalp acupuncture, micro-system acupuncture, cupping, plum blossom, bleeding, gua sha, and related Acumoxa modalities.

Practical training in Qigong and Taiji exercise/breathing therapy begins this year to cultivate the student's qi. Clinical observation requirements also begin this year, starting the student's clinical education. By observing private practitioners and observing practitioners in the student clinic, students develop insight into clinical practice.

Chinese Herbal Medicine Studies: Students begin studying Chinese herbal medicine (CHM) with Chinese Herbal Medicine 1 & 2. The class begins with the essential CHM history and texts and goes on to study the Chinese Materia Medica. In these courses, students will study individual Chinese herbs and CHM theory.

Bioscience course work: Bioscience studies in the first year includes Medical Terminology, Anatomy & Physiology, Surface Anatomy, Introduction to Biology, and Introduction to Chemistry.

#### **YEAR 2 - TRIMESTER 4, 5, 6**

TCM Studies: In the second year, students will use their TCM theory knowledge to deepen their understanding of the disease process from a TCM perspective. They learn how to formulate Chinese Medicine treatment principles and treatment plans and use Acumoxa methods to treat the underlying disease process and promote health. They continue participating in clinical diagnosis forum in trimester 4, 5, and 6. Through the clinic forum experience, students gain additional diagnostic and

## Programs

differentiation of disease experience. They also observe licensed practitioners discuss and deliver Chinese Medicine treatments. The Tui-na and Acumoxa techniques are further developed and practiced in preparatory internship courses. Opportunities for ongoing training in Qigong and Taiji are available throughout the entire program.

As an essential part of a successful TCM practice, students learn in-depth Acumoxa treatments for a wide variety of musculoskeletal conditions in the Acupuncture Assessment & Treatment of Musculoskeletal Disorders courses.

In trimester 5, students begin their supervised clinical practice by treating patients in the student clinic, taking responsibility for all aspects of their patient's care. Students also learn CNT (clean needle technique), OSHA and HIPAA regulations, and Clinical Ethics. *Before entering the clinical internships, all students must complete the Red Cross Adult and Pediatric First Aid/CPR/AED course.* This prerequisite course teaches essential emergency response skills for clinical and everyday emergencies. Completing this Red Cross course is required for students to enter internships at CSTCM.

**CHM Studies:** Students conclude studying individual Chinese herbs by completing the final individual herbs course. The students now start to use their knowledge of individual herbs by learning how the individual herbs are combined to make Chinese herbal formulas and patent medicines. Students study CHM formulas and strategies to prepare for CHM Internal Medicine studies and learn the Topical Application of Chinese Herbal Medicine and CHM Preparation Methods.

**Bioscience-Biomedicine Studies:** Bioscience and western medical courses include Biochemistry, Microbiology of Infectious Diseases, Survey of Medicine, Biomedical (Western) Physical Exam and Diagnosis, Biomedical (Western) Pathology, and Biomedical (Western) Pharmacology / Pharmacognosy. Students also learn Basic Psychology, Counseling & Communication Skills, and Clinical Ethics. This additional work in the Western biomedical approach will enhance students' ability to integrate Eastern and Western medicine.

### **YEAR 3 - TRIMESTER 7, 8, 9**

**TCM and CHM Studies:** Students continue their supervised clinical practice in the third year and further their herbal medicine studies with TCM Internal Medicine and TCM Gynecology (Chinese herbal) Clinic. They also assume greater responsibility for their patient's total care. In trimester 7 and 8, students begin to make their transition from student to beginning practitioner. In the 7<sup>th</sup> trimester, students take the Advanced Acupuncture Treatment of Disease course and learn advanced acumoxa diagnoses, differentiations, prescriptions, and treatments for a wide variety of diseases commonly encountered in professional practice.

In TCM Internal Medicine, students systematically learn the CHM methodology that bases Chinese herbal treatment on the differentiation of syndromes/patterns for many symptoms and diseases. Students also have a course in the Clinical Application of Chinese Herbal Medicine. During trimester 8, students begin two trimesters of TCM Internal Medicine clinical internship and study TCM nutrition. Students have their final observation class in trimester 9. At this point, they have a solid foundation in clinical theory and practice and benefit from observing and getting more advanced questions answered by an experienced practitioner in a clinical setting. Students also have the opportunity to assist student clinic supervisors.

**Bioscience-Biomedical Studies:** Students take Western Physical Exam & Diagnosis, Western Pharmacology/ Pharmacognosy, and Western Medical Referral. Western Nutrition covers the biochemical processes of nutrition and metabolism, dietary intake, nutritional imbalances, vitamins and minerals, and detoxification programs. This additional work in the Western biomedical approach will enhance students' ability to integrate Eastern and Western medicine.

**Clinical Business Management:** Students will learn principles involved in creating a business plan, a website, and exploring various advertising strategies in this course. The course teaches students to understand and implement business, marketing, and professional plans to support success in either a solo professional practice or a group practice.

In the final trimester, students take a course in exam preparation that guides them in studying for our Final Proficiency Exam and the NCCAOM board exams. This course concludes the program of study. Students who complete the program will receive the Master of Acupuncture with a Chinese Herbal Medicine specialization (MAcCHM) degree.

### ***The Doctor of Acupuncture with a Chinese Herbal Medicine specialization Degree (DAcCHM)***

The DAcCHM is a combined degree (or can be a completers degree) program that combines the MAcCHM Program 3045 hours plus the PD Program of 330 hours for the combined total of 3375 hours, 180 credits and 40 months\* for the Doctor of Acupuncture with a Chinese Herbal Medicine specialization (DAcCHM) Degree (\* denotes Accelerated schedule timeframe\*)

## **DAcCHM Curriculum Overview**

**40 MONTH, 3,375 HOUR**

**DOCTOR OF ACUPUNCTURE with a CHINESE HERBAL MEDICINE SPECIALIZATION DEGREE (DAcCHM)**

## Programs

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(requires the equivalent of the nine trimesters of the MAcCHM degree plus the addition of the 10<sup>th</sup> trimester for a DAcCHM )

### **YEAR 4 TRIMESTER 10**

The DAcCHM program encompasses all of the course work required in the nine trimesters of the MAcCHM program and adds 330 hours of professional doctorate training. The 180 hours of didactic course work encompasses Advanced Internal Medicine Treatment of Disease, Advanced Integrative Biomedical and TCM Diagnosis, Integrative Collaborative Medicine, Research Literacy and Evidence-Informed Practice, and Professional Development courses.

The 150 hours of Integrative Acupuncture and Internal Medicine Clinics provide an advanced focus on treating complex cases while collaborating with various TCM and allied health professionals. Together students and supervisors will discuss TCM and other health systems' diagnostic and treatment ideas. Following the discussion, students will create and deliver TCM treatments to the patient under their supervised care. Collaborating supervisors will represent clinical approaches from the various health professions, such as biomedicine, osteopathy, chiropractic, naturopathy, physician assistants, nurse practitioners, and physical therapists.

The courses prepare interns for specialized clinical practice by working with one Chinese Medicine supervisor and one integrative medicine supervisor. Together the supervisors will guide the student interns in comprehensive Chinese Medicine treatments that complement integrative medicine diagnostic and treatment plans. These clinical experiences will allow interns the opportunity to interact and practice alongside professionals from multiple medical disciplines. Students gain insight into other approaches to diagnosis and treatment. Clinic supervisors will guide the student's clinical decision-making process regarding indications, contraindications, indications for referral, and benefits of integrative medicine treatments. The students' clinical goal will be to develop the best Chinese medicine treatments for TCM and or integrative settings.

The DAcCHM graduate will be uniquely trained and prepared to enter into Chinese Medicine practice with TCM knowledge and skills applicable to working in an integrative medical setting. The DAcCHM can be completed in one accelerated trimester (17 credit hours) as an ongoing continuum directly from the MAc program. Alternatively, it can be completed in 2 trimesters. Students who completed the MAcCHM can also elect to take a trimester or two off and then return to the DAcCHM for completion. (Please note that the MAcCHM DAcCHM dual degree program must be completed within 9.33 YEARS, (112 months). Graduates from other ACAHM accredited Master's degree programs in acupuncture with a Chinese Herbal Medicine specialization are welcome to discuss admissions to the CSTCM DAcCHM program with CSTCM admissions advisors.



## Cumulative Exams -Masters Programs

### **PROFICIENCY EXAMS**

These written proficiency exams evaluate the student's progress, our program, and their understanding of TCM. The exams give students a good idea of the type of exam and questions they might find within the NCCAOM exams. These exams encourage students to review all previous coursework carefully.

Written proficiency exams are administered at the end of each year of the program in Trimesters 3, 6, & 9 for the MAcCHM students or Trimesters 3 and 7 for the MAc students. Students must pass each section to proceed to the next stage of the program. In the final MAc or MAcCHM trimester, students must pass each section in order to graduate.

### **PRACTICAL EXAM**

Students take a clinical oral and practical exam near the end of trimester 4. The exam serves as an evaluation for both the student and the school. It tests the students on clinical skills accomplished up to this point. This exam's objective is to encourage students to review the clinical skills they have studied and practiced up to this point and satisfy the school's obligation to know that they are prepared to go into the clinic. Passing this exam is required in order to continue into the clinic.

**Any of the CSTCM programs** can be taken at an accelerated pace, as in the following curriculum examples. Full-time and half-time study is also available and can be tailored to each student's individual needs. It is very challenging for a student to finish the program in this minimum time. Curriculum development is an on-going process at CSTCM. We continuously search for better ways to present challenging material. The overall program is subject to minor changes from time to time.

## CSTCM Student Rights and Responsibilities Statement

### **STUDENT RIGHTS**

As members of the CSTCM community students shall have certain rights. These include freedom of expression and inquiry, the right to receive the transmission and application of knowledge, the freedom to pursue education goals, the right to privacy and confidentiality of records and the right to due process as established in the CSTCM Code of Student Conduct.

### **STUDENT RESPONSIBILITIES**

- The responsibility to respect and comply with CSTCM's policies and procedures.
- The responsibility to comply with local, state, and federal law.
- The responsibility to act in a manner which supports and promotes a supportive learning atmosphere and freedom of expression.
- The responsibility to learn the content of any course of study in which they are enrolled.

## CSTCM Nondiscrimination Policy

Qualified applicants are considered based on individual merit without regard to disability, gender, veteran status, marital status, sexual orientation, age, religion, race, or national or ethnic origin. This policy applies to all school matters and to all rights, privileges, programs, and activities generally accorded or made available to students at CSTCM.

## Program Categories

## Program Categories

MASTERS DEGREE PROGRAM CATEGORY TOTALS				
Program	MAc Degree program		MAcCHM Degree Program	
	Hours	Credits	Hours	Credits
Biosciences	510	34	510	34
TCM Theory and Technique	1020	60	990	58.5
Miscellaneous	90	6	90	6.0
Observation	150	5	150	5.0
Chinese Herbal Medicine	45	3	480	32
Acupuncture Clinic	555	18.5	645	21.5
Chinese Herbal Clinic	-		180	6.0
<b>Total</b>	<b>2,370</b>	<b>126.5</b>	<b>3045</b>	<b>163</b>
<i>Didactic only hours &amp; Lab only hours</i>	Didactic hours 1425	Lab hours 945	Didactic hours 1845	Lab hours 1200
<i>Lab hours used for Clinic hours only</i>	Clinic hours 555	#Lab hours used for clinic 555	Clinic hours 825	#Lab hours used for clinic 825
<i>Clinics + clinic observation lab hours</i>	Clinic + obs 705	#Lab hours used for obs 150	Clinic + obs 975	#Lab hours used for obs 150
<i>Practica (Non-clinic lab hours)</i>		Practica hrs 240		Practica hrs 225

DOCTOR DEGREE PROGRAM CATEGORY TOTALS				
Program	DAc Degree program		DAcCHM Degree Program	
	Hours	Credits	Hours	Credits
Biosciences	540	36	540	36
TCM Theory and Technique	1110	66	990	58.5
Miscellaneous	135	9	135	9.0
Observation	150	5	150	5.0
Chinese Herbal Medicine	45	3	570	38
Integrative Collaborative	15	1	15	1
Acupuncture Clinic	705	23.5	645	21.5
Chinese Herbal Clinic	-		330	11
<b>Total</b>	<b>2700</b>	<b>143.5</b>	<b>3375</b>	<b>180</b>
<i>Didactic only hours &amp; Lab only hours</i>	Didactic hours 1605	Lab hours 1095	Didactic hours 2025	Lab hours 1350
<i>Lab hours used for Clinic hours only</i>	Clinic hours 705	#Lab hours used for clinic 705	Clinic hours 975	#Lab hours used for clinic 975
<i>Clinics + clinic observation lab hours</i>	Clinic + obs hrs 855	#Lab hours used for obs 150	Clinic + obs 1125	#Lab hours used for obs 150
<i>Practica (Non-clinic lab hours)</i>		Practica hrs 240		Practica hrs 225

## Curriculum

## MAc Curriculum — Accelerated

<i>YEAR 1- TRIMESTER 1 [1Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM100 - TCM Basic Theory	105	0	7.00	7.00
TCM103 - Acu Meridian & Point Theory 1	45	0	3.00	3.00
TCM105 - Acu Meridian & Point Practicum 1	15	30	2.00	3.00
BIO107 - Western Medicine Anatomy & Physiology 1	60	0	4.00	4.00
BIO108 - Intro to Biology	30	0	2.00	2.00
BIO109 - Western Medical Terminology	15	0	1.00	1.00
TCM110 - Tai Ji/Qi Gong	0	30	1.00	2.00
<b>Totals</b>	<b>270</b>	<b>60</b>	<b>20</b>	<b>22</b>

<i>YEAR 1- TRIMESTER 2 [1Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM111 - TCM Diagnosis & Differentiation A	60	0	4.00	4.00
TCM113 - Acu Meridian & Point Theory 2	45	0	3.00	3.00
TCM115 - Acu Meridian & Point Practicum 2	15	30	2.00	3.00
TCM119 - Acu Moxa Techniques & Practicum A	30	30	3.00	4.00
TCM123B – Medical Qi Gong	0	15	0.50	1.00
BIO125 - Western Medicine Anatomy & Physiology 2	60	0	4.00	4.00
TCM126 - TCM Tui Na 1	15	15	1.50	2.00
OBS127 - Clinical Observation 1	0	15	0.50	1.00
<b>Totals</b>	<b>225</b>	<b>105</b>	<b>18.5</b>	<b>22</b>

<i>YEAR 1- TRIMESTER 3 [1Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM130 - TCM Diagnosis & Differentiation B	45	0	3.00	3.00
TCM132 - Acu Treatment of Disease 1	60	0	4.00	4.00
TCM136 - Acu Moxa Techniques & Practicum B	15	30	2.00	3.00
BIO140 - Surface Anatomy	45	0	3.00	3.00
OBS141B - Clinical Observation 2	0	30	1.00	2.00
TCM142 - TCM Tui Na 2	15	15	1.50	2.00
OBS145B - Clinic Forum 1	0	15	0.50	1.00
OBS146 - Integrative Clinic Observation	0	30	1.00	2.00
BIO150 - Intro to Chemistry	30	0	2.00	2.00
<b>Totals</b>	<b>210</b>	<b>120</b>	<b>18</b>	<b>22</b>

**First Year Totals**                    **705**    **285**    **56.5**

<i>YEAR 2- TRIMESTER 4 [2Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
BIO203A - Microbiology of Infectious Diseases	30	0	2.00	2.00
TCM209 - Acu Treatment of Disease 2	30	0	2.00	2.00
TCM212 - Clinic Prep	45	0	3.00	3.00
CLI213B - Clinical Acupuncture Internship 1	0	105	3.50	7.00
OBS214 - Clinical Observation 3	0	30	1.00	2.00
BIO215 - Survey of Medicine	15	0	1.00	1.00
TCM217 - Clinic Forum 2	45	0	3.00	3.00
TCM218B - Acupuncture Assessment & Treatment of Musculoskeletal Disorders 1	30	15	2.50	3.00
<b>Totals</b>	<b>195</b>	<b>150</b>	<b>18</b>	<b>23</b>

<i>YEAR 2- TRIMESTER 5 [2Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
BIO223A - Biochemistry	30	0	2.00	2.00
MISC224 - Basic Psych / Counseling & Communication Skills	45	0	3.00	3.00
CLI225 - Clinical Acupuncture Internship 2	0	90	3.00	6.00
TCM227A - Clinic Forum 3	45	0	3.00	3.00
TCM228B - Acupuncture Assessment & Treatment of Musculoskeletal Disorders 2	30	15	2.50	3.00
MISC231 - Clinical Ethics	15	0	1.00	1.00
CHM232B - Topical Application of CH	15	0	1.00	1.00
BIO233 - Western Medical Pathology	45	0	3.00	3.00
<b>Totals</b>	<b>225</b>	<b>105</b>	<b>18.5</b>	<b>22</b>

<i>YEAR 2- TRIMESTER 6 [2Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CLI235 - Clinical Acupuncture Internship 3	0	90	3.00	6.00
TCM237A - Clinic Forum 4	45	0	3.00	3.00
TCM302 - Advanced Acupuncture Treatment of Disease	30	15	2.50	3.00
BIO303 - Western Medical Physical Exam & Diagnosis	45	0	3.00	3.00
CLI307 - Clinical Acupuncture Internship 4	0	90	3.00	6.00
BIO309 - Western Medicine Pharmacology / Pharmacognosy	45	0	3.00	3.00
<b>Totals</b>	<b>165</b>	<b>195</b>	<b>17.5</b>	<b>24</b>

**Second Year Totals**                    **585**    **450**    **54**

<i>YEAR 3- TRIMESTER 7 [3Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM311B - TCM Nutrition	30	0	2.00	2.00
CLI315 - Clinical Acupuncture Internship 5	0	90	3.00	6.00
CLI316 - Clinical Acupuncture Internship 5A	0	90	3.00	6.00
BIO317 - Western Medical Referral	30	0	2.00	2.00
MISC321A - Clinical Business Mgmt.	30	0	2.00	2.00
BIO325A - Western Nutrition	30	0	2.00	2.00
OBS329 – Advanced Clinical Observation	0	30	1.00	2.00
TCM331 - Exam Prep	15	0	1.00	1.00
<b>Totals</b>	<b>135</b>	<b>210</b>	<b>16</b>	<b>23</b>

**Third Year Totals**                    **135**    **210**    **16**  
**Program Total (2,370)**            **1,425**    **945**    **126.50**

## Curriculum

## DAc Curriculum — Accelerated

<i>YEAR 1- TRIMESTER 1 [1Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM100 - TCM Basic Theory	105	0	7.00	7.00
TCM103 - Acu Meridian & Point Theory 1	45	0	3.00	3.00
TCM105 - Acu Meridian & Point Practicum 1	15	30	2.00	3.00
BIO107 - Western Medicine Anatomy & Physiology 1	60	0	4.00	4.00
BIO108 - Intro to Biology	30	0	2.00	2.00
BIO109 - Western Medical Terminology	15	0	1.00	1.00
TCM110 - Tai Ji/Qi Gong	0	30	1.00	2.00
<b>Totals</b>	<b>270</b>	<b>60</b>	<b>20</b>	<b>22</b>

<i>YEAR 1- TRIMESTER 2 [1Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM111 - TCM Diagnosis & Differentiation A	60	0	4.00	4.00
TCM113 - Acu Meridian & Point Theory 2	45	0	3.00	3.00
TCM115 - Acu Meridian & Point Practicum 2	15	30	2.00	3.00
TCM119 - Acu Moxa Techniques & Practicum A	30	30	3.00	4.00
TCM123B – Medical Qi Gong	0	15	0.50	1.00
BIO125 - Western Medicine Anatomy & Physiology 2	60	0	4.00	4.00
TCM126 - TCM Tui Na 1	15	15	1.50	2.00
OBS127 - Clinical Observation 1	0	15	0.50	1.00
<b>Totals</b>	<b>225</b>	<b>105</b>	<b>18.5</b>	<b>22</b>

<i>YEAR 1- TRIMESTER 3 [1Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM130 - TCM Diagnosis & Differentiation B	45	0	3.00	3.00
TCM132 - Acu Treatment of Disease 1	60	0	4.00	4.00
TCM136 - Acu Moxa Techniques & Practicum B	15	30	2.00	3.00
BIO140 - Surface Anatomy	45	0	3.00	3.00
OBS141B - Clinical Observation 2	0	30	1.00	2.00
TCM142 - TCM Tui Na 2	15	15	1.50	2.00
OBS145B - Clinic Forum 1	0	15	0.50	1.00
OBS146 - Integrative Clinic Observation	0	30	1.00	2.00
BIO150 - Intro to Chemistry	30	0	2.00	2.00
<b>Totals</b>	<b>210</b>	<b>120</b>	<b>18</b>	<b>22</b>

**First Year Totals**                    **705**    **285**    **56.5**

<i>YEAR 2- TRIMESTER 4 [2Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
BIO203A - Microbiology of Infectious Diseases	30	0	2.00	2.00
TCM209 - Acu Treatment of Disease 2	30	0	2.00	2.00
TCM212 - Clinic Prep	45	0	3.00	3.00
CLI213B - Clinical Acupuncture Internship 1	0	105	3.50	7.00
OBS214 - Clinical Observation 3	0	30	1.00	2.00
BIO215 - Survey of Medicine	15	0	1.00	1.00
TCM217 - Clinic Forum 2	45	0	3.00	3.00
TCM218B - Acupuncture Assessment & Treatment of Musculoskeletal Disorders 1	30	15	2.50	3.00
<b>Totals</b>	<b>195</b>	<b>150</b>	<b>18</b>	<b>25</b>

<i>YEAR 2- TRIMESTER 5 [2Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
BIO223A - Biochemistry	30	0	2.00	2.00
MISC224 - Basic Psych / Counseling & Communication Skills	45	0	3.00	3.00
CLI225 - Clinical Acupuncture Internship 2	0	90	3.00	6.00
TCM227A - Clinic Forum 3	45	0	3.00	3.00
TCM228B - Acupuncture Assessment & Treatment of Musculoskeletal Disorders 2	30	15	2.50	3.00
MISC231 - Clinical Ethics	15	0	1.00	1.00
CHM232B - Topical Application of CH	15	0	1.00	1.00
BIO233 - Western Medical Pathology	45	0	3.00	3.00
<b>Totals</b>	<b>225</b>	<b>105</b>	<b>18.5</b>	<b>22</b>

<i>YEAR 2- TRIMESTER 6 [2Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CLI235 - Clinical Acupuncture Internship 3	0	90	3.00	6.00
TCM237A - Clinic Forum 4	45	0	3.00	3.00
TCM302 - Advanced Acupuncture Treatment of Disease	30	15	2.50	3.00
BIO303 - Western Medical Physical Exam & Diagnosis	45	0	3.00	3.00
CLI307 - Clinical Acupuncture Internship 4	0	90	3.00	6.00
BIO309 - Western Medicine Pharmacology / Pharmacognosy	45	0	3.00	3.00
<b>Totals</b>	<b>165</b>	<b>195</b>	<b>17.5</b>	<b>24</b>

**Second Year Totals**                    **585**    **450**    **54**

<i>YEAR 3- TRIMESTER 7 [3Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM311B - TCM Nutrition	30	0	2.00	2.00
CLI315 - Clinical Acupuncture Internship 5	0	90	3.00	6.00
CLI316 - Clinical Acupuncture Internship 5A	0	90	3.00	6.00
BIO317 - Western Medical Referral	30	0	2.00	2.00
MISC321A - Clinical Business Mgmt.	30	0	2.00	2.00
BIO325A - Western Nutrition	30	0	2.00	2.00
OBS329 – Advanced Clinical Observation	0	30	1.00	2.00
TCM331 - Exam Prep	15	0	1.00	1.00
<b>Totals</b>	<b>135</b>	<b>210</b>	<b>16</b>	<b>23</b>

<i>YEAR 3- TRIMESTER 8 [3Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM410 - Advanced Acupuncture Treatment of Disease 2	90	0	6.00	6.00
BIO440 - Advanced Integrative Biomed TCM Diagnosis	30	0	2.00	2.00
INTG445 - Integrative Collaborative Medicine 1	15	0	1.00	1.00
MISC455 - Professional Development IPD	15	0	1.00	1.00
MISC465 - Research Literacy and Evidence Informed Practice (EIP)	30	0	2.00	2.00
CLI470 - Clinical Internship 7: PD Integrative Acupuncture (& Int Med) Clinic 1	0	150	5.00	10.00
<b>Totals</b>	<b>180</b>	<b>150</b>	<b>17</b>	<b>22</b>

**Third Year Totals**                    **315**    **360**    **33**  
**Program Total (2,700)**                **1,605**    **1095**    **143.50**

## Curriculum

## MAcCHM Curriculum — Accelerated

<i>YEAR 1- TRIMESTER 1 [1Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM100 - TCM Basic Theory	105	0	7.00	7.00
TCM103 - Acu Meridian & Point Theory 1	45	0	3.00	3.00
TCM105 - Acu Meridian & Point Practicum 1	15	30	2.00	3.00
BIO107 - Western Medicine Anatomy & Physiology 1	60	0	4.00	4.00
BIO108 - Intro to Biology	30	0	2.00	2.00
BIO109 - Western Medical Terminology	15	0	1.00	1.00
TCM110 - Tai Ji/Qi Gong	0	30	1.00	2.00
<b>Totals</b>	<b>270</b>	<b>60</b>	<b>20</b>	<b>22</b>

<i>YEAR 1- TRIMESTER 2 [1Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM111 - TCM Diagnosis & Differentiation A	60	0	4.00	4.00
TCM113 - Acu Meridian & Point Theory 2	45	0	3.00	3.00
TCM115 - Acu Meridian & Point Practicum 2	15	30	2.00	3.00
CHM117B - Chinese Herbal Medicine 1	37.5	0	2.50	2.50
TCM119 - Acu Moxa Techniques & Practicum A	30	30	3.00	4.00
TCM123B - Medical Qi Gong	0	15	0.50	1.00
BIO125 - Western Medicine Anatomy & Physiology 2	60	0	4.00	4.00
TCM126 - TCM Tui Na 1	15	15	1.50	2.00
OBS127 - Clinical Observation 1	0	15	0.50	1.00
<b>Totals</b>	<b>262.5</b>	<b>105</b>	<b>21</b>	<b>24.5</b>

<i>YEAR 1- TRIMESTER 3 [1Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM130 - TCM Diagnosis & Differentiation B	45	0	3.00	3.00
TCM132 - Acu Treatment of Disease 1	60	0	4.00	4.00
CHM134 - Chinese Herbal Medicine 2A	45	0	3.00	3.00
TCM136 - Acu Moxa Techniques & Practicum B	15	30	2.00	3.00
BIO140 - Surface Anatomy	45	0	3.00	3.00
OBS141B - Clinical Observation 2	0	30	1.00	2.00
OBS145B - Clinic Forum 1	0	15	0.50	1.00
OBS146 - Integrative Clinic Observation	0	30	1.00	2.00
BIO150 - Intro to Chemistry	30	0	2.00	2.00
<b>Totals</b>	<b>240</b>	<b>105</b>	<b>19.5</b>	<b>23</b>

**First Year Totals**      **772.5**    **270**    **60.5**

<i>YEAR 2- TRIMESTER 4 [2Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM201B - Chinese Herbal Medicine 2B	37.5	0	2.50	2.50
BIO203A - Microbiology of Infectious Diseases	30	0	2.00	2.00
TCM209 - Acu Treatment of Disease 2	30	0	2.00	2.00
TCM212 - Clinic Prep	45	0	3.00	3.00
CLI213B - Clinical Acupuncture Internship 1	0	105	3.50	7.00
OBS214 - Clinical Observation 3	0	30	1.00	2.00
BIO215 - Survey of Medicine	15	0	1.00	1.00
TCM217 - Clinic Forum 2	45	0	3.00	3.00
TCM218B - Acupuncture Assessment & Treatment of Musculoskeletal Disorders 1	30	15	2.50	3.00
<b>Totals</b>	<b>232.5</b>	<b>150</b>	<b>20.50</b>	<b>25.5</b>

<i>YEAR 2- TRIMESTER 5 [2Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM222 - CHM Prescriptionology with Patents 1	60	0	4.00	4.00
BIO223A - Biochemistry	30	0	2.00	2.00
MISC224 - Basic Psych / Counseling & Communication Skills	45	0	3.00	3.00
CLI225 - Clinical Acupuncture Internship 2	0	90	3.00	6.00
TCM227A - Clinic Forum 3	45	0	3.00	3.00
TCM228B - Acupuncture Assessment & Treatment of Musculoskeletal Disorders 2	30	15	2.50	3.00
<b>Totals</b>	<b>210</b>	<b>105</b>	<b>17.5</b>	<b>21</b>

<i>YEAR 2- TRIMESTER 6 [2Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM230 - CHM Prescriptionology with Patents 2	60	0	4.00	4.00
MISC231 - Clinical Ethics	15	0	1.00	1.00
CHM232B - Topical Application of CH	15	0	1.00	1.00
CHM232C - CHM Preparation Methods	15	0	1.00	1.00
BIO233 - Western Medical Pathology	45	0	3.00	3.00
CLI235 - Clinical Acupuncture Internship 3	0	90	3.00	6.00
TCM237A - Clinic Forum 4	45	0	3.00	3.00
<b>Totals</b>	<b>195</b>	<b>90</b>	<b>16</b>	<b>19</b>

**Second Year Totals**      **637.5**    **345**    **54**

<i>YEAR 3- TRIMESTER 7 [3Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM301 - TCM Internal Medicine	90	0	6.00	6.00
TCM302 - Advanced Acupuncture Treatment of Disease	30	15	2.50	3.00
BIO303 - Western Medical Physical Exam & Diagnosis	45	0	3.00	3.00
CHM306 - Clinical Application of CHM	15	0	1.00	1.00
CLI307 - Clinical Acupuncture Internship 4	0	90	3.00	6.00
<b>Totals</b>	<b>180</b>	<b>105</b>	<b>15.5</b>	<b>19</b>

<i>YEAR 3- TRIMESTER 8 [3Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
BIO309 - Western Medicine Pharmacology / Pharmacognosy	45	0	3.00	3.00
CHM310 - TCM Gynecology	45	0	3.00	3.00
CHM311B - TCM Nutrition	30	0	2.00	2.00
CLI313 - TCM Internal Medicine Clinic 1	0	90	3.00	6.00
CLI315 - Clinical Acupuncture Internship 5	0	90	3.00	6.00
CLI316 - Clinical Acupuncture Internship 5A	0	90	3.00	6.00
<b>Totals</b>	<b>120</b>	<b>270</b>	<b>17</b>	<b>26</b>

<i>YEAR 3- TRIMESTER 9 [3Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
BIO317 - Western Medical Referral	30	0	2.00	2.00
CHM319 - TCM Internal Medicine & Case Studies	30	0	2.00	2.00
MISC321A - Clinical Business Mgmt.	30	0	2.00	2.00
BIO325A - Western Nutrition	30	0	2.00	2.00
CLI327 - TCM Internal Medicine Clinic 2	0	90	3.00	6.00
OBS329 - Advanced Clinical Observation	0	30	1.00	2.00
TCM331 - Exam Prep	15	0	1.00	1.00
CLI333 - Clinical Acupuncture Internship 6	0	90	3.00	6.00
<b>Totals</b>	<b>135</b>	<b>210</b>	<b>16</b>	<b>23</b>

**Third Year Totals**      **435**    **585**    **48.5**  
**Program Total (3,045)**      **1,845**    **1,200**    **163**

## Curriculum

## DAcCHM Curriculum — Accelerated

<i>YEAR 1- TRIMESTER 1 [1Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM100 - TCM Basic Theory	105	0	7.00	7.00
TCM103 - Acu Meridian & Point Theory	145	0	3.00	3.00
TCM105 - Acu Meridian & Point Practicum 1	15	30	2.00	3.00
BIO107 - Western Medicine Anatomy & Physiology 1	60	0	4.00	4.00
BIO108 - Intro to Biology	30	0	2.00	2.00
BIO109 - Western Medical Terminology	15	0	1.00	1.00
TCM110 - Tai Ji/Qi Gong	0	30	1.00	2.00
<b>Totals</b>	<b>270</b>	<b>60</b>	<b>20</b>	<b>22</b>

<i>YEAR 1- TRIMESTER 2 [1Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM111 - TCM Diagnosis & Differentiation A	60	0	4.00	4.00
TCM113 - Acu Meridian & Point Theory	245	0	3.00	3.00
TCM115 - Acu Meridian & Point Practicum 2	15	30	2.00	3.00
CHM117B - Chinese Herbal Medicine 1	37.5	0	2.50	2.50
TCM119 - Acu Moxa Techniques & Practicum A	30	30	3.00	4.00
TCM123B - Medical Qi Gong	0	15	0.50	1.00
BIO125 - Western Medicine Anatomy & Physiology 2	60	0	4.00	4.00
TCM126 - TCM Tui Na 1	15	15	1.50	2.00
OBS127 - Clinical Observation 1	0	15	0.50	1.00
<b>Totals</b>	<b>262.5</b>	<b>105</b>	<b>21</b>	<b>24.5</b>

<i>YEAR 1- TRIMESTER 3 [1Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
TCM130 - TCM Diagnosis & Differentiation B	45	0	3.00	3.00
TCM132 - Acu Treatment of Disease 1	60	0	4.00	4.00
CHM134 - Chinese Herbal Medicine 2A	45	0	3.00	3.00
TCM136 - Acu Moxa Techniques & Practicum B	15	30	2.00	3.00
BIO140 - Surface Anatomy	45	0	3.00	3.00
OBS141B - Clinical Observation 2	0	30	1.00	2.00
OBS145B - Clinic Forum 1	0	15	0.50	1.00
OBS146 - Integrative Clinic Observation	0	30	1.00	2.00
BIO150 - Intro to Chemistry	30	0	2.00	2.00
<b>Totals</b>	<b>240</b>	<b>105</b>	<b>19.5</b>	<b>23</b>

**First Year Totals**      **772.5**    **270**    **60.5**

<i>YEAR 2- TRIMESTER 4 [2Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM201B - Chinese Herbal Medicine 2B	37.5	0	2.50	2.50
BIO203A - Microbiology of Infectious Diseases	30	0	2.00	2.00
TCM209 - Acu Treatment of Disease 2	30	0	2.00	2.00
TCM212 - Clinic Prep	45	0	3.00	3.00
CLI213B - Clinical Acupuncture Intern 1	0	105	3.50	7.00
OBS214 - Clinical Observation 3	0	30	1.00	2.00
BIO215 - Survey of Medicine	15	0	1.00	1.00
TCM217 - Clinic Forum 2	45	0	3.00	3.00
TCM218B - Acupuncture Assessment & Treatment of MSK Disorders 1	30	15	2.50	3.00
<b>Totals</b>	<b>232.5</b>	<b>150</b>	<b>20.50</b>	<b>25.5</b>

<i>YEAR 2- TRIMESTER 5 [2Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM222 - CHM Prescriptionology with Patents 1	60	0	4.00	4.00
BIO223A - Biochemistry	30	0	2.00	2.00
MISC224 - Basic Psych / Counseling & Communication Skills	45	0	3.00	3.00
CLI225 - Clinical Acupuncture Intern 2	0	90	3.00	6.00

TCM227A - Clinic Forum 3	45	0	3.00	3.00
TCM228B - Acupuncture Assessment & Treatment of MSK Disorders 2	30	15	2.50	3.00
<b>Totals</b>	<b>210</b>	<b>105</b>	<b>17.5</b>	<b>21</b>

<i>YEAR 2- TRIMESTER 6 [2Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM230 - CHM Prescriptionology with Patents 2	60	0	4.00	4.00
MISC231 - Clinical Ethics	15	0	1.00	1.00
CHM232B - Topical Application of CH	15	0	1.00	1.00
CHM232C - CHM Preparation Methods	15	0	1.00	1.00
BIO233 - Western Medical Pathology	45	0	3.00	3.00
CLI235 - Clinical Acupuncture Intern 3	0	90	3.00	6.00
TCM237A - Clinic Forum 4	45	0	3.00	3.00
<b>Totals</b>	<b>195</b>	<b>90</b>	<b>16</b>	<b>19</b>

**Second Year Totals**      **637.5**    **345**    **54**

<i>YEAR 3- TRIMESTER 7 [3Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM301 - TCM Internal Medicine	90	0	6.00	6.00
TCM302 - Advanced Acupuncture Treatment of Disease	30	15	2.50	3.00
BIO303 - Western Medical Physical Exam & Diagnosis	45	0	3.00	3.00
CHM306 - Clinical Application of CHM	15	0	1.00	1.00
CLI307 - Clinical Acupuncture Intern 4	0	90	3.00	6.00
<b>Totals</b>	<b>180</b>	<b>105</b>	<b>15.5</b>	<b>19</b>

<i>YEAR 3- TRIMESTER 8 [3Y2]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
BIO309 - Western Medicine Pharmacology / Pharmacognosy	45	0	3.00	3.00
CHM310 - TCM Gynecology	45	0	3.00	3.00
CHM311B - TCM Nutrition	30	0	2.00	2.00
CLI313 - TCM Internal Medicine Clinic 1	0	90	3.00	6.00
CLI315 - Clinical Acupuncture Intern 5	0	90	3.00	6.00
CLI316 - Clinical Acupuncture Intern 5A	0	90	3.00	6.00
<b>Totals</b>	<b>120</b>	<b>270</b>	<b>17</b>	<b>26</b>

<i>YEAR 3- TRIMESTER 9 [3Y3]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
BIO317 - Western Medical Referral	30	0	2.00	2.00
CHM319 - TCM Internal Medicine & Case Studies	30	0	2.00	2.00
MISC321A - Clinical Business Mgmt.	30	0	2.00	2.00
BIO325A - Western Nutrition	30	0	2.00	2.00
CLI327 - TCM Internal Medicine Clinic 2	0	90	3.00	6.00
OBS329 - Advanced Clinical Observation	0	30	1.00	2.00
TCM331 - Exam Prep	15	0	1.00	1.00
CLI333 - Clinical Acupuncture Intern 6	0	90	3.00	6.00
<b>Totals</b>	<b>135</b>	<b>210</b>	<b>16</b>	<b>23</b>

**Third Year Totals**      **435**    **585**    **48.5**

<i>YEAR 4- TRIMESTER 10 [4Y1]</i>	<i>THEORY HOURS</i>	<i>LAB HOURS</i>	<i>EST. CLASS CREDITS</i>	<i>EST. CLASS HRS./WK.</i>
CHM425 Advanced Internal Medicine Treatment of Disease	90	0	6.00	6.00
BIO440 - Advanced Integrative Biomed TCM Diagnosis	30	0	2.00	2.00
INTG445 - Integrative Collaborative Medicine 1	15	0	1.00	1.00
MISC455 - Professional Development IPD	15	0	1.00	1.00
MISC465 - Research Literacy and Evidence Informed Practice (EIP)	30	0	2.00	2.00
CLI470 - Clinical Internship 7: PD Integrative Acupuncture (& Int Med) Clinic 1	0	150	5.00	10.00
<b>Totals</b>	<b>180</b>	<b>150</b>	<b>17</b>	<b>22</b>

**Fourth Year Totals**      **180**    **150**    **17****Program Total (3,375)**      **2,025**    **1,350**    **180**

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## Courses

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### Course Descriptions

#### **TCM100 - Traditional Chinese Medicine Basic Theory**

**105 hours / 7 credits**

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An in-depth study of TCM theory is the foundation of learning, applying and practicing Traditional Chinese Medicine. In order for students to appreciate and understand where the medicine originated, this course begins with history, philosophy, culture and Chinese language. The development of Chinese medicine in the U.S. is also discussed. Students will receive an extensive introduction to yin/yang, five elements / phases (wu xing), vital substances (qi, xue, jin-ye, jing, shen), eight principles / parameters (ba gang), and organ physiology (zang fu), and causes (etiology) of disease including the Six External Evils (liu yin), Seven Emotions (qi qing), and Neither Internal or External Causes (bu nei wai yin). This class will greatly enhance the student's knowledge, appreciation, and understanding of TCM.

*Prerequisites: None.*

#### **TCM103 - Acu Meridian & Point Theory 1**

**45 hours / 3 credits**

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In this course, study begins with an introduction to different traditions of acupuncture to help students understand the developments of different styles around the world. Next, an overview of the internal and external pathways of the channels and collaterals (jing luo) are introduced. Continuing with an in-depth systematic study of the acupoints on the 14 main meridians including their function / energetic action, contraindications, and clinical usage, with the focus being on functions / indications and point classifications including five element points, xi-cleft, he-sea, luo, yuan source, tonification and sedation points, confluent, back shu, front mu, four seas and ocean points, windows of the sky, 13 ghost points, crossing points, etc.

*Prerequisites: None.*

#### **TCM105 - Acu Meridian & Point Practicum 1**

**45 hours / 2 credits**

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In this practical course, the anatomical locations of the acupoints are covered in detail. All point locations are first demonstrated by the instructor and then in small groups. Students then practice locating these points under close supervision. Students also learn the system of proportional measurement using their hands and various measuring devices. Students, through hands-on practice, learn how to palpate / feel for energy (qi) along with accurately locating the acupoints. Accurate location of the acupoints is a student's first step in clinical proficiency. Students should wear appropriate clothing to class.

*Prerequisite: None.*

#### **BIO107 - Western Medicine Anatomy & Physiology 1**

**60 hours / 4 credits**

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Understanding the human body in health and disease is invaluable in the application of Chinese Medicine. This course will teach the student the physical structure of the human body and how different cells, tissue, and major systems of the body function and interrelate to one another. A practical style of instruction is utilized so students can effectively apply this knowledge. The course emphasizes the study of individual muscles, body landmarks, location and function of the body organs and systems, as well as the study of muscular, skeletal, nervous, cutaneous, and connective tissue systems. This course will use a combination of lecture, demonstration, discussion, and lab. Students will also assemble and disassemble anatomical models for a better hands-on understanding of the body.

*Prerequisites: None.*

#### **BIO108 - Intro to Biology**

**30 hours / 2 credits**

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This course will introduce the basic concepts of life sciences, focusing on living systems like basic cellular biology, function, and metabolism from the chemical and molecular levels. The course will aid in the understanding of the biological basis of anatomy, physiology, and nutrition.

*Prerequisites: None.*

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## Courses

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**BIO109 - Western Medical Terminology****15 hours / 1 credit**

This course is designed to teach students medical terminology commonly used to describe the physiology and pathology of the human body. Students will be taught the construction of words from stems, prefixes, and suffixes of Greek and Latin origin. This course will increase the student's ability to better understand medical literature and communicate with western medicine practitioners. There is medical terminology computer software in the library for students to review course work.

*Prerequisites: None.***TCM110 - Tai Ji and Qi Gong****30 hours / 1 credit**

In these classes students learn to cultivate their own qi (energy) by learning and practicing Tai Ji and Qi Gong. The students will learn to use these therapeutic exercises as a healing therapy and meditation; to gain an awareness of the flow of qi in the body, and for their own personal well-being. They will learn a variety of exercises, techniques, and applications for clinical use. After the students required hours have been completed, they can continue on in the open Tai ji and Qi gong classes at no extra charge. This can amount to 180-360 extra hours at no additional cost to students. While not required, it is suggested that this course be taken at the same time as TCM100 and TCM103.

*Prerequisite: None***TCM111 - TCM Diagnosis & Differentiation A****60 hours / 4 credits**

Using the theory learned in TCM Basic Theory, students learn and develop the four diagnostic methods: observation or looking (wang), listening and smelling (wen), inquiry (wen), and palpation including pulse diagnosis (qie). Students will then have time to practice these diagnostic skills. They will also learn the different systems used in the differentiation of syndromes / patterns according to symptoms and signs associated with the eight principles, zang fu, channels and collaterals, qi and blood, san jiao, five elements, six stages, and four levels. Using accurate diagnostic methods and correct differentiation of the syndrome is probably the most critical aspect of clinical practice. This class will lead students to sound clinical reasoning. Instruction methods used in this class are lecture, hands-on practice, and slides.

*Prerequisite: TCM100.***TCM113 - Acu Meridian & Point Theory 2****45 hours / 3 credits**

This course will review and reinforce the material learned in Acu Meridian & Point Theory 1 as well as cover the eight extra meridians, extra points, and some of the instructor's personal clinical experience.

*Prerequisite: TCM103.***TCM115 - Acu Meridian & Point Practicum 2****45 hours / 2 credits**

Practice of point location continues with emphasis on locating points on specific areas of the body, or points used in various point prescriptions, instead of by meridian. Also the location of various extra points and points on the eight meridians will be covered. Students should wear appropriate clothing to EACH class.

*Prerequisite: TCM105.***CHM117B - Chinese Herbal Medicine 1****37.5 hours / 2.5 credits**

This course begins the 8 trimester study of Chinese Herbal Medicine (CHM) with learning the Chinese herbal Materia Medica. This class begins with important history and texts related to CHM, then goes into theory directly related to CHM. Next, there is an introduction to cultivation, selection, harvesting, storage, processing, preparation, weights and measures, general cautions and side effects, and general therapeutic classifications. Students will learn Latin prefixes for plant parts and some common Chinese names found in Chinese herbs. Students will learn about 375 herbal substances in the 3 trimesters that cover the Materia Medica. For each herb, students will learn the following: identification, botanical and pharmaceutical name, pin yin name and pronunciation, book in which the herb first appeared, part used, taste, temperature, energetic direction, channels / zang fu associated with, dosage, cooking instructions, traditional functions, common uses, cautions / contraindications, common prepared versions and modern pharmacological and clinical research.

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## Courses

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*MAcCHM Prerequisite: TCM100.*

*There is a course fee of \$48.47 for materials provided in this class.*

### **TCM119 - Acu Moxa Techniques & Practicum A** **60 hours / 3 credits**

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The lecture part of the course will cover an introduction to various styles of acupuncture, moxibustion and related modalities such as cupping, gua sha, dermal stimulation with pellets, press tacks, etc., electro-acupuncture, plum blossom, bleeding, auricular acupuncture, scalp acupuncture, and other micro-systems, ion cords, magnets, and akabane. Also discussed in general will be needle insertion, depth, duration, manipulation and withdrawal, safety issues, cautions and contraindications, needle gauge, types, selection, replacement, inspection, needle disposal, dealing with fainting and other emergency situations, proper positioning for various techniques, and Clean Needle Technique (CNT).

This course will include a practical component where, under close supervision, students will practice and be evaluated on the various techniques learned. Students first practice needling inanimate objects, and then proceed to needling themselves and finally their classmates.

*Prerequisites: TCM100, TCM103, TCM105. Corequisites: TCM111, TCM113, TCM115.*

*There is a course fee of \$220.00 for materials provided in this class.*

### **TCM123B - Medical Qi Gong** **15 hours / 0.5 credits**

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This course builds upon TCM110 and provides a focus on medical qigong forms known for their positive health and healing benefits. Learning and practicing these forms not only benefits students and practitioners in the cultivation of qi and health it also teaches students how to share these healing methods with patients. These Qi Gong forms are known to reduce stress, improve wellbeing, enhance awareness, engender a strong connection with universal energy, and calm the mind. Current research on Qi Gong and Tai Ji will be discussed.

*Prerequisite: TCM110.*

### **BIO125 - Western Medicine Anatomy & Physiology 2** **60 hours / 4 credits**

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This course is a continuation of the study of Human Anatomy and Physiology that began in BIO107. This course will focus more on the functions and interactions of the systems of the body including the Endocrine System, the Cardiovascular System, the Lymphatic System, the Immune System, the Respiratory System, the Digestive System, the Urinary System, and the Reproductive System. In addition, this course will also examine other important aspects of human anatomy and physiology such as Nutrition, Metabolism, Fluid & Electrolyte Balance, Acid/Base Balance, Human Development and Genetics/Inheritance. A brief overview of common disorders associated with the different body systems will be covered.

*Prerequisite: BIO107.*

### **TCM126 - TCM Tui Na 1** **30 hours / 1.5 credits**

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In this practical course the Chinese traditional methods of TCM physiotherapy / massage are taught. In this way, students are introduced to a hands-on, non-invasive method of treating structural and soft tissue problems and improving overall health. This also allows students to develop their own healing qi and be more sensitive to the body. Students are taught and practice treatment protocols using acupoints and structural / soft tissue manipulation. Many specific tui na techniques will be demonstrated with ample time for supervised practice. Students should wear appropriate clothing to class.

*Prerequisite: None.*

### **OBS127 - Clinical Observation 1** **15 hours / 0.5 Credit**

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This is the introduction to the student's clinical education. Students are required to observe in our student clinic for their required hours and must get the Clinic Observation Hours Form signed off by the head supervisor. In this setting they will be introduced to clinical practice and gain experience working with patients. They will be introduced to the principles of assessment, diagnosis, and treatment of patients in an actual clinic setting. Students will be required to keep a clinical notebook with notes about all patient visits that they have observed. This will begin the actual joining of theory and practical application to establish the foundation for a successful clinic practice. These hours are completed outside of the regular schedule of classes. Students should

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## Courses

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pay close attention to procedures associated with Clean Needle Technique (CNT) and applicable standards of Occupational Safety and Health Administration (OSHA) and Health Insurance Portability and Accountability Act (HIPAA).

*Prerequisite: TCM100.*

### **TCM130 - TCM Diagnosis & Differentiation B** **45 hours / 3 credits**

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This course is a continuation of TCM111 Diagnosis & Differentiation A. While not required, it is suggested that this course be taken at the same time as TCM132.

*Prerequisite: TCM111.*

### **TCM132 - Acu Treatment of Disease 1** **60 hours / 4 credits**

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This course begins with a general introduction to acupuncture treatment including general principles of treatment, therapeutic methods, basic principles for prescription and selection of acupoints, and application of specific points. This course covers the TCM differentiation of about 50 biomedical symptoms and diseases. Areas of emergency and external diseases, internal and zang fu syndromes, diseases of the head, trunk, and lumbar regions, and ob-gyn diseases will be covered. Signs & symptoms and tongue & pulse are discussed for each disease and the appropriate acupuncture and related modalities used to treat that differentiation. This course emphasizes the memorization of material from *Chinese Acupuncture and Moxibustion* and *Acupuncture: A Comprehensive Text* to prepare students for the acupuncture portion of the NCCAOM Exam. The instructor will also give additional valuable personal clinical experience.

*Prerequisite: TCM111. Corequisite: TCM130.*

### **CHM134 - Chinese Herbal Medicine 2A** **45 hours / 3 credits**

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This course continues the study of the Chinese Materia Medica that began in Chinese Herbal Medicine 1.

*MAcCHM Prerequisite: CHM117B.*

*There is a course fee of \$201.97 for materials provided in this class.*

### **TCM136 - Acu Moxa Techniques & Practicum B** **45 hours / 2.0 credits**

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This course is a continuation of Acu Moxa Techniques & Practicum A. While it is not required, it is strongly suggested that this course be taken at the same time as BIO140, OBS141B, OBS145B and OBS146.

*Prerequisite: TCM119.*

### **BIO140 - Surface Anatomy** **45 hours / 3 credits**

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This course is designed as a review of the more superficial aspects of structural anatomy. Class sessions will focus upon superficial landmarks of the body, including bones, tendons and ligaments, muscles and their attachments, joints, blood vessels, and nerves as they relate to the correct locations of acupuncture points. Through lecture and supervised hands-on palpation, this course trains students to examine and understand the bony and soft-tissue structures of the body using external palpation. This course is designed to assist students in their study of the accurate location of acupuncture points and cannot be substituted with college anatomy courses.

*Prerequisite: TCM119. Corequisite: TCM136.*

### **OBS141B - Clinical Observation 2** **30 hours / 1 credit**

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Students observe and participate in a variety of clinical settings. With this variety, they will experience different practitioners' styles of examination, diagnosis, and treatment. This course helps combine theory and practical application of TCM. Students pay close attention to procedures associated with Clean Needle Technique (CNT), Occupational Safety and Health Administration (OSHA), and Health Insurance Portability and Accountability Act (HIPAA). They are required to keep a clinical notebook recording their observations and must have their Clinic Observation Hours Form signed. MAcCHM students spend 10 hours in our Chinese herbal supply store learning standards of cleanliness, storage of herbs (both raw and prepared), issues of spoilage and

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## Courses

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bugs, receive practical experience in filling herbal prescriptions, and general herbal dispensatory business experience in the areas of inventory, ordering, and pricing. For MAcCHM students the remaining 20 hours are spent observing our student clinic. MAC students will do 30 hours of observation in our student clinic.

*Prerequisite: TCM111.*

### **TCM142 – Tui Na 2** **30 hours / 1.5 credits**

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This course continues and builds on the study of Chinese traditional methods of TCM physiotherapy/massage. Students will be taught and practice additional treatment protocols using acupoints, acupressure, and structural/soft tissue manipulation. More advanced tui na techniques will be covered to broaden treatment options for patients. In addition, external application of Chinese herbs as well as rehabilitative exercises will be covered to enhance clinical skills and effectiveness of treatments. There will be ample time for supervised practice. Students should wear appropriate clothing to class.

*MAc Prerequisite: TCM126.*

### **OBS145B - Clinic Forum 1** **15 hours / 0.5 credits**

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In this first of 4 forums, students observe actual patients being presented by more advanced students. Students will observe and have written handouts of the interview of the patient, including symptoms and signs with tongue and pulse, the thought process and methodology behind the differential diagnosis, the treatment principle methodology, and the treatment plan with acupuncture and other various modalities including Chinese herbal medicine (MAcCHM.) The entire forum has lively discussions and gives various opinions and possibilities. The supervisor will then give their opinion and comment on the student's discussion. Students will be able to use this case-based discussion as a way to synthesize the theoretical foundation they already have. The cultivation of the ability to logically formulate a coherent treatment plan based on differentiation of syndromes is a skill every practitioner must develop. In these forums, students begin to cultivate this ability. Students will use these hours as part of their clinical observation hours and must get the Clinic Observation Hours Form signed. Also see Guidelines for Clinic Forum 1 in the Student Clinic Manual.

*Prerequisite: TCM111. Corequisite: TCM136, OBS141B.*

### **OBS146 – Integrative Clinical Observation** **30 hours / 1 credit**

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MAc and MAcCHM students observe and participate in a variety of integrative clinical settings. Integrative clinics feature AcCM (Acupuncture and Chinese Medicine) practitioners who are working or collaborating with other health professionals such as MD, DO, ND, NP, PT, LMT, nutritionists and mental health professionals. The purpose of Integrative Clinical Observation is to familiarize students with the various settings where licensed acupuncturists practice alongside other health professionals. This exposes students to a variety of ways AOM and other health care professionals can collaborate and work together with patients in creating optimum health care. Observing different approaches to patient intake, diagnosis and treatment plans also broadens the students' perspective and horizons on how AOM can be utilized in mainstream health care.

*Prerequisite: TCM111. Corequisite: TCM136, OBS141B.*

### **BIO150 - Introduction to Chemistry** **30 hours / 2 credits**

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This course will include the study of the basic fundamental principles and laws of inorganic and organic chemistry. This course is designed to educate students about basic chemical principles involved in daily life.

*Prerequisite: None.*

### **CHM201B - Chinese Herbal Medicine 2B** **37.5 hours / 2.5 credits**

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This course continues the study of the Chinese Materia Medica that began in Chinese Herbal Medicine 1 and 2A.

*MAcCHM Prerequisite: CHM134.*

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## Courses

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**BIO203A - Microbiology of Infectious Diseases****30 hours / 2 credits**

This course provides essential information on the microbiology of infectious diseases afflicting human-kind. The types of microbes including virus-like, viral, fungal, bacterial, sporozoans, protozoans, parasites, and the organisms involved in food poisoning will be identified. Their life cycles will be described and their infectious mechanisms detailed. Epidemiology, Pathogenesis, Clinical Diagnosis, Immunity, Treatment and Prevention of several types of major infections will be discussed. This course will emphasize referral of suspected infectious cases, avoidance of transmission, & the safe use of complementary treatments.

*Prerequisite: BIO125.***TCM209 - Acu Treatment of Disease 2****30 hours / 2 credits**

This course is a continuation of Acu Treatment of Disease 1. This course will cover TCM differentiation of pediatric diseases, external diseases, and diseases of the eyes, ears, nose, and throat. This course will also review and quiz on material covered in the previous trimester. If there is time permitting, other areas will be covered such as: musculo-skeletal, addiction, mental disorders, hypertension, AIDS, Raynaud's Disease, Parkinson's Disease, CFS, Diabetes, Herpes, hypoglycemia, Irritable Bowel Syndrome, MS, frostbite, etc.

*Prerequisite: TCM132.***TCM212 - Clinic Prep / CNT / OSHA / HIPAA / Technique Skills Development****45 hours / 3 credits**

This course is the student's final preparation for assuming responsibility for their professional relationships with patients in the clinic. This course teaches students Occupational Safety and Health Administration (OSHA) standards and to apply these standards while in any practical / clinical situation in school, and later in their own clinical practice. This course also continues with Clean Needle Technique (CNT) following the manual, Clean Needle Technique for Acupuncturists. In the CNT portion of the course students will learn CNT protocol, safety issues including: infectious diseases, hygiene, sanitation, and sterilization procedures, and practice these protocols. These protocols are designed to reduce the risk of infection of patients, practitioners, and office staff. This course additionally prepares students for the national CNT written and practical exam sponsored by CCAOM. The last part of the course will cover all clinical procedures, responsibilities, time management, paperwork, general care of patients and equipment, and the overall operation of the Chinese Medicine Community Organization (CMCO) student clinic. Patient files and case history writing will also be addressed, along with HIPAA regulations. Students will be given detailed instruction on how to properly schedule patients and record numerous patient/student interactions in the appointment book. Additionally, five classes will be dedicated to individual technique skills development and review. In these five classes students will review, receive additional didactic instruction, and practice specific core clinical techniques such as needling, moxibustion, cupping, bloodletting, and auricular acupuncture techniques.

*Students must be CPR / FA certified at the time of the beginning of Internship 1 through all clinical training to graduation.**Prerequisite: TCM136.**There is a course fee of \$39.30 for materials provided in this class and a required book cost of \$25.95.***CLI213B - Clinical Acupuncture Internship 1****105 hours / 3.5 credits**

In this course, students continue to further develop their basic skills by practicing interviewing, tongue and pulse diagnosis, differential diagnosis, treatment planning, and carrying out a treatment in a clinical setting, using their classmates as patients. Demonstrations will be given on specialized techniques like needling sensitive points, needle threading, and through-and-through needling. The students will then practice these techniques. This allows for supervised refinement of their skills in a supportive environment. This course prepares students to work in the student clinic the following trimester treating the public. This course can only be taken in the trimester the student is completing 4th trimester. For students in the MAc program, it is suggested that this course be taken after the student has completed TCM142 and OBS146, and be taken after or at the same time as TCM209, TCM212 and OBS214. For students in the MAcCHM program, it is suggested that this course be taken after the student has completed CHM134 and OBS146, and be taken after or at the same time as CHM201B, TCM209, TCM212 and OBS214, though these are not requirements.

*Prerequisites: TCM130, TCM132, TCM136, BIO140, OBS141B, OBS145B. Corequisite: TCM217*

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## Courses

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**OBS214 - Clinical Observation 3****30 hours / 1 credit**

MAc and MAcCHM students continue to observe and participate in a variety of clinical settings by signing up for 30 hours of observation with outside TCM practitioners from the CSTCM approved Clinical Observation Practitioners List. This course furthers the ongoing development of the theory and practical application of TCM in clinical settings. Students are required to keep a clinical notebook recording their observations and must have their Clinic Observation Hours Form signed.

*Prerequisite: OBS141B. Corequisite: TCM217*

**BIO215 - Survey of Medicine****15 hours / 1 credit**

This course introduces the specialties of allopathic biomedicine, osteopathy, chiropractic, naturopathy, psychology, physical therapy, occupational therapy, complementary medicine, and alternative medicine. Understanding the spectrum of health care services available and how these services can be utilized provides the basis for making appropriate referrals.

*Prerequisite: None.*

**TCM217 - Clinic Forum 2****45 hours / 3 credits**

In the second of four Clinic Forums, students are required to select a patient, conduct an interview, analyze the signs and symptoms, come up with a differential diagnosis, treatments principle, and a treatment plan, choosing modalities such as acupuncture and Moxibustion, various related modalities, tui na, TCM dietary and lifestyle counseling, Chinese Herbal Medicine (MAcCHM Students only), and any appropriate referrals. The student will write up a comprehensive presentation, which will be given to the supervisor and all students attending the class. The student is aided by a third year student mentor. The student then brings the patient to class, presents and defends their thought process. The supervisor and class then have lively discussions to examine the rationale the student used and to ask the patient about anything that is unclear as well as to check the tongue and pulse diagnosis. The supervisor will then give the last word about the patient and their diagnosis. The patient will then be treated in the student clinic and used as a patient visit. Students will present and be graded on 1-3 patients during the trimester. Additionally all students will be completing a Forum Case Report for both cases in each Forum. This course can only be taken in the trimester the student is completing 4th trimester. For students in the MAc program, it is suggested that this course be taken after the student has completed TCM142 and OBS146, and be taken after or at the same time as TCM209, TCM212 and OBS214. For students in the MAcCHM program, it is suggested that this course be taken after the student has completed CHM134 and OBS146, and be taken after or at the same time as CHM201B, TCM209, TCM212 and OBS214, though these are not requirements. *Prerequisites: TCM130, TCM132, TCM136, BIO140, OBS141B, OBS145B. Corequisite: CLI213B.*

**TCM218B - Acupuncture Assessment & Treatment of Musculoskeletal Disorders 1****45 hours / 2.5 credits**

Students will learn and apply musculoskeletal evaluation methods and treatment strategies synthesizing acupuncture and other modalities for common musculoskeletal disorders. The course will include a basic overview of musculoskeletal anatomy, survey of tissues, and basic orthopedic assessments by regions of the body, such as upper extremities, lower extremities, and spine. Emphasis is placed on developing TCM treatment principles and strategies to treat common orthopedic and sports medicine disorders, as these are some of the most common problems encountered in clinic. Students will observe demonstrations of acupuncture and acumoxa applied to various musculoskeletal problems and students will practice these techniques under supervision of expert musculoskeletal acupuncturists. This course will engage students in critical thinking to integrate Biomedical anatomy and physiology with TCM fundamental theories to assess and treat musculoskeletal disorders. In addition, external application of Chinese herbs as well as rehabilitative/strengthening exercises will be covered to enhance clinical skills and effectiveness of treatments. Conditions needing referral or collaboration with other health care professionals will also be covered. Each class will include demonstrations and practice.

*Prerequisite: TCM136.*

**CHM222 - CHM Prescriptionology & Patent Medicine 1****60 hours / 4 credits**

Using the information learned about individual herbs in Chinese Herbal Medicine 1 & 2, this course provides an in-depth study and analysis of Chinese herbal formulas. For each formula students will learn the English and Chinese pinyin name and the formula's ingredients, dosage, actions, method of preparation, indications, analysis of the formula, cautions, contraindications, modifications, formula variations and its associated formulas and related patents. Over 150 ancient, traditional and modern

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## Courses

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formulas will be covered in 2 trimesters of CHM Prescriptionology & Patents 1 and 2. The course covers information on history, manufacture, sources of formulas and patents and includes discussion about differentiation of formulas and patents in the same category and how to combine patents with other patents or decoctions. This integrated presentation of formulas and patents prepares the practitioner to select effective Chinese Herbal Prescriptions and Patents for a wide variety of TCM diseases and clinical applications. Discussions, guidelines and Chinese medicine perspectives are also offered for integrating Chinese Herbal Medicine as adjunct/collaborative or primary treatment for common biomedical conditions. This course will also help students identify illegal, toxic and endangered species ingredients in Chinese patent medicines.

*MAcCHM Prerequisite: CHM201B.*

### **BIO223A - Biochemistry**

**30 hours / 2 credits**

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This course introduces basic concepts of biochemistry so students will become familiar with the essential ideas and facts central to biochemistry. Topics include an introduction to the Krebs cycle, ATP Production, carbohydrates, proteins, amino acids, nucleic acids, DNA, lipids, vitamins, hormones, minerals, enzymes and drug's role in human metabolism. Students will learn the biomedical use of clinical biochemistry as it is used in the identification of common metabolic disorders.

*Prerequisite: BIO150.*

### **MISC224 - Basic Psychology / Counseling and Communication Skills**

**45 hours / 3 credits**

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This course presents a survey of various psychological theories and their relevance to the Chinese Medicine practitioner and patient relationship. This course is designed to help the practitioner become more familiar with western psychology as well as learn specific skills and techniques for identifying and managing difficult psychological issues in a clinical setting. Methods for working with patients in a variety of clinical situations are presented and discussed. Additionally, students will learn how to effectively talk with patients who are expressing different levels of emotional and mental distress, various disease conditions, terminal illness, or having difficulty dealing with life's myriad of challenges. Recognizing your limitations as a counselor, understanding the appropriate level of practitioner / patient interaction, reviewing ethical considerations for clinicians, establishing appropriate boundaries in professional practice, and guidelines for referral to professional counseling for additional/supplemental/appropriate care is covered.

*Prerequisite: None.*

### **CLI225 - Clinical Acupuncture Internship 2**

**90 hours / 3 credits**

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In this part of clinical acupuncture internship, students begin supervised clinical practice on patients, taking responsibility for all aspects of their patients' care, to further develop their clinical skills. During this trimester, students assume the primary responsibility for the initial intake, diagnosis, treatment, follow-up care, as well as practice management, all under close supervision. Supervisors are always nearby, but student interns are encouraged to take the initiative to implement all the theoretical and practical skills that they have been developing in school. The supervisor will then confirm the differential diagnosis, treatment principle, and treatment, make experienced suggestions which could include referral, or carefully guide the student intern to look at other possibilities. Students will continue and solidify the development of the highest professional ethics, proficiency in clinical skills, and compassion towards patients.

*MAc Prerequisite: TCM142, TCM212, CLI213B. Corequisite: TCM227A. MAcCHM Prerequisite: CHM201B, TCM212, CLI213B. Corequisite: TCM227A.*

### **TCM227A - Clinic Forum 3**

**45 hours / 3 credits**

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In the third of four forums, students continue their theoretical clinical learning through case-based presentations. Additionally all students will be completing a Forum Case Report for both cases in each Forum.

*Prerequisite: TCM217. Corequisite: CLI225.*

### **TCM228B - Acupuncture Assessment & Treatment of Musculoskeletal Disorders 2**

**45 hours / 2.5 credits**

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This course is a continuation and expansion on the concepts learned in TCM218B Acupuncture Assessment & Treatment of Musculoskeletal Disorders 1. While it is not required, it is suggested that this course be taken after TCM218B.

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## Courses

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*Prerequisites: TCM136*

### **CHM230 - CHM Prescriptionology & Patent Medicine 2** **60 hours / 4 credits**

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This course continues the study of CHM Prescriptionology and Patent Medicine 1.

*MAcCHM Prerequisite: CHM222.*

### **MISC231 - Clinical Ethics** **15 hours / 1 credit**

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In this course students will examine professional, ethical issues and discuss a code of conduct for use in the clinic. Philosophical systems from ancient, classical and contemporary philosophers will be discussed in relation to medical ethical issues. This course will give students ethical values that will help guide their conduct and make ethical choices in clinic.

*Prerequisite: None.*

### **CHM232B - Topical Applications of Chinese Herbal Medicine (Formerly Introduction to Chinese Herbal Medicine)** **15 hours / 1 credit**

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This course introduces fundamental concepts in TCM Chinese herbal medicine (CHM) and focuses on the topical application of CHM. The preparation and application of CHM Topical herbs as liniments, balms, plasters, poultices, compresses, soaks, washes and herbal oils for external use is covered along with the CHM basic theory related to Chinese herbal medicine, including therapeutic classifications, thermal and flavor properties, meridian affinity, parts used, herbal processing and prepared forms, cautions, and the concept of Chinese herbal formulas. Good herbal compounding practice and GMP guidelines are introduced. *MAc Prerequisite: TCM100.*

*MAcCHM Prerequisite TCM100, CHM117B. Corequisite: CHM232C There is a course fee of \$30.00 for materials provided in this class.*

### **CHM232C - Preparation Methods of Chinese Herbal Medicine** **15 hours / 1 credit**

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This course teaches the CHM Internal Medicine students many of the common preparation methods (Pao Zhi) used in CHM for decoctions, extracts, concentrates, syrups, tinctures, wan, honey pills, powders, infusions and internal medicinal formulas along with a review of good herbal compounding practices and GMP guidelines. While it is not required, it is suggested that this course be taken after CHM134, CHM201B, and CHM222.

*MAcCHM. Prerequisite: TCM100, CHM 117B, CHM232B.*

### **BIO233 - Western Medical Pathology** **45 hours / 3 credits**

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General western medical pathology will introduce students to a variety of physiological and pathological concepts to give them a well-rounded overview and understanding of the possible pathologies that they may encounter both in practice and study. This course will cover cell injury, repair, death and adaptation; acute & chronic inflammation; cell regeneration, fibrosis & wound healing; hemo-dynamic disorders, thrombosis and shock; immune disorders; neoplasticity; genetic & pediatric diseases; environmental diseases; & general pathology of infectious diseases. This is followed by a study and discussion of the diseases that can affect the various organ systems including cardiovascular, pulmonary, hematopoietic, lymphatic, urinary, as well as diseases of the gastrointestinal tract, oral cavity, liver and biliary tract, pancreas, male and female reproductive organs, endocrine system, musculoskeletal system, dermatology, and nervous system diseases.

*Prerequisite: BIO125. Corequisite: BIO223A*

### **CLI235 - Clinical Acupuncture Internship 3** **90 hours / 3 credits**

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In this part of the students clinical acupuncture internship, students continue developing their clinical skills with increasing levels of responsibility in the initial intake, diagnosis, treatment, follow-up care, as well as practice management, all under close supervision. Students continue working their required 350 patient visits [MAcCHM] or 250 patient visits [MAc] as a requirement for graduation.

*MAc Prerequisites: OBS146, BIO203A, BIO223A, MISC224, CLI225, Co-requisite: TCM237A.*

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## Courses

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*MAcCHM Prerequisites: OBS146, BIO203A, CHM222, BIO223A, MISC224, CLI225, Co-requisite: TCM237A.*

### **TCM237A - Clinic Forum 4**

**45 hours / 3 credits**

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In the fourth of four forums, students continue their theoretical clinical learning through case-based presentations. In this trimester, the 6th trimester student acts as a mentor to assist 4th and 5th trimester students with their case presentations. The mentor's job is to assist, but not do all the work on the presenting student's case. Additionally all students will be completing a Forum Case Report for both cases in each Forum.

*Prerequisite: TCM227A. Corequisite: CLI235.*

### **CHM301 - TCM Internal Medicine**

**90 hours / 6 credits**

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Traditional Chinese Medicine Internal Medicine is probably the most important aspect of TCM. It systematically shows Chinese medicine's method of basing Chinese herbal treatment on differentiation of syndromes / patterns. This course systematically goes through Lung / Large Intestine, Heart / Small Intestine, Spleen / Stomach, Liver / Gall Bladder, & Kidney / Urinary Bladder systems & the most common symptoms & diseases associated with each of these organ systems. The etiology, pathology, symptoms & signs associated with each differentiation, combined patterns, treatment principles & tips from the instructor's vast clinical experience, representative formulas for treatment, modifications of those formulas, & related Western medical diseases will be mentioned. Also covered are the most important herbs associated with treating & modifying formulas for each organ system & Chinese names for the symptoms / disease patterns. Time permitting, various acupuncture point prescriptions appropriate for each differentiation will be mentioned.

*MAcCHM Prerequisites: CHM230.*

### **TCM302 - Advanced Acupuncture Treatment of Disease**

**45 hours / 2.5 credits**

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This course will focus on advanced acupuncture treatments and strategies for diseases commonly encountered by practitioners in a private or group practice. Emphasis will be placed on selection of effective acupoints, point combinations, treatment strategies and treatment methods derived from a broad range of acupoint styles presented by experienced practitioners. Acupoint diagnosis and differentiation of the diseases and acupoint prescriptions will be studied and practiced for the treatment of respiratory conditions, skin conditions, psychological syndromes, digestive disorders, pain syndromes, musculoskeletal pain and injury, gynecological and obstetrical syndromes. In depth discussion of each condition will be followed with detailed diagnosis and differentiation of the conditions along with discussion of various approaches to treatment. This will be followed by a variety of advanced acupoint technique demonstrations and practice sessions. The purpose of this course is to advance the acupuncturists' skills through the use of effective acupoint treatments for various disease conditions.

*MAc Prerequisite: TCM209, TCM218B, TCM228B, TCM227A. Co-requisite: CLI235, TCM237A*

*MAcCHM. Prerequisite: TCM209, TCM218B, TCM228B, TCM237A. Co-requisite: CLI307*

### **BIO303 - Western Medical Physical Exam & Diagnosis**

**45 hours / 3 credits**

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In this course students will learn to talk with and examine patients using Western medical procedures and protocol. The course begins with interviewing and the health history. Then, students will go through all body regions or systems, reviewing relevant anatomy and physiological abnormalities and the sequencing and techniques of examination. Equipment necessary for a physical exam will be discussed and students will have the opportunity to practice with various equipment. Students will learn to measure and record vital signs (i.e., blood pressure, temperature, pulse and respiratory rate). Students will learn standard allopathic protocols and learn to read basic lab tests in order to provide vital information for responsible referral and follow-up care.

*Prerequisites: BIO233.*

### **CHM306 - Clinical Application of Chinese Herbal Medicine**

**15 hours / 1 credit**

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This course is designed to enhance student's comprehension of Chinese herbal medicine and its creative application in a clinical setting. The following topics will be discussed: choosing the most appropriate Chinese herbal preparation, formulation and modification of representative formulas based on the symptoms and differentiation of syndromes, combining formulas, and combining Chinese herbal patent medicines and formulas. Modification of formulas will be reviewed and discussed to choose the best herb from the category to use (i.e., using the mildest or strongest herb in the category, qi or blood movers for specific

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## Courses

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locations, guides, choosing modifying herbs based on the overall constitution, adding herbs to prevent side-effects of other herbs, etc.) This course will use patient cases, which will be evaluated, differentiated, and then the appropriate formula is modified to fit the patient.

*MAcCHM Prerequisites: CHM230. Corequisite: CHM301.*

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### **CLI307 - Clinical Acupuncture Internship 4** **90 hours / 3 credits**

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In this part of the students clinical acupuncture internship, students continue developing their clinical skills with increasing levels of responsibility in the initial intake, diagnosis, treatment, follow-up care, as well as practice management, all under close supervision. Students continue working their required 350 patient visits [MAcCHM] or 250 patient visits [MAc] as a requirement for graduation.

*MAc Prerequisites: CLI225, MISC231.*

*MAcCHM Prerequisites: CHM230, MISC231, CLI235.*

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### **BIO309 - Western Medicine Pharmacology / Pharmacognosy** **45 hours / 3 credits**

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A study of common drugs and their interactions with living organisms, including pharmacodynamics (how drugs produce their effects); chemical structure; toxicology; drug legislation; drug design, testing, manufacturing and marketing; drug forms and routes of administration; absorption distribution, metabolism, excretion of drugs; drug effects; drug terminology and measurement; drug prescription; and the pharmacodynamics of drugs used to treat common diseases are covered. Pharmacognosy will emphasize common botanical drug constituents. The pharmacodynamics of acids, alcohol, esters, carbohydrates, alkaloids, saponins, glycosides, phenols, resins, amino acids, phyto-hormones, ginsenosides, volatile oils, flavonoids and several other herbal constituents will be discussed.

*Prerequisite: BIO223A.*

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### **CHM310 - TCM Gynecology** **45 hours / 3 credits**

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This course covers an overview of women's physiology and pathology and an in-depth study of traditional Chinese medicine gynecology (fu ke), including etiology, pathology, diagnosis, and treatment strategies of common women's disorders. TCM gynecological disorders will also be discussed in terms of Western medicine disorders. Each disorder will be differentiated and treatments will include Chinese herbal medicine, acupuncture, and lifestyle recommendations to maintain optimal female health. Obstetrics will also be covered in this course.

*MAcCHM Prerequisites: CHM301, CHM306.*

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### **CHM311B - TCM Nutrition** **30 hours / 2 credits**

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In ancient times, nutrition was used as a treatment modality by TCM doctors. It has always been closely associated with Chinese herbal medicine and each has influenced the other. In this course, foods are classified according to TCM theory such as Yin / Yang, Hot / Cold, Five Elements, Zang Fu, etc. Students learn to assess the effects of diet on patients. Students will learn various food / Chinese herbal recipes that can be used on themselves as well as patients. This course will provide guidelines for understanding the medicinal properties of food and use of TCM dietary recommendations as an effective clinical modality. Dietary recommendations will be given for various conditions. Time permitting, in-class demonstrations of food preparations will be shown.

*MAc Prerequisites: TCM130, CHM232B. MAcCHM Prerequisites: TCM130, CHM117B.*

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### **CLI313 - TCM Internal Medicine Clinic 1** **90 hours / 3 credits**

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In the first part of the student's clinical TCM Internal Medicine Internship, students begin 2 trimesters of the supervised prescribing of Chinese herbs. They will take primary responsibility for all aspects of their patient's care, including Chinese herbal medicine, acupuncture, and related modalities, all under close supervision. Student interns are encouraged to take the initiative to implement all the theoretical and practical skills that they have been developing in school. Students will work in groups and participate in the initial intake / interview, diagnosis / differentiation, treatment plan, treatment, and follow-up care. The student interns will prepare the Chinese herbal prescription in Yan Jing Supply and instruct the patient on its preparation and dosage

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## Courses

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(whichever is appropriate, whether it be a decoction, powder, pill, etc.). Chinese herbal medicine will be the primary treatment modality with acupuncture as a secondary modality.

*MAcCHM Prerequisites: CHM301, CHM306, CLI307.*

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### **CLI315 - Clinical Acupuncture Internship 5** **90 hours / 3 credits**

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In this part of the students' clinical internship, students continue developing their clinical skills with increasing levels of responsibility. At this stage, student interns assume the primary role in the patients care. Supervisors are still close by, but should be more of a consultant.

*MAc Prerequisites: CLI235, CLI307.*

*MAcCHM Prerequisites: CHM301, CHM306, CLI307.*

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### **CLI316 - Clinical Acupuncture Internship 5A** **90 hours / 3 credits**

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Students extend their Internship 5 skills with another 90 hours of clinical training and patient treatments. At this stage, student interns assume the primary role in the patients care. Supervisors are still close by, but should be more of a consultant.

*MAc Prerequisites: CLI235, CLI307.*

*MAcCHM Prerequisites: CHM301, CHM306, CLI307.*

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### **BIO317 - Western Medical Referral** **30 hours / 2 credits**

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This course enhances the study of signs and symptoms of common pathologies common to both Western Medicine and TCM. Students will learn to identify signs, symptoms, and conditions that warrant consideration for referral to other medical systems and or specialties. Emphasis is placed upon a complementary approach, which ensures that the optimum care & safety of patients is of primary importance. Essential information on how, when, why and where to refer is presented.

*Prerequisite: BIO303.*

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### **CHM319 - TCM Internal Medicine & Case Studies** **30 hours / 2 credits**

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In this course, various instructors present advanced lectures on specific specialties such as pediatrics, gynecology, orthopedics, geriatrics, neurology, psychological/emotional, digestive disorders, etc. using Chinese herbal medicine & acupuncture. Instructors will conduct discussions from a case-based approach & students will have the opportunity to bring in cases from student clinic to discuss.

*MAcCHM Prerequisite: CHM301.*

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### **MISC321A - Clinical Business Management** **30 hours / 2 credits**

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An introduction to all the basic principles needed to open a successful Traditional Chinese Medicine private practice. In this class, the following is covered: set up costs, selecting a location, marketing, office management, confidentiality, informed consent, release of patient records, malpractice and business insurance, record keeping, bookkeeping systems, billing and collections, medical insurance billing, taxes, scope of practice, legal issues and legislative concerns, patient education, networking, and general practice building. Students will be required to design a business plan to create a head start on building a successful practice. Time permitting, various experts in the field of business and practitioners will share their expertise.

*Prerequisite: CLI213.*

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### **BIO325A - Western Nutrition** **30 hours / 2 credits**

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This course will cover an in-depth look at the biochemical processes of nutrition and metabolism, daily requirements and food sources. Major categories of nutrients including vitamins, minerals, carbohydrates, proteins, and lipids will be covered. Students will be able to assess and recommend diets. Other areas covered include nutrition through the life stages and recommended diets for various disease states including Diabetes Mellitus, Cardiovascular Disease and Kidney Disease, and Food Allergies.

*Prerequisite: BIO223A.*

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## Courses

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### **CLI327 - TCM Internal Medicine Clinic 2** **90 hours / 3 credits**

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In the second part of the student's clinical TCM Internal Medicine Internship, students continue their supervised prescribing of Chinese herbs. The student interns assume more of the responsibility for patient care. The supervisors are still close by, but act more as a consultant.

*MAcCHM Prerequisites: BIO309, CHM311B, CLI313.*

### **OBS329 - Advanced Clinical Observation** **30 hours / 1 credit**

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Advanced Clinical Observation is designed to be completed near the end of the student's clinical training. At this point, students should have a very good foundation in clinical theory, practice, and can benefit from asking more advanced questions and observing experienced practitioners treating patients. Also, the student interns can assist student clinic supervisors in Clinical Acupuncture Internship courses. These observation hours are completed outside of the regular schedule of classes. Students will use these hours as part of their clinical observation hours and must get the Clinic Observation Hours Form signed by the observed practitioner.

*MAc Prerequisite: CLI225. MAcCHM Prerequisite: CLI307.*

### **TCM331 - Exam Prep** **15 hours / 1 credit**

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This course will prepare students for taking the CSTCM Proficiency Exit Exam and also the NCCAOM Acupuncture and Chinese Herbal Exams if they have not already been taken. In this course, students will review important areas of study, learn systematic ways to study and memorize the material, learn test-taking skills and strategies, and have the opportunity to take practice exams.  
*Prerequisite: Must be taken in the trimester in which the student will graduate.*

### **CLI333 - Clinical Acupuncture Internship 6** **90 hours / 3.0 credits**

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In this part of the students clinical acupuncture internship, students continue developing their clinical skills with increasing levels of responsibility. At this stage of clinic, student interns assume the primary role in the patients care. Supervisors are still close by, but should be more of a consultant.

*MAcCHM Prerequisites: CLI315, CLI316.*

## **Doctor of Acupuncture (DAc) and Doctor of Acupuncture with a Chinese Herbal Medicine (DAcCHM) Courses**

### **TCM410 Advanced Acupuncture Treatment of Disease 2 (DAc only)** **90 hours - 6 credits**

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*Required for DAc students only.* This course is a continuation of Advanced Acu Treatment of Disease 1. The first half of this course will cover female physiology from both the TCM and bio-medical perspective as well as how to treat pathology/menstrual cycle imbalances according to the phases of the cycle. The etiology, diagnostics methods and the gynecological interview will be covered in-depth along with common disorders, their patterns and treatment including irregular cycles, dysmenorrhea, amenorrhea, PMS, and heavy cycles. Integrative treatment approaches in gynecology will be introduced and discussed.

This course will also cover the Tung system of acupuncture for the treatment of common musculo-skeletal and pain syndromes commonly seen in clinical practice and both acupuncture treatment protocols and integrative treatment approaches for pain syndromes, head-injuries and post-stroke syndromes.

The second half of this course will cover the etiology, acupuncture and integrative treatment approaches for complex gynecological disorders such as endometriosis, PCOS, recurrent ovarian cysts, fibroids perimenopause and menopause. Understanding infertility and assisted reproduction techniques (ART) and how to work with women going through ART will be covered in-depth.

This course will also cover the Tan system of acupuncture for the treatment of common musculo-skeletal and pain syndromes commonly seen in clinical practice along with the acupuncture treatment protocols and integrative treatment approaches for complex disorders such as fibromyalgia, rheumatoid arthritis, ankylosing spondylitis and other auto-immune pain syndromes.

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## Courses

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*Prereq: CSTCM MAc or equivalent MAc Coreq: INTG445, BIO440, CLI470*

### **CHM425 Advanced Internal Medicine Treatment of Disease (DAcCHM only)**

**90 hours - 6 credits**

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*Required for DAcCHM students only.* Traditional Chinese Medicine Internal Medicine is probably the most important aspect of TCM. It systematically shows Chinese Medicine's method of basing Chinese herbal treatment on the differentiation of syndromes/patterns. The first half of this course systemically goes through complex disorders and their treatment. The etiology, pathology, symptoms and signs associated with each differentiation, combined patterns, treatment principles, and treatment tips from the instructor's vast clinical experience, representative formulas for treatment, modifications of those formulas, and related Western medical diseases will be mentioned. Also covered in this course are the most important herbs associated with treating and modifying formulas for each organ system as well as Chinese names for the symptom/disease patterns. Time permitting, various acupuncture point prescriptions that are appropriate for each differentiation will be mentioned. Topics can include IM Gynecology, Integrative IM and Biomed Gynecology, Head Injury and Stroke, Depression, Chronic Inflammatory Syndromes, Integrative treatment for MSK pain syndromes.

The second half of this course systemically goes through complex disorders and their treatment and finishes with an introduction and review of the 10 key formula families used in Chinese herbal medicine. The etiology, pathology, symptoms and signs associated with each differentiation, combined patterns, treatment principles, and treatment tips from the instructor's vast clinical experience, representative formulas for treatment, modifications of those formulas, and related Western medical diseases will be mentioned. Also covered in this course are the most important herbs associated with treating and modifying formulas for each organ system as well as Chinese names for the symptom/disease patterns. Time permitting, various acupuncture point prescriptions that are appropriate for each differentiation will be mentioned. Topics could include Infertility and Assisted Reproductive Techniques (ART), Perimenopause and menopause patterns and treatment, Men's Health Benign prostatic hyperplasia, Prostatitis, ED, Male Factor Infertility.

*Prereq: CSTCM MAcCHM or equivalent MAcCHM Coreq: INTG445, BIO410, CLI470*

### **BIO440 Advanced Integrative Biomed TCM Diagnosis**

**30 hours - 2 credits**

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This course is designed to increase the students' knowledge and understanding of diagnostic methods used in the bio-medical model to arrive at a conclusive diagnosis. Through meeting the learning objectives below, students will be prepared to practice in an integrative environment in which referral and collaboration between practitioners is intrinsic to patient-centered care. This course will expand the students' knowledge and understanding of diagnostic methods available across the bio-medical platform for effective patient care. With this knowledge the student will be informed and prepared to work within integrative teams and various health care systems.

*Prereq: CSTCM MAc or equivalent MAc Coreq: INTG445, CLI470, TCM410 (DAc only), CHM425 (DAcCHM only)*

### **INTG445 Integrative Collaborative Medicine 1**

**15 hours - 1 credit**

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This course is designed to introduce the student to conventional medical training models and medical delivery environments to further understand the integrative collaborative setting. This course is designed to increase the students understanding of other medical models and their delivery settings and systems.

*Prereq: CSTCM MAc or equivalent MAc Coreq: CLI470, BIO440, TCM410 (DAc only), CHM425 (DAcCHM only)*

### **MISC455 Professional Development IPD**

**15 hours - 1 credit**

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This course is designed to provide the student the opportunity to understand the tenants of professional development and how goal setting can lead them to prepare a professional development plan once they are in the profession.

*Prereq: CSTCM MAc or equivalent MAc*

### **MISC465 Research Literacy and Evidence Informed Practice (EIP)**

**30 hours - 2 credits**

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This course is designed to introduce the student to the principles of evidence informed practice (EIP), evidence-based medicine (EBM), and how to read, interpret and understand a research study structure and findings.

## Courses

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*Prereq: CSTCM MAc or equivalent MAc*

### **CLI470 Clinical Internship 7: PD Integrative Acupuncture (& Int Med) Clinic 1** **150 hours - 5 credits**

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For DAc and DAcCHM students this Internship in Acupuncture Acumoxa techniques and CHM begins the Integrative Acupuncture and Internal Medicine CHM Treatment of Disease Clinical Internships. In these doctoral level internships students begin working with a team of Clinic Supervisors. One Primary Supervisor will be a CM LAc and CHM practitioner and the other Guest Supervisor will be a medical professional from other health care systems who can offer their medical expertise and perspective on the Diagnosis and Treatment plans and how their approach can interface in collaboration with the LAc Clinic Supervisor and Students CM approach. Medical professionals from biomedicine, MD, PA, Nurse Practitioners, PT and from Osteopathic, Chiropractic, Naturopathic, EMT, Mental Health and other areas of health care will attend clinic with the LAc Supervisors and DAc students. Student Clinic Patients will receive Supervisor input on collaborative CM and medical diagnosis and treatment plan while using that information to refine their diagnosis and treatment plan that they will provide to the patient. Discussion will center on the Diagnosis in both CM and other medical care models. The treatment plan will be a CM Acumoxa treatment that is informed regarding additional Integrative Treatment methods that could be considered patient care including collaborative indications and contraindications in treatment, possible drug therapy suggestions, physical therapy, Chiropractic care, Naturopathic care and when applicable options for treatment enhancement mental health care.. The collaborative nature of these clinics will help develop the students Advanced Acupuncture Treatment of Disease skills along with their collaborative and Integrative Skills. In addition, the DAc and DAcCHM students will collaborate on CM treatments using Acumoxa and CHM methods and engage in discussion of optimizing CM treatments with Acumoxa and CHM in concert with the Integrative practitioners. The format of this clinic is to both engender and advance CM diagnostic and treatment skills while adding the Integrative and Collaborative Medicine perspectives and experiences in the clinical setting. Each clinic will have various CM experts and other medical providers guiding, informing, and enriching the student experience in clinical care.

*Prereq: CSTCM MAc or MAcCHM or equivalent, Coreq: INTG445, BIO440, TCM410 (DAc only), CHM425 (DAcCHM only).*

## Courses

### PDA / CEU Courses

<i>Acupuncture Anesthesia</i>	<i>Chinese Medical Translation</i>	<i>TCM Diet &amp; Nutrition</i>
<i>TCM Oncology / Cancer</i>	<i>Chinese Medicine Herbal Pharmacology</i>	<i>I Jing</i>
<i>Advanced Acu Point Energetics</i>	<i>TCM Treatment of Gastro-Intestinal Problems</i>	<i>TCM Dermatology</i>
<i>TCM Pediatrics</i>	<i>Classical Five Element Theory &amp; Treatment</i>	<i>Insurance Billing for Practitioners</i>
<i>Advanced Moxa &amp; Cupping Techniques</i>	<i>Cosmetic Acupuncture</i>	<i>Tibetan Medicine</i>
<i>TCM Pain / Orthopedics / Trauma Injury Musculoskeletal Problems</i>	<i>TCM Treatment of Geriatric Problems</i>	<i>Integration of TCM &amp; Western Medicine</i>
<i>Advanced Needle Techniques &amp; Treatment Strategy</i>	<i>CPR &amp; Basic Life Support</i>	<i>Veterinary Acupuncture and Holistic Health Care for Animals</i>
<i>TCM Sports Medicine &amp; Injuries</i>	<i>TCM Treatment of HIV &amp; AIDS</i>	<i>Japanese Acupuncture</i>
<i>Advanced Tongue &amp; Pulse Diagnosis</i>	<i>Eight Extra Channels</i>	<i>Jing Gui Yao Luo</i>
<i>Auricular (Ear) Acupuncture</i>	<i>TCM Treatment of Infertility</i>	<i>Wen Bing Lun</i>
<i>TCM &amp; Western Medicine Neurology</i>	<i>Electro-Acupuncture</i>	<i>Korean Hand Acupuncture</i>
<i>Basic Chinese Language</i>	<i>TCM Treatment of Trauma Injury</i>	<i>Western Medicine Pathology</i>
<i>TCM Treatment of Addiction &amp; Substance Abuse</i>	<i>Feng Shui</i>	<i>Laser Acupuncture</i>
<i>Basic Counseling Skills for Practitioners</i>	<i>Hara Diagnosis</i>	<i>Western Medicine Physical Diagnosis</i>
<i>Biological Clock &amp; Open Point Techniques</i>	<i>TCM Obstetrics / Gynecology</i>	<i>NCCA Acupuncture &amp; Chinese Herbal Review</i>
<i>TCM Treatment of Allergies &amp; Sinus Problems</i>	<i>Healthy Cooking</i>	<i>OSHA Regulations for OM Clinics</i>
<i>TCM Treatment of Alopecia</i>	<i>TCM &amp; Macrobiotics / Healthy Cooking</i>	<i>Practice Building for OM Clinics</i>
<i>Chinese Herbal Therapies for Immune Disorders</i>	<i>Historical Perspectives in Chinese Medical Literature</i>	<i>Qi Gong / Tai Ji Quan</i>
<i>TCM Treatment of Emotional Psychological Problems</i>	<i>TCM Health Exercises</i>	<i>Research Protocol</i>
<i>Chinese Medical Terminology</i>	<i>Huang Di Nei Jing</i>	<i>Scalp Acupuncture</i>
	<i>TCM Immune / Auto-Immune Disorders</i>	<i>Shang Han Lun</i>
		<i>Spiritual Aspects of Acupuncture</i>
		<i>Summer Advanced Clinic Internship</i>
		<i>China Study Tour</i>

The above PDA / CEU seminars are approved for CSTCM to teach by the Colorado Department of Higher Education. Many have been taught in the past at CSTCM. Some have not been taught because of lack of interest. These seminars are not taught every year. Students are not required to take any seminars as part of our regular program but they are recommended.

Faculty

Academic Calendar & Schedule

2022 – 2023 School Year:

Fall Trimester: August 29 – December 17, 2022

Winter / Spring Trimester: January 2 – April 22, 2023

Summer Trimester: May 1 – August 19, 2023

New classes start three times a year, the beginning of January, early May, and late August / early September.

Courses in our four programs are offered during every trimester. Students can register for a course offering if they meet the listed prerequisites or co-requisites for that course. If registration is too low for a particular course, then it is canceled. Courses are offered Monday through Saturday between 8:00am - 10:30 pm. Students should anticipate being on campus for 3-5 days a week or more. The times and days of the week of courses may vary each trimester. CSTCM utilizes 15 week trimesters and a one week break at mid-trimester, 3 trimesters per year. This schedule provides an average of 16-22 hours of classroom instruction per week.

Faculty

\*The faculty listed in this section was current in the trimester that this catalog was printed. For the most recent listing of faculty, please go to CSTCM Website at www.cstcm.edu; under the "Academics" tab, click on the link "Our Faculty".



**Denise An Andert, L.Ac., Dipl. OM., DACM, LMT**

Denise is a Colorado state licensed and NCCAOM board certified acupuncturist and board certified massage therapist. She has been an intern at the VA outpatient hospital in Austin, TX, where holistic collaborative pain management PTSD and Trauma are the focus and continues to be a focus of the treatment strategies. She has additional training in FSN, electro acupuncture, SHAKU SU and nutrition. She received her DACM degree in 2022.



**Rebecca Baker, L.Ac., Dipl. Ac., MSTCM, CAN**

Rebecca earned her Masters of Science degree in Traditional Chinese Medicine (TCM) from CSTCM in 2012. She is a Nationally Certified Diplomate in Acupuncture through the NCCAOM. She earned her BA from Fort Lewis College in 1995. Most recently, she earned a 100-hour certificate in Applied Clinical Nutrition from Texas Chiropractic College. Rebecca enjoys mountain biking and hiking. She has a private practice in Castle Rock, CO where she utilizes acupuncture, Chinese Medicine, nutrition and Reiki. She specializes in treating people with brain injury and migraines.



**Joseph Brady, L.Ac., Dipl. O.M., MSTCM**

Joe earned his Master's degree in Traditional Chinese Medicine from the CSTCM in 2006. Currently a clinic supervisor and faculty member at CSTCM, Joe is also on faculty at the University of Denver. An internationally recognized expert on healthy aging Joe has spent over 25 years teaching t'ai chi, qigong and Traditional Chinese Medicine at the University of Colorado, Health Sciences Center, the University of Denver, and Metropolitan State University. Former columnist on healthy aging for the Rocky Mountain News, he has presented at many scientific and medical conferences including at the Harvard Medical School's Osher Institute on Integrative Medicine and has twice been a featured presenter at the Oxford Roundtable at Harris Manchester College in the University of Oxford U.K. He currently runs his own clinic in the Denver Colorado.

Faculty



**Jon Cacherat, L.Ac., Dipl. Ac., MSOM, MSc**

Jon has been a holistic warrior in Denver since 1996. He graduated with honors from the MTIC and became a certified massage therapist. Jon went on to attend SWAC in Boulder, Colorado. He served his acupuncture externship at the Boulder County AIDS project. In addition, he spent 500 hours studying trigger point and sports acupuncture. Jon graduated in 2001 with a MSOM. Jon's extensive work with government and corporate wellness programs has given him a huge reservoir of clinical experience with treating musculoskeletal conditions. He specializes in treating myofascial conditions. Currently, Jon is pursuing his Doctorate of Acupuncture and recently completed a 60 hour internship with UC Health Anschutz Hospital's Internal Medicine clinic.



**Yi Cao, L.Ac., Dipl. Ac., BM (China)**

Yi Cao is a third generation Traditional Chinese Medicine doctor who graduated from Heilongjiang University of Traditional Chinese Medicine. He has published many articles in the Journal of Clinical Acupuncture and Moxibustion, has been invited to many international conferences and has won many awards in China. Yi has taught acupuncture and supervised clinic interns at the university and in the hospital before coming to the United States. He is a Nationally Certified Diplomate in Acupuncture through the NCCAOM and is a licensed acupuncturist in Colorado. He specializes in the areas of neurological and psychological problems and currently has a private practice in Denver, Colorado.



**Xiaorong Ding, L.Ac., Dipl. Ac., PhD (China)**

Xiaorong received her BM from Heilongjiang University of Traditional Chinese Medicine, Harbin, P.R. China. She received her MS and her PhD from the Department of Acupuncture, Tianjin University of Traditional Chinese Medicine. Her post-doctorate work was research on the integration of Traditional Chinese Medicine and Western Medicine at the China Academy of Chinese Medical Sciences in Beijing. She specialized in treatment of Wind stroke, Dementia, Women's Medicine and joint pain at the First Teaching Hospital of Tianjin TCM University in Tianjin. Xiaorong taught foreign students in China from the US, Canada, Holland and Brazil. She moved from Beijing to Denver to join the faculty of Colorado School of Traditional Chinese Medicine.



**Melissa Durgin, L.Ac., Dipl. O.M.**

Melissa is a Colorado native. She received a Bachelor's Degree in Anthropology from CU Boulder in 2003 and a Masters of Traditional Chinese Medicine from CSTCM in 2011. She is a Nationally Certified Diplomate of Oriental Medicine through the NCCAOM. She has been in private practice in Denver since 2011 where she specializes in women's and children's health. She lives in Englewood, Colorado with her husband, two children, three cats, and many chickens.



**Hsiao-Wei Fang, L.Ac., Dipl. O.M., MSTCM, MS**

Hsiao-Wei holds a Bachelor of Arts in Business Administration and Accounting from Seattle University in Seattle, Washington. She also received her Master of Science in Finance from the University of Denver. She later completed her Master of Science in Traditional Chinese Medicine from CSTCM. She is a Nationally Certified Diplomate in Oriental Medicine through the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) and is a licensed acupuncturist in Colorado. She is the owner and operator of Life Spring Acupuncture Clinic in Stapleton, Colorado. She is fluent in English, Chinese-Mandarin and Taiwanese.

Faculty



**Shanwen Gao, L.Ac., MSOM, BM (China)**

Shanwen graduated from Guangxi College of Traditional Chinese Medicine with her bachelor's degree in Traditional Chinese Medicine and later graduated from Royal University in Los Angeles, California with a Master of Science in Oriental Medicine. She practiced in Los Angeles before moving to Denver, where she was on the faculty at International Institute of Chinese Medicine. She is a licensed acupuncturist in Colorado. She specializes in Chinese Herbology and patent medicines, as well as the treatment of pain, women's health care and immune deficiency.



**James Gilchrist, L.Ac., Dipl. Ac., MSAOM, RND**

Originally from Parker, Dr. Gilchrist left Colorado in 1998 to attend college in Utah. He interrupted his studies to serve a mission in Argentina, and among the lessons he learned there was that making healthy food choices and getting regular exercise were powerful tools for health and well-being. Upon returning home, Dr. Gilchrist decided he would learn all he could about natural health so he could teach these tools to his future patients. World events took Dr. Gilchrist overseas for a few more years, but he eventually found the path to realize his dream at Bastyr University in Seattle, Washington. There Dr. Gilchrist discovered the world of Acupuncture and Herbal Medicine, earning his Doctorate in Naturopathic Medicine, and his Master's degree in Acupuncture and Chinese Herbal Medicine. Dr. Gilchrist specializes in working with children and adolescents, treating auto-immune conditions and behavioral issues with safe and effective natural therapies.



**Ben Hawes, L.Ac., Dipl. O.M.**

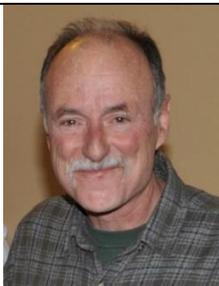
Ben Hawes is a graduate of Brown University (1996) and the New England School of Acupuncture (MAOM: 2001). After practicing in rural Southwest Colorado since 2003, he moved to Denver full time in 2020. Ben has studied Kyojung Korean Physical Manipulation, has been practicing distal styles (Master Tung and Richard Tan's Balance Method) since 2007, and completed an 18 month internship in Japanese Acupuncture with Jeffrey Dann, PhD in 2016.

Besides acupuncture, he has studied craniosacral therapy with Pat Cunningham, LAc, has been a long-time student of shamanic healing practices with John Myerson, PhD, LAc. Additionally, Ben has been an instructor of Zen and pain-relief meditation since 1995.



**Tara Heinrich, L.Ac., Dipl. Ac., LMT**

Tara is a Colorado State licensed, nationally certified, and recognized Diplomate of Acupuncture by the NCCAOM, and is a member of the Acupuncture Association of Colorado (AAC). She received a Master of Science Degree from the Colorado School of Traditional Chinese Medicine in 2013 and has held a Massage Therapy License since 1999. She is the owner and operator of the Acupuncture Clinic in Parker Colorado.

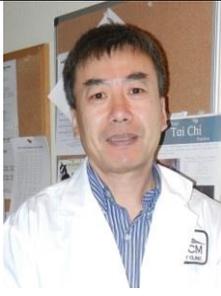


**Drew Henderson, L.Ac., Dipl. Ac. & CH, Dipl. TCM, BS**

Drew received his Bachelors of Science in Chemistry from Spring Hill College in Mobile, Alabama. His interest in neuroscience led him to graduate level studies in neuroanatomy and molecular pharmacology at University of South Alabama and neurophysiology at the University of Colorado. While becoming certified in Postural Integration, he began studying Chinese medicine with practitioners. He graduated from CSTCM in 1993 and studied at Heilongjiang University of Traditional Chinese Medicine in Harbin, China in 1995. He is a Nationally Certified Diplomate in Acupuncture and Chinese Herbology through the NNCCAOM and is a licensed acupuncturist in

Colorado. He has a private practice in Boulder.

Faculty



**Dayong Hou, L.Ac., Dipl. Ac., BM (China)**

Dayong graduated from Hei Long Jiang University of TCM, Harbin, China in 1989. Prior to and after completion of this program, he further developed his expertise by training with his father, Dr. Lusheng Hou, well known western and eastern doctor and leader of Acheng hospital. He specialized in both individualized treatment and in diagnosis in herbs, acupuncture, Tui Na and traditional rehabilitation exercise. He completed his residency as doctor at Harbin Dao Li Hospital and became the Director of the Acupuncture and Moxibustion Department in 1994. He is an instructor and a clinic supervisor at CSTCM and also runs his own acupuncture clinic. He is nationally certified in Acupuncture by the NCCAOM and is a licensed acupuncturist in Colorado.



**Parago Jones, L.Ac., Dipl. TCM**

Parago was the Clinic Director at Colorado School of Traditional Chinese Medicine from 2007 to 2019. In 2019 he accepted a position as the school's Academic Dean. He graduated from CSTCM in 1998, is a nationally certified Diplomate through NCCAOM and a licensed acupuncturist in Colorado. Since graduation, he has gone on to specialize in the neo-classical Japanese Meridian Therapy, moxibustion. He teaches, supervises, and is a member of the Academic Leadership Team. He is also a nationally certified instructor and examiner for CCAOM for Clean Needle Technique.



**Robert Livingston, MD, MSTCM, DOM (NM), Dipl. TCM, BA**

Robert received his MD from Dartmouth College in 1978, and completed a three-year residency in internal medicine at Cambridge Hospital in Massachusetts. He received an MS degree in human nutrition from Columbia University in 1975, and an MS in Traditional Chinese Medicine from SWAC/Santa Fe in 2007. He is both NCCAOM and ABIM certified. He has a lengthy practice in internal medicine, with over 20 years spent with the Indian Health Services in Arizona, and New Mexico, as well as being an emergency room, hospitalist, urgent care, and primary care provider in other facilities.



**Jennie Luther, L.Ac, Dipl.OM, DACM, LMT**

Jennie is a licensed acupuncturist in Colorado, and nationally certified in Acupuncture and Chinese Herbal Medicine (NCCAOM). She earned her Master of Science in Traditional Chinese Medicine from CSTCM (2015), and her Doctorate in Acupuncture and Chinese Medicine with a focus on Integrative medicine from Pacific College of Health and Science (2021). She is also certificated as a Massage Therapy through Boulder College of Massage(1999), and is a Certified Craniosacral Therapist (2006). She has additional training in Visceral/Neural Manipulation through the Barral Institute, extensive training and experience in prenatal/postpartum bodywork, and in working with children with bodywork and Chinese Medicine. She currently has a holistic family practice in Centennial, CO, with a specialty in treating chronic pain and chronic health issues.



**Amy Malone, L.Ac., Dipl.O.M., RN, MSTCM**

Amy holds a Colorado state license as both an acupuncturist and a registered nurse. She received her BSN from the State University of New York at Buffalo and her MSTCM from the Colorado School of Traditional Chinese Medicine. She is nationally certified by the NCCAOM as a Diplomate of Oriental Medicine. While looking for answers to her own health issues, she discovered the power of acupuncture and herbal medicine and set out to share the amazing benefits of TCM. She has a clinical focus in women's health, mental wellness, and digestive disorders. She uses her experience as a registered nurse in addition to her training in Chinese medicine to help facilitate healing, with a special interest in helping other health care providers. She has a private practice in Lakewood, Colorado.

Faculty



**Piper Mullins, L.Ac., Dipl.OM., MSTCM, BA**

Piper Mullins is the co-clinic director at CSTCM. They are a NCCAOM certified acupuncturist. They have been a community organizer and activist in the Denver artist community for 10+ years. They graduated from MSU with a BA in English Writing and Communications, with a strong emphasis on education, communications, and psychology. They graduated from CSTCM in 2018 with a MSTCM. They have been practicing taiqi and qigong for 15+ years. They are the owner/operator of Mountain Phoenix Acupuncture and have committed their life and work to health, longevity, and positive personal and community transformation.



**Rui Nan, L.Ac., Dipl. Ac., MM & BM (China)**

Rui Nan is a third generation practitioner of Chinese Medicine and received her Master of Medicine from Beijing University and her Bachelor of Medicine from Heilongjiang University. Rui Nan has published several texts and worked as a doctor at Harbin Traditional Chinese Medicine Hospital in China. Rui Nan is a Nationally Certified Diplomate in Acupuncture through the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) and is a licensed acupuncturist in Colorado. Rui Nan currently has a private practice on the CSTCM campus.



**Matthew Orischak, Lao She**

Matt earned the title of Lao She in 2015 from the Wu Dang Nei Jia of D.A.O. His teaching draws from the disciplines of Wu Dang Taijiquan, Baguazhang, Xing Yi Quan, Qi Gong, and Dao Yin, as well as various Meditation systems. His teaching emphasizes increasing kinesthetic intelligence, health and working toward energetic harmonization; integration of physical, energetic, mental and spiritual facets of internal training; and establishing and enhancing Integral transformative practice. After many years of experience with various movement systems from martial arts to dance to juggling, Matt found a profound capacity and ardor for Nei Gong (internal training) and its many and varied sub-disciplines mentioned above, and is dedicated to sharing the internal arts with any and all who can benefit from their practice.



**Angie Pierce, L.Ac., Dipl. O.M., MSTCM**

Angie earned her Bachelor of Arts in Psychology from the University of Colorado Boulder in 1991 and after 20 years in the Healthcare field, went back to school and earned her Masters of Science degree in Traditional Chinese Medicine from the CSTCM in 2013. Angie has practiced tai qi, and Qi gong for over 20 years and finds time to dance at least once a week. She is certified by the NCCAOM in oriental medicine and is a licensed acupuncturist in Colorado. Angie has an acupuncture and herbal medicine practice in Denver Colorado where she says her specialty is people.



**Patti Polman, L.Ac., Dipl. Ac. & CH, Dipl. TCM**

Patti graduated from CSTCM in 1994. She received her Associate's Degree in Dental Hygiene from Indiana University and worked as a dental hygienist for more than ten years before studying Traditional Chinese Medicine. Patti is a Nationally Certified Diplomate in Acupuncture and Chinese Herbology through the NCCAOM and is a licensed acupuncturist in Colorado. Patti currently has an Acupuncture and Chinese Herbal Medicine practice in Denver Colorado, specializing in gentle Japanese acupuncture and Chinese herbal medicine for the whole family, including pediatrics.

Faculty



**Billy Quintana, L.Ac., Dipl. O.M., MSTCM, BA**

Billy obtained his Bachelor of Arts in Environmental Science with a focus in Chemistry from Colorado College in Colorado Springs, Colorado in 2007. After realizing he had a special interest in how our surroundings affect our holistic health, Billy attended the CSTCM in Denver, Colorado. Currently, he holds his master's in Traditional Chinese Medicine, is certified by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) in Oriental Medicine and is a licensed acupuncturist in Colorado. Billy has a special interest in cosmetic acupuncture, skin disorders and Chinese herbology. He currently has a private practice in Denver,

Colorado.



**Scott Richardson, L.Ac., Dipl. Ac., DAOM**

Scott has 6 years of graduate and post graduate education in acupuncture and needling therapy. He received a Masters and Doctorate degree from Pacific College of Oriental Medicine in San Diego California. In addition to his training in the US, Scott also studied at Chengdu University in China and did an apprenticeship in Taipei Taiwan. He has over 15 years of experience treating athletes and will often combine multiple modalities like manual therapy, Acupuncture, Dry Needling, Injection Therapy, and sports taping to achieve effective and long lasting results. Scott is the President Emeritus of the Acupuncture Association of Colorado. As an Ironman Triathlete, Scott has a unique insight into the needs of athletes and active people. Scott has a private practice in Denver Colorado.

Scott has a unique insight into the needs of athletes and active people. Scott has a private practice in Denver Colorado.



**Camille Rodriguez, L.Ac., Dipl.Ac., MSTCM**

Camille began her professional career in Emergency Medical Services as a paramedic in 1995. She earned her Master's Degree in Acupuncture at the Colorado School of Traditional Chinese Medicine in 2012 and shortly after earned her Master's Degree in TCM at the Colorado School of Traditional Chinese Medicine. She is a Nationally Certified Diplomate in Acupuncture through the NCCAOM and is an L.Ac. in Colorado. Camille has been treating patients in her private practice since September 2012 in the Centennial area.



**Sandra Schwartz, L.Ac., Dipl.O.M., BBA, MAOM, DAOM**

Dr. Schwartz, author of the Acupuncture Business Success Book: The Ultimate Step-by-Step Guide to Building and Growing a Successful Acupuncture Practice, is a Doctor of Acupuncture and Oriental Medicine and owner of Renewed Health LLC, her clinic in Round Rock, Texas. She received her Masters of Oriental Medicine and Doctorate of Oriental Medicine from the Academy of Oriental Medicine in Austin (AOMA) in 2008 and 2016 respectively. In recognizing a trend that new acupuncturists were failing, not because of lack of healing skills, but because they did not possess the business skills of running a clinic, Dr. Schwartz decided to share her knowledge,

to not only help practitioners build their clinics, but to also grow their clinics to be profitable. Having a Bachelors of Business degree from the University of Texas in Austin, along with decades of working as a Software Engineer in project management, has given her novel insights into what works to make a business successful.



**Emily Sealy, L.Ac., Dipl. Ac., MSTCM, BS**

Emily has a Bachelor of Science degree in Integrative Healthcare, and a Master of Science degree in Traditional Chinese Medicine (MSTCM). She is a Nationally Board certified Diplomate in Acupuncture by the NCCAOM. After struggling with chronic illness since adolescence, Emily first found holistic healthcare by learning Reiki in 2007. This propelled her into the world of alternative medicine. A friend recommended acupuncture and CHM later on, which created such profound changes that she felt inspired to learn more. Emily is passionate about helping empower patients on their own healing journeys.

Faculty



**Christopher Shiflett, L.Ac., Dipl. O.M., MSTCM**

Christopher was educated at CSTCM. He received a Masters of Science degree in Traditional Chinese Medicine, and is a Nationally Board certified Diplomate of Oriental Medicine in acupuncture and herbal medicine therapies by NCCAOM. He has also studied Traditional Chinese Medicine at the Shaanxi College of Chinese Medicine in Xianyang, China. He was drawn to Traditional Chinese Medicine after receiving a diagnosis of Crohn’s disease, an autoimmune disorder that affects the gastrointestinal tract. After being introduced to Chinese medicine by a Taiji instructor, he took the steps to begin a path in the medical field. He developed both a love and devotion to Chinese herbal medicine as he was able to find solutions for his own symptoms and illness that simply were not offered or available with the western medical care he was receiving.



**Donna Sigmond, L.Ac., Dipl. O.M., DACM, RDN, LCh, CLT, FAAMFM, ABAAHP**

Donna earned her Master of Science in Acupuncture degree from Southwest Acupuncture (2004), and Doctor of Acupuncture and Chinese Medicine degree from Pacific College of Oriental Medicine (2019). She is also certified Genomic Medicine Clinician, Certified LEAP Therapist (CLT), and Certified NADA (National Acupuncture Detoxification Association) Specialist.



**Melati Stevens, L.Ac., Dipl. Ac., MSTCM, DAOM**

Dr. Melati Stevens is a nationally board-certified and licensed acupuncturist and herbalist with a dual-specialization in Oriental Medicine in Santa Monica, CA, where she received her specializations, earned a DAOM, and expanded her interests in Rehabilitative Medicine, Fertility, and Cardiology. She completed her MSTCM at CSTCM, gaining proficiency in conjunct modalities including Cupping, Auricular, and Electro-Stimulation Acupuncture. Internal and Physical Medicine, extensively experienced in the treatment of Sports Medicine, Functional Medicine, and Immunology. She completed her doctoral residency at Emperor’s College of

Traditional



**Maya Suzuki, L.Ac., Dipl. Ac.**

Heather “Maya” Suzuki lived and worked in Japan as an acupuncture and moxibustion therapist for over 10 years. Maya studied acupuncture at Toyo Shinkyu Senmon Gakko. She apprenticed and worked at Acura Acupuncture Clinic. During school Maya also became a member of Iyashi No Michi Kyokai and Tanioka’s Daishiryu shonishin styles. In 2015 she attained dual licensure in Japan and the U.S. She is a nationally certified Diplomate of acupuncture through the NCCAOM. Maya teaches Japanese acupuncture nationally and internationally, is the main translator and a mid-level practitioner for Iyashi No Michi, and is a mid-level practitioner of Daishiryu. She volunteers as a translator for the North American Journal of Oriental Medicine where she publishes articles on Japanese acupuncture. She owns and runs Bumblebee AcuTherapy, where she utilizes Japanese acupuncture and shonishin, as well as moxibustion to mainly treat perinatal and pediatric conditions.



**Stephen Ulmer, MSTCM**

Stephen Ulmer is a practitioner of Traditional Chinese Medicine. He graduated in 2014 from the Colorado School of Traditional Chinese Medicine in Denver with a master’s degree in Traditional Chinese Medicine. He currently practices TCM in Denver and the surrounding area. Stephen has managed Yan Jing Supply, the oldest Chinese medicine pharmacy in Denver for more than 6 years. This position has allowed him a unique experience in helping the general public with herbal recommendations and fulfilling practitioners’ formulas for 1000’s of patients.

Faculty



**Robin van Maarth, L.Ac., Dipl. O.M., DACM**

Robin got her first ever acupuncture treatment at the CSTCM student clinic over 25 years ago, which sent her on the path to eventual practice. Robin is a Colorado native and has been licensed to practice acupuncture in Colorado since 2009. She maintains a general practice in Denver in a multidisciplinary healthcare office and has a practice in Englewood, CO. She graduated from Touro Health Sciences College Graduate Program in Oriental Medicine in New York City and earned a Doctorate of Acupuncture and Chinese Medicine from PCOM. She is a nationally certified Diplomate of Oriental Medicine through the NCCAOM.



**Caylor Wadlington, L.Ac., Dipl. Ac.**

Caylor began his oriental medical studies in Santa Fe at the Kototama Institute, where instruction focused on classical Japanese-style acupuncture. After completing that two-year acupuncture program in 1982, he traveled to Taiwan to attend the Taipei Institute of TCM. He then completed his Doctorate in Oriental Medicine at SAMRA University of Oriental Medicine in 1988 where he focused on Chinese medical translation work. He is a nationally certified Diplomate in acupuncture through the NCCAOM and is a licensed acupuncturist in Colorado. He practices in Denver, Colorado.



**Emory Wilder, MD, LMT**

Emory has been teaching at the undergraduate and graduate level in Integrative Health Care and the Life Sciences since 2004. Emory holds a M.D. degree with training in Energy Medicine, Massage (LMT), and Yoga. Currently, Emory teaches in Integrative Health Care at Metropolitan State University of Denver, Red Rocks Community College, and Georgian Court University.



**Nicholas Wismann, L.Ac., Dipl. Ac., MSAOM**

Nicholas originally earned his bachelor's degree in Integrative Physiology at the University of Colorado. After studying abroad in Kunming, China he returned to the U.S. first attending massage school then attending Bastyr University to earn his graduate degree in Chinese Medicine. He is a nationally certified Diplomate in acupuncture through the NCCAOM and is a licensed acupuncturist in Colorado. He has served as a medical volunteer in the barrios of San Jose, Costa Rica, worked in a progressive assisted living center in Seattle, studied sustainable medical practices in Cuba, worked in several low-income clinics, studied medicine in both Shanghai and the Yunnan Province of China. He currently maintains his private practice in Centennial, Colorado.



**Steven Wong, L.Ac., Dipl.Ac., MS, PhD (China)**

Steven recently returned from an 11-year stay in Beijing, where he received both his Master's and PhD in Acupuncture and Tui Na from Beijing University of Chinese Medicine in 2015 and 2019, respectively. He was worked in the nationally recognized Guoyitang clinic in Beijing for over seven years. The tui na lineage of his graduate advisor for both degrees, Prof. Yu Tianyuan, primarily stems from the Imperial School of Tui Na, but also pulls from other traditions and schools. The acupuncture lineage he studied for over four years was that of Dr. Guo Tingying, a recognized Shanxi master of acupuncture and lineage holder for the Guo family technique. The herbal lineage he studied for over six years was from Prof. Li Xingguang, a disciple of the National Master Yan Zhenghua. He has published numerous articles in Chinese, as well as both dissertations. He specializes in orthopedic, dermatological, gynecological and organ disharmony diseases. In 2015, he also became a formal disciple of Baguazhang Master Gao Jiwu, the lineage holder of the Gao Branch of Liang Style Baguazhang.

Faculty



**Rick Woodward, L.Ac., Dipl. TCM**

Rick graduated and received his diploma at CSTCM in Fall 2001. His interest in Chinese medicine started after years of working in the Psychology and Western Medical fields. He specializes in the treatment of pain, anxiety, stress and insomnia. He also did a month of intensive clinical training in Beijing in 2006. He enjoys many outdoor activities, especially mountain biking, hiking and golf. He has a practice in Littleton, Colorado.

## Guest Lecturers

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### Guest Lecturers

Over the years many esteemed practitioners have contributed to the excellence and shared their vision and professional skills with the CSTCM community. Our guest lecturers have enriched the CSTCM experience for hundreds of students and graduates while nurturing the next generation of Chinese Medicine practitioners. Some of the lecturers listed are in memoriam, having passed into the great mystery whence they came. All have graced others and each other with their love and respect for Acupuncture and Chinese Medicine. CSTCM extends the warmest appreciation to all who have spent time and energy teaching here.

*\*All guest lecturers listed in this section only teach in the CEU Program.*

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*Dede Barry, L.Ac.*

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*Jason Blalack, L.Ac.*

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*Stephen Brown, L.Ac.*

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*Chip Chace, L.Ac., Dipl. Ac. & CH (in memoriam)*

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*Honora Lee Wolfe, L.Ac., Dipl. Ac., C.M.T.*

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*Susan Johnson, L.Ac.*

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*Xiaochuan Pan, BM & M.M. (TCM - China)*

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*Denise Ellinger, L.Ac., Dipl. Ac.*

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*Jake Paul Fratkin, L.Ac., Dipl. Ac., DOM (NM)*

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*Michael Gaeta, L.Ac., Dipl. Ac.*

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*Whitfield Reaves, L.Ac., Dipl. Ac., CA, DOM (NM)*

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*Jason D. Robertson, L.Ac.*

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*Tom Bisio, L.Ac.*

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*Greg Cicciu, L.Ac., Dipl. Ac., AP (Florida)*

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*Henry McCann, L.Ac., DAOM .*

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*John Howard, L.Ac.*

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*Dr. Sung Yul Kim, PT, MSPT, Ph.D (South Korea)*

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*Mary Elizabeth Wakefield, L.Ac.*

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*Mark Costello, L.Ac., MA*

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*Atsuki Maeda, L.Ac., M.T.O.M .*

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*Nate Mohler, L.Ac., Dipl. Ac., MSOM*

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## Admissions

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### Admissions

CSTCM offers admissions into Master's (MAc, MAcCHM) and PD (DAc, DAcCHM) programs and offers the dual degree Master's and PD degree programs.

For the Master's degree programs, the CSTCM admissions policy requires students entering the MAc and MAcCHM programs must have completed at least two academic years (60 semester credits / 90 quarter credits) education at an accredited institution, accredited by an agency recognized by the U.S. Secretary of Education. CSTCM does not accept any prior learning assessment as part of the 60-semester credit (MAc, MAcCHM) admissions requirement.

The CSTCM admissions policy for initial enrollment in the Professional Doctoral Programs (PD) states: For admission into the DAc or DAcCHM programs, CSTCM prefers candidates who have completed a Bachelors' degree from an accredited institution, accredited by an agency recognized by the U.S. Secretary of Education but will accept those with 90 semester or 135 quarter credits of undergraduate work as documented on an official transcript sent directly to CSTCM.

CSTCM also applies the ACAHM guidelines for multiple routes for completion of the PD program.

- Enroll in PD program at initial enrollment by using the CSTCM Dual degree option. There is also a PD only option available. CSTCM advises students to choose the dual degree option as the best option for initial enrollment in the PD programs.
- CSTCM allows currently enrolled Master's Degree Students (MAc, MAcCHM) to enroll in the matching CSTCM PD program (MAc to DAc or MAcCHM to DAcCHM) after completing a portion of the master's program at CSTCM. Please speak with the CSTCM Dean of Students and or Registrar to enroll in this PD option. The completion of the 90 semester or 135 quarter credits of undergraduate work is required to qualify for this option.
- Transfer into the CSTCM PD program from a master's and/or PD program at another institution. CSTCM allows this option provided that the transfer student meets the 90 semester or 135 quarter credits of undergraduate work. All PD admissions requirements apply. In addition the CSTCM Transfer Credit policy applies to the amount of transfer credit allowed (see p 46 of the CSTCM catalog).
- Applicants who have completed an EAM accredited master's program have the option to enroll in the CSTCM PD completion track. Applicants to the DAc or DAcCHM program who have a master's degree from an ACAHM accredited program and who meet all DAc or DAcCHM program entrance requirements may enroll in a DAc or DAcCHM completion track, which consists of all 400- level coursework. The completers track option is available, pending accreditation of the CSTCM PD programs. The CSTCM PD is on track to receive PD accreditation in the Spring of 2023. In that event CSTCM will offer the PD completion track in the Summer of 2023.

Applicants accepted into the program who have not completed prerequisites in biology, chemistry, and psychology can complete the required prerequisite coursework by taking any of the courses needed as part of the curriculum required in the MAc or MAcCHM programs. Completion of the CSTCM MAc and or MAcCHM biology, chemistry, and psychology courses or equivalent from an ACAHM accredited AOM school is required to be admitted into the CSTCM DAc and DAcCHM programs.

Applicants are also required to provide two letters of recommendation, a Curriculum Vitae, two passport photos, valid photo identification, a personal statement, and an interview with a CSTCM administrator. Applications to enter any of the programs offered at CSTCM are accepted throughout the year. Students may enter the program three times a year (beginning of January, May, or September). We do not accept credit through prior learning assessment for the admissions requirement of 60 or 90 college semester credits.

CSTCM is approved to issue an I-20 Certificate of Eligibility for an F-1 Student Visa for international students. In considering the acceptance of education and training obtained in foreign countries, credits earned at a foreign educational institution must be validated by a recognized educational credentials evaluation service. International students are responsible for their own English translation of transcripts and educational credential review of transcripts by an authorized agency if needed. (One such service is the World Education Services, Inc., PO Box 745 Old Chelsea Station, New York, NY 10013-0745, telephone 212-966-6311).

The Immigration and Naturalization Service requires that all students on an F-1 visa maintain a full-time program of study, participate in classes regularly, and maintain satisfactory progress. International students must also send an

## Admissions

affidavit of financial support from the student's sponsor or bank to show proof of sufficient funds to meet their tuition and living expenses for at least one year. English language competency is required of all students seeking admission to the program taught in English.

CSTCM's programs are all taught in English. Therefore, English language competency is required for all students seeking admission.

International applicants whose native language is not English are required to provide proof of English proficiency for admission to degree, certificate, and non-degree graduate programs. This must be demonstrated by one of the following means:

1. The applicant must have completed one of the following:
  - a) four years at a U.S. high school demonstrably delivered in English;
  - b) at least two-years (60 semester credits or 90 quarter credits) of undergraduate or graduate-level education in an institution accredited by an agency recognized by the U.S. Secretary of Education;
  - c) at least two-years (60 semester credits or 90 quarter credits) of undergraduate or graduate-level education demonstrably delivered in English;
  - d) high school or two-years (60 semester credits or 90 quarter credits) of undergraduate- or graduate-level education in an institution in one of the following countries or territories: American Samoa; Anguilla; Antigua & Barbuda; Australia; Bahamas; Barbados; Belize; Bermuda; Botswana; British Virgin Islands; Cameroon; Canada (except Quebec); Cayman Islands; Christmas Island; Cook Islands; Dominica; Federated States of Micronesia; Fiji; The Gambia; Ghana; Gibraltar; Grenada; Guam; Guyana; Ireland; Isle of Man; Jamaica; Kenya; Lesotho; Liberia; Malawi; Montserrat; Namibia; New Zealand; Nigeria; Norfolk Island; Papua New Guinea; Philippines; Pitcairn Islands; Sierra Leone; Singapore; South Africa; South Sudan; St. Helena; St. Kitts & Nevis; St. Lucia; St. Vincent & the Grenadines; Swaziland; Tanzania; Trinidad and Tobago; Turks and Caicos Islands; United Kingdom; U.S. Virgin Islands; Uganda; Zambia; Zimbabwe.

In all cases, English must have been both the language of instruction and the language of the curriculum used.

OR

2. The applicant must have completed one of the following assessments at the required level:

ASSESSMENT TOOL	ACCEPTABLE SCORE
Test of English as a Foreign Language Internet-Based Test (TOEFL® iBT)	Total: 61
International English Language Testing System (IELTS), Academic Format	Overall band: 6
Duolingo English Test	90
China Standard of English Language (CSE)	CSE 6
Cambridge First Certificate in English (FCE)	C
Cambridge English Advanced (CAE)	C
Common European Framework Reference (CEFR)	B2
Occupational English Test (OET)	250, C
Pearson Test of English (PTE), Academic	Overall: 45

All students entering the program must have a laptop or other suitable device for accessing PDF course materials and other digital and online materials.

CSTCM is looking for students who have a realistic view of education and show the desire, motivation, and firm commitment to become dedicated, compassionate, and skilled TCM practitioners. The admissions committee assesses applicants throughout the application process. The committee reviews each applicant from numerous perspectives, including academic achievement, professional and life experiences, communication skills, and motivation. The programs at CSTCM require a strong commitment to learning multiple difficult skills. Prospective applicants are welcome to

## Admissions

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schedule an appointment with a CSTCM representative who will assist the prospective applicant in making a decision about applying. They can also arrange a tour of the school and visit some classes. We encourage all prospective applicants to visit the school. These arrangements can be made with the Recruitment Director.

CSTCM has a nondiscrimination policy. Qualified applicants are considered based on individual merit without regard to disability, gender, veteran status, marital status, sexual orientation, age, religion, race, or national or ethnic origin. This policy applies to all school matters and to all rights, privileges, programs, and activities generally accorded or made available to students at CSTCM.

Completed applications are due at least 2 months before the start of the trimester. Class size is limited for accelerated and full-time students. If space allows, applications may be accepted up to 1 week before the start of each trimester, although we recommend applying early. Those who are not accepted into the entering class for space reasons will be put on a waiting list. For CSTCM to plan a student's program, follow academic progress, and coordinate Financial Aid, all students must declare which program (accelerated, full-time, half-time, part-time) they are in, with a projected graduation date.

Accelerated is considered to be over 240 hours per trimester.

Students in the accelerated MAc program can graduate in 28 months, while those in the accelerated MAcCHM program can graduate in 36 months.

Accelerated DAc students can graduate in 32 months. Accelerated DAcCHM students can graduate in 40 months. Full-time is 180-239 hours per trimester. Full-time students should graduate in about 4 years.

Half-time is 120- 179 hours per trimester. Part-time study is anything less than 120 hours per trimester.

Students must finish the MAc program in a maximum of 6.66 years (80 months) or the MAcCHM program in a maximum of 8.33 years (100 months). The DAc maximum allowable time to complete is 7.33 years (88 months) and 9.33 years (112 months) to complete the DAcCHM.

Students who would like to transfer from another acupuncture and or Chinese medicine school must follow the same application process. (See Academic Procedures - Transfer Students Credit in the Student Handbook).

CSTCM reserves the right to cancel a starting class or specific courses if the number of students enrolling is deemed insufficient. If a starting class is canceled, CSTCM will fully refund all money paid by students denied admittance.

***All students must meet graduation requirements in effect at the time of graduation, rather than at the time of application unless written policy states otherwise.***

### Transfer Student's Credit

Transfer students must meet all admissions requirements of the MAc, MAcCHM, DAc, or DAcCHM programs in effect at the time of their official matriculation.

CSTCM only accepts transfer credits from post-secondary educational institutions accredited by an agency recognized by the U.S. Department of Education, and only if they are equivalent to published degree requirements in content, rigor, and credit hour requirements. CSTCM only accepts transfer credits documented by an official transcript sent directly to the institute. For credits earned more than five years prior to admission, students must document that the requisite knowledge and competencies have been retained.

Students may transfer up to 50% of the total program credit requirements and no more than 25% of clinical credits. CSTCM does not enroll non-matriculated students into its programs.

Applicants to the DAc or DAcCHM program who have a master's degree from an ACAHM accredited program and who meet all DAc or DAcCHM program entrance requirements may enroll in a DAc or DAcCHM completion track, which consists of all 400- level coursework.

*Please refer to the Standard Fee Schedule for current information on Transfer Credit and Application Fees. For more information on transfer credit contact the CSTCM Recruitment Director, [recruiting@cstcm.edu](mailto:recruiting@cstcm.edu)*

## Tuition and Fees

### Fee Schedule

#### Admission Fees

Application Fee (non I-20 Visa) .....	\$50.00
Foreign (I-20 Visa) Student Application Fee.....	\$100.00
Late Application Fee (within 30 days of class starting) .....	\$100.00
OM School Transfer Student Application Fee.....	\$100.00

#### Standard Fees Per Trimester

Clinic Fee (per trimester).....	\$95.00
Documents Processing /Transcript Fee (Includes transcripts to NCCAOM, state, student, etc.) (per trimester) .....	\$20.00
Library Fee (per trimester).....	\$25.00
Registration Fee (per trimester, based on hours enrolled) Accelerated Registration Fee (>=16 hrs/wk).....	\$10.00
Full-Time or less Registration Fee (<16 hrs/wk)	\$25.00
Student Malpractice Insurance (per trimester).....	\$75.00
Technology Services Fee (per trimester) .....	\$95.00

#### Circumstantial Fees

These fees are incurred under special circumstances

#### Administrative Fees

Add/Drop Clinic Fee (after Registration) .....	\$75.00
Add/Drop Course Fee (after Registration).....	\$25.00
Audit Fee (per trimester).....	\$100.00
Clinic Orientation / OSHA Training make-up.....	\$100.00
Incomplete in a Course .....	\$25.00
Late Payment Fee (charged monthly on accounts past due 15 days or more) .....	\$25.00
Late Registration Fee (any time after posted deadline).....	\$100.00
Missing Academic Advising.....	\$50.00
Official Transcripts (other than graduation set) .....	\$10.00
Additional Licensing Paperwork Fee per hour ...	\$20.00
Part-time / Half-time Administrative Fee (under 12 hours/week) .....	\$175.00
Replacement Diploma.....	\$30.00
Returned Check Fee.....	\$35.00
Student ID Card (replacement) .....	\$10.00
Transfer (Program Intra-institutional Conversion) ..	\$300.00
Withdrawal Fee.....	\$150.00

#### Transfer Credit

Transfer Credit Evaluation Fee .....	\$50.00
Transfer Credit per Course Fee (Non-TCM Courses, not to exceed \$500) .....	\$50.00
Transfer Credit per TCM Course Fee (not to exceed \$500).....	\$25.00

#### Examination Fees

Course Challenge Exam (per exam).....	\$100.00
Make-up Exams / tests / Quizzes (missed due to illness, etc.) .....	\$40.00
Practical Individual Skill Evaluation Retake (Skills for Acu Moxa A/B/Internship 1) .....	\$75.00
Practical Skill Evaluations Make-up (missed due to illness, etc.) (Skills for Acu Moxa A/B/Internship 1).....	\$75.00
Re-Take Exam / Test / Quiz (previously failed) (within 7 days of receiving score) .....	\$60.00
(after 7 days) .....	\$100.00
Re-Take Proficiency Exam Re-Take 3rd & 6th Trimester Proficiency Exam (Written, per section) .....	\$60.00
Re-Take 4th Trimester Practical .....	\$75.00
Re-Take Final Proficiency Exam (each section) .....	\$60.00

#### Tuition

Accelerated / Full-Time / Half-Time / Part-Time Student Tuition (per classroom hour averages).....	\$23.00
Entire program MAc Tuition 2,370 hours*.....	\$54,510.00
Entire program MAcCHM Tuition 3,045 hours*.....	\$70,035.00
Entire program DAC Tuition 2,700 hours .....	\$62,100.00
Entire program DACCHM Tuition 3,375 hours ..	\$77,625.00
Entire program Tuition paid in advance (guarantees current tuition rate for entire program) .....	5% discount

Tuition and fees are subject to change at the start of each trimester only. Payment for each trimester is due the first day of class. Entire Program Tuition paid in advance guarantees current tuition rate for entire program.

\* Seminars are not figured in the tuition costs and range from \$50 to \$300. They are recommended, but not required.

All fees are non-refundable

## Academic Procedures

### Total Cost of Program

<b>Total Cost of Program for Full-Time enrollment (average of 15 credits per trimester)</b>				
<b>Program</b>	<b>MAc</b>	<b>MAcCHM</b>	<b>DAc</b>	<b>DAcCHM</b>
<b>Program Hours</b>	2370	3045	2700	3375
<b>Credits</b>	126.5	163	143.5	180
<b>Tuition per hr</b>	\$23 per hr	\$23 per hr	\$23 per hr	\$23 per hr
<b>Total tuition</b>	54,510	70,035	62,100	77,625
<b>Fees</b>	2,700	3,600	3,000	4,200
<b>Books, Supplies</b>	2,480	3,300	2,650	3,650
<b>Total cost of program</b>	\$59,690	\$76,935	\$67,750	\$85,475

### Licensing Paperwork Fee

Often when a graduate is seeking licensure in a state or country, there will be an associated amount of paperwork for a designated CSTCM official to complete. In most cases, this paperwork takes the staff a negligible amount of time to complete, but in some cases, a significant amount of time is required to complete these requests taking time away from the day-to-day tasks of running the school. CSTCM will charge a rate of \$20.00 per hour for all licensing paperwork that requires over half an hour of processing time.

### Financial Aid

The Colorado School of Traditional Chinese Medicine works hard to offer a supportive educational atmosphere. CSTCM makes every effort to assist students in obtaining educational funding.

CSTCM is certified by the U.S. Department of Education to participate in the Title IV Student Aid Programs, including Stafford, Grad PLUS, and alternative student loans. To be eligible for federal student aid at CSTCM, students must submit a Free Application for Federal Student Aid (FAFSA), be enrolled in at least 6 credits each trimester, and comply with all CSTCM academic procedures and guidelines.

Private corporations and foundations which offer scholarships and grants can be found in most public and university libraries or contact the Financial Aid Administrator for information regarding scholarship opportunities.

Financial aid recipients must meet Satisfactory Academic Progress (SAP) as outlined in the Student Handbook.

### Veterans Benefit Programs

CSTCM is approved by the Colorado State Approving Agency to accept Veterans Administration educational benefits for eligible participants. The program is approved for VA rehabilitation and educational benefits under the GI Bill®. Students receiving Chapter 33 benefits should note that the student must make all book purchases. For more specific information, please contact the Financial Aid Administrator. GI Bill® is a registered trademark of the U.S. Department of Veterans Affairs (VA). More information about VA's education benefits is available at the official U.S. government Web site at <https://www.benefits.va.gov/gibill>.

For students using Chapter 31 or 33 VA benefits, CSTCM adheres to Section 103 of the Harry W. Colmery Veterans Educational Assistance Act of 2017. Any covered individual is permitted to attend or participate in classes during the period beginning on the date on which the individual provides to the educational institution a certificate of eligibility for entitlement to educational assistance under chapter 31 or 33 (a certificate of eligibility can also include a "Statement of Benefits" obtained from the Department of Veteran Affairs (VA) website - eBenefits, or VA 28-1905 form for chapter 31 authorization purposes) and ending on the earlier of the following dates:

- The date on which payment from V A is made to the institution,
- 90 days after the date the institution certified tuition and fees following the receipt of the certificate of eligibility.

## Academic Procedures

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CSTCM will not impose any penalty, including the assessment of late fees, the denial of access to classes, libraries, or other institutional facilities, or the requirement that a covered individual borrow additional funds, on any covered individual because of the individual's inability to meet his or her financial obligations to the institution due to the delayed disbursement funding from VA under chapter 31 or 33.

### **State Vocational Rehab Programs**

CSTCM is approved for various Colorado State Vocational Rehabilitation Programs.

### **Tests / Quizzes / Exams**

Written, practical and oral exams are used to determine the student's progress. CSTCM requires at least 2 quizzes, a mid-term and final exam in each course unless the course is Pass/Fail. See the Student Handbook.

## Academic Procedures

### Grades

Students will receive a final grade for each course within 3 weeks of the end of the trimester. Grades are determined by written, oral, practical quiz/test/exam scores, class participation, clinic, and extra credit projects. Re-tests could be the same test or could be a different test at the instructor's discretion.

Each course syllabus gives the grading procedure for that course. Clinical classes and continuing education classes are Pass/Fail.

#### **COURSE GRADING POLICY**

##### Grade Point

A+	98-100	4.0
A	95-97	3.85
A-	92-94	3.7
B+	89-91	3.3
B	86-88	3.0
B-	83-85	2.7
C+	80-82	2.3
C	77-79	2.0
C-	74-76	1.7
D+	71-73	1.3
D	70	1.0
F	less than 70	0.0
P	Pass	
I	Incomplete	
W	Withdraw	
AU	Audit	
TC	Transfer Credit	
CP	Challenge Pass	

Grades A+ through F are used in determining the grade point average. All other grades carry no points and are not used in determining grade point averages.

No transcripts or documents will be released if there is an outstanding financial balance owed to CSTCM.

### Progress Evaluations

Instructors are required to notify the Administrative Office of any student whose academic progress is in question after mid-term exams in order for the student to have ample time to improve their academic progress. Trimester 4 students are evaluated with an oral/practical exam near the end of the trimester to ensure their clinical preparedness for entering the student clinic the following trimester. At the end of each trimester, all students are evaluated by relevant faculty to determine eligibility to enter the next trimester. All clinical interns are evaluated during each trimester in clinic. Any student intern with poor performance of any kind in clinic could be required to repeat that particular clinic.

### Course / Faculty / Administration Evaluations

One time during each trimester, students will be given evaluation forms to evaluate the effectiveness of the instruction at CSTCM. Each course, each instructor, and the CSTCM administration will be evaluated every trimester. This information is then compiled, and instructors are given a summary. Instructors never see the original evaluation forms. The information is used for future development and planning of the program.

Before graduation, graduates are given a program evaluation and a questionnaire to give an overall assessment of the program and their experiences, along with questions about their progress in clinical practice.

## Academic Procedures

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### Honors List

The Honors List recognizes scholastic achievement in any given trimester for students completing all courses, including twelve or more credits, whose average percentile of all courses taken for that trimester was 94% or better. Honors List will be recorded on transcripts & posted on the bulletin board.

### Academic Achievement Award

Each calendar year, one student is awarded our Academic Achievement Award for receiving the highest average percentile for their courses that year. To be eligible, the student must be consistently enrolled in twelve or more credits and have no Incompletes. In the event of a tie, the previous trimester will be used in the calculation.

### Participation / Tardiness

In learning TCM, Participation in all classes is crucial. CSTCM expects 100% Participation in all clinical observation, courses, and student clinics. Missing classes may very well limit a student's competence as a practitioner. Students are expected to arrive on time for all classes. Any student arriving to class more than 15 minutes late may not be allowed to enter the class, which will constitute one missed participation. Tardiness is disrespectful to the instructor and to classmates. Tardiness or leaving class early may be counted as missed participation or lowering of the student's grade, at the instructor's discretion.

In the student intern portion of the program, students are expected to remain in the clinic / Yan Jing Supply area for the clinic's duration and remain in all classes until the class is over unless they have the instructor's permission to leave early. Disregarding this policy may lower a student's grade, the possibility of an incomplete grade, or an academic warning.

(See Student Handbook)

### Drop / Add Courses

Students may Add any class during the first two weeks of the trimester with the approval of the Academic Dean of Students. Students may drop any class until the 10<sup>th</sup> week of the trimester with the approval of the Academic Dean of Students. After the tenth week, no more drops will be allowed.

Notice of withdrawal from a course must be made in writing and submitted to the Academic Dean of Students. There is a Drop/Add fee after the final registration of \$25 for each course or \$75 for each clinic. Any refunds shall be made according to the refund policy. Students who go on a LOA are not charged any drop fees.

Students need to keep a copy of any enrollment agreement, contract, or application to document enrollment; tuition receipts or canceled checks to document the total amount of tuition paid; and records showing the percentage of the course work completed. Such records could help substantiate a claim for reimbursement if there is a problem.

### Leave of Absence

A student may apply for an approved leave of absence (LOA) at any time. The student requesting the LOA must deliver the completed LOA request form to the CSTCM Academic Dean of Students. The LOA request form must be dated and signed, including the reason for the LOA, and report the student's anticipated return date. LOA requests are usually granted for medical, maternity, financial, personal, family, emergencies, or military duty requirements.

The time frame allotted for a LOA is one trimester. A student who is granted a LOA must meet all graduation requirements that are in effect at the time of re-admission regardless of what the requirements were when the student was initially enrolled.

A student will need to reapply to the program if they do not return within the time granted for LOA and be subject to readmission policy. If a student does not return, then the student will be withdrawn from the program.

LOA forms are located in the forms bin in the hallway. Students who intend to return from LOA must contact the Dean of Students the trimester before their return and schedule a readmissions interview with the Dean of Students and Administrative Director as representatives of the Admissions Committee.

When a student does not return from LOA, their grace period starts on the day they started their LOA. If a student decides to withdraw during an LOA, the date of withdrawal and the start of the grace period is the day LOA began.

No Add/Drop fees will be assessed to a student who is going on a LOA.

## Academic Procedures

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Students on Financial Aid who do not return from an LOA are likely to have a change in the status of their loan repayment terms, including the exhaustion of some or all of the student's grace period. Please see the Financial Aid Administrator if you have any questions.

### Withdrawal / Termination

A student may voluntarily withdraw or terminate their enrollment contract at any time upon written notification to the School. Such notification will be entered into the student's record. Failure to withdraw/terminate properly may result in the assignment of failing grades that become part of the student's permanent record. An exit interview with the Dean is required for all students who withdraw/terminate. The official date of withdrawal shall be the date on which CSTCM receives written notice of the student's intention to discontinue the program of study.

When a student is aware of impending unavoidable missed participation, they should provide documentation regarding missed participation. Such documentation will be kept in the student's file for review by the administration when a suspension/termination decision is made. Failure to provide proper notification of impending unavoidable missed participation and or failure to participate in classes for 30 calendar days may result in suspension/termination. Any student who has been suspended or terminated for violation of the participation policy has the right to appeal. If the student feels there are extenuating circumstances that would alter their participation record, they must describe these circumstances in a letter to the Dean. The Dean must receive this letter on or before a specified appeal date. The student will be required to have a personal meeting with the Dean to discuss the appeal.

### Re-Admission

A student who has not participated in classes for more than one trimester must apply for re-admission and be admitted through the standard admission process before continuing in the program. Any outstanding bills owed must be paid before re-admission. Students who are allowed to re-enter the program must meet all graduation requirements and pay the tuition rate that is in effect at the time of re-admission regardless of what the requirements were when the student initially enrolled.

### Graduation Requirements

In order to graduate, students must:

- Successfully complete all courses (126.5 credits for MAc or 163 credits for MAcCHM) (143.5 credits for DAc or 180 credits for DAcCHM) with a minimum grade of D (70%) in each course:
- Complete all observation and clinical work to the satisfaction of the Clinic Director and document the required student- performed treatments (at least 250 student performed treatments for MAc. or 350 student performed treatments for MAcCHM) (DAc or DAcCHM must meet all the MAc or MAcCHM required observation and clinical work and student- performed treatments plus complete the 150 hours of PD Program CLI470 Clinical Internship 7 PD Integrative Acupuncture (& Internal Medicine) Clinic. CLI470 Integrative Clinic requires interns to engage in collaborative interactions with other medical providers in the clinical setting.
- MAc or MAcCHM have passed all sections of the CSTCM Final Trimester Written Proficiency Exam with at least a score of 70% for the MAc and MAcCHM degree programs. For the DAc or DAcCHM, it is required they met all graduation requirements and graduated from an ACAHM accredited equivalent MAc or MAcCHM degree program and have completed all CSTCM required DAc or DAcCHM course work and passed all required CSTCM Final Exams for the DAc or DAcCHM.
- Have a completed graduation checklist
- Clear all accounts with CSTCM (e.g. financial obligation, library books returned, etc.)

Upon graduation, each student receives an official copy of their transcript free of charge along with their graduation sets mailed to the NCCAOM and the state. Each additional set of official transcripts are \$10.

Specific information about licensure requirements in the 50 US States is available from the CSTCM Registrar. Please email the Registrar at registrar@cstcm.edu to request licensure information for a specific state or contact that state's licensing board to request information. Regulations for the practice of acupuncture/Chinese medicine differ from state to state. The book Acupuncture and Oriental Medicine Laws is in the library and gives the laws and contact offices for each state.

## Academic Procedures

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### Student Academic Conduct

A general overview of student academic conduct is provided below. Detailed explanations, guidance, and requirements on academic conduct, professionalism, ethics, and academic expectations for the programs are published in the Technical Standards, Student Handbooks, Clinic manuals, and syllabi. For example, students are subject to disciplinary action or dismissal for any of the following:

- unsatisfactory academic performance;
- failure to meet financial obligations;
- any type of dishonesty, such as cheating, plagiarism, forgery, or misuse of school documents;
- any type of theft;
- any type of property damage;
- unauthorized entry or use of any CSTCM facilities;
- any type of disruption, unprofessional behavior, or disorderly conduct in any class, clinic, or function;
- not leaving clinic, classrooms, or school grounds areas clean and tidy;
- any type of physical or emotional abuse or threats of violence;
- any type of unethical behavior in clinic;
- soliciting or assisting another to do any act which would subject a student to expulsion, suspension, or probation;
- use, possession, or sale of controlled substances or alcohol on CSTCM premises;
- practicing acupuncture while enrolled in the program and not under faculty supervision as part of the course of study. (See Student Handbook, Technical Standards, Clinic Manual and refer to syllabi for course-specific requirements related to expected academic conduct.)

The Dean will send a letter of warning to any student whose performance is unsatisfactory as defined above. The letter will define the situation, suggest corrective measures, set up a time frame for the measures to be carried out, and generally outline probationary procedures. If the student's performance does not become satisfactory, the student will be put on probation, and the student will remain on probation until the situation is corrected. This probation will be noted in the student's file. If the situation is not corrected, the student may be dismissed.

### Student Grievance Procedures, Complaint Form, and Guidance

A student with a grievance that cannot be first settled with an instructor, another student, or then by the Administration Office may follow the following procedure:

- File a Notice of Student Complaint if not satisfied with the replies.
- Apply for a grievance hearing before the Grievance Committee

Complaints, which cannot be resolved by direct negotiation between the student and the school, may be filed with the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM). ACAHM is located at 8941 Aztec Drive, Eden Prairie, Minnesota 55347; phone 952/212-2434; fax 952/657-7068. (Please note that ACAHM's complaint policy is not a mechanism for adjudication of disputes between individuals and programs. As such, the Commission will only consider complaints that allege violations of ACAHM's Eligibility Requirements, Standards and Criteria for Accreditation, policies or procedures. The Commission cannot, for instance, direct a program to change a grade, re-admit a student, or reinstate a faculty member.)

Alternatively, students may write to the Colorado Department of Higher Education, 1600 Broadway, Suite 2200, Denver CO. 80202; To file a complaint against a Colorado Institution of Higher Education (IHE), please visit this CDHE website: <https://higher.educolorado.gov/academics/complaints/> (Please note that the Colorado Department of Higher Education is a coordinating agency, not a regulatory agency. Therefore, the CDHE has limited jurisdiction over Institutions of Higher Education in the state of Colorado. Before filing a complaint with the CDHE, students must follow the appeal procedures at their IHE. Each IHE has a process for addressing student complaints. Filing a complaint with the CDHE is the last resort).

(See Student Handbook)

## Academic Procedures

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### Academic GPA Probation

A student whose average in all courses being taken during any given trimester falls below a 3.0 grade point average, or has received unsatisfactory evaluations from a clinic supervisor, will be placed on Academic Probation. While on probation, students should consider reducing their course load or acquiring a tutor. The student may be asked to drop any practical/clinical classes being taken for the remainder of the trimester and make up the hours in the next trimester. The student should make an appointment with the appropriate instructors and the administration to discuss their situation and see what can be done to help them. Students who do not clear probation within two trimesters may be dismissed or suspended for one trimester from the program.

### Academic GPA Dismissal

Students are subject to dismissal from the program under the following circumstances:

- not clearing Academic Probation within two trimesters, or
- issues as stated under Student Conduct.

### Academic Appeals Procedures

These procedures apply to appeals of grades, probation, suspension, or dismissal resulting from a finding of academic dishonesty. Informal communication between faculty and students will usually lead to a satisfactory resolution of disputes about grading, grade changes, cheating, plagiarism, or expulsion from class. If the student and the faculty member cannot arrive at a solution, the Academic Dean of Students should be consulted.

(See Student Handbook)

### Grade Appeals Process

(See Student Handbook)

### Student Right to Privacy of Educational Records

The amended Family Educational Rights and Privacy Act of 1974 (FERPA) and the Rules and Regulations of the U.S. Department of Health and Human Services provide certain rights regarding educational records. Students have the right to review their educational records; the right to request, by formal amendment or formal hearing, changes in those records if it is believed that the records are inaccurate, misleading, or violate the student's rights; and the right to insert in such records clarifying statements if, after a hearing, the school declines to make changes requested. Student records may not be disclosed to anyone else without the student's written consent. Certain types of records are excluded by law from inspection, such as a parent's financial information or a student's psychiatrist's or physician's records. The school is allowed to release directory information on a student unless a student requests in writing that directory information be withheld. The following is considered to be directory information: student's name, address, telephone number, sex, date and place of birth, major field of study, dates of participation, degrees, awards, most recent previous educational institutions attended, past and present activities and academic status.

For more information visit: <http://www.ed.gov/policy/gen/guid/fpco/ferpa/>

### Refund Policy

Before the first day of class, students who withdraw from the program will receive a full refund of all deposits, tuition, and fees paid except for the application fee. In the case of a student withdrawing from the program after the first day of classes, the school charges a withdrawal fee, and the student is refunded the calculated tuition cost of contact hours that occur on or after the date the administrative office receives a written withdrawal notice. There will be no refunds after the 7th week of the trimester for 15-week courses. All other courses less than 15 weeks are calculated by the exact contact hours taken. For students who continue in the program but drop a course(s), refunds are calculated on the cost of contact hours that occur after the drop minus the drop fee. For those students continuing in the program who drop a course(s), there will be no refunds after the 7th week of the trimester. Any time after registering for a course, the drop fee will be applicable. Refunds will be made within 30 days of the office receiving the written withdrawal notice. Refunds are made consistent with applicable state and federal regulations.

Refunds will be issued first to the appropriate Title IV financial aid program (if applicable), second to any non-Title IV financial aid programs (if applicable), and third to the student.

There is no refund for books, supplies, materials, insurance, or fees (refer to the fee schedule).

## Academic Procedures

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The student may cancel their contract at any time before the close of the third business day after signing the enrollment agreement or any time before the first day of classes.

The official date of termination for refund purposes is the date the administrative office receives written notice. All refunds will be made within 30 days from the date of termination.

The student will receive a full refund of tuition and fees paid if the school discontinues a course/program within a period of time a student could have reasonably completed it, except that this provision shall not apply if the school ceases operation.

### **RETURN TO TITLE IV POLICY**

Federal regulations require that when a student officially withdraws or stop participating in classes, that the amount Federal Title IV financial aid assistance that they have “earned” up to that point must be calculated using a pro-rata formula based on the last date the student participated in class (not the date notice was given). CSTCM has credit hour, term programs, and the return is always calculated based on the payment period. If a student received more financial aid than earned, excess funds would be returned on their behalf by CSTCM to the program in which they received aid. Any returns will come from Unsubsidized Direct loans first and any remaining amount from Graduate PLUS loans. CSTCM will return the amount of unearned Direct Loans as soon as possible but always within 45 days after the withdrawal's determination date. In some instances, this will leave the student owing to CSTCM.

If a student has completed more than sixty percent (60%) of a period of enrollment, they have earned all of their Financial Aid, and funds will not be returned. Anything less than earning 60% of their aid will require adjustment and billing. If a withdrawn student has qualified for disbursement of earned Title IV funds, the student will be notified and, upon accepting those funds, the funds will be made available within 30 days.

Upon receipt of the official withdrawal notification from the Dean's Office, the Financial Aid Administrator will perform the return calculation. The student will be notified by mail or e-mail. If there is any outstanding balance with CSTCM, the student is responsible for making payment arrangements with the CSTCM bookkeeper.

### **REFUND POLICY FOR VETERAN STUDENTS**

CSTCM will refund tuition payment to VA students by following our established refund policies.

### **DISCONTINUANCE**

If CSTCM discontinues the program of instruction after the commencement thereof, the student is entitled to a refund as described in the Refund Policy. Any money due to the student will be refunded within 30 days.

### **TRANSFER OF CREDITS**

CSTCM does not guarantee the transferability of its credits to any other institution unless there is a written agreement with another institution. Many schools will consider accepting CSTCM credit. Each individual school determines whether or not credits are accepted.

## **Official Termination Date**

See *Withdrawal / Termination from Program* section.

## **Emergency Procedures**

During any emergency period at the school, the CSTCM President may place into immediate effect any emergency regulations or procedures deemed necessary.

## Student Services

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### **Student Services**

#### **NEW STUDENT ORIENTATION**

Orientation for new students is usually scheduled for the Friday evening preceding the first week of school. CSTCM strives to help new students get off to the best possible start by preparing them for the challenges and experiences they will face at CSTCM.

#### **OFFICE HOURS**

Administrative Office hours vary each trimester. Please contact the office for exact hours.

Holidays and breaks are published in the CSTCM schedule, which comes out one month before the next trimester begins. CSTCM reserves the right to adjust or change the academic calendar and operating schedule whenever that is necessary.

#### **STUDENT RECORDS**

The Registrar maintains confidential permanent records of each student at CSTCM. Student Records contain the application, admissions, grade reports and transcripts, trimester registration, tuition contracts, and payments, etc. Each student has access to their records upon request during regular office hours.

#### **STUDENT ID CARDS**

Student ID cards are provided each year to students who are registered. ID cards can be used for various discounts around town. There is a \$10.00 fee for replacement ID cards.

#### **ACADEMIC ADVISOR**

Students can meet with the Academic Dean of Students to discuss their educational progress, concerns, and courses to enroll in following trimesters.

#### **TUTORING**

Tutorial services are often sought or offered on bulletin boards. Also, the Academic Dean of Students can be helpful in this area. The payment of tutors is determined by negotiation between students and tutors. These can be done in groups to lower costs.

Each trimester, CSTCM offers tutored study sessions for students at no cost.

#### **STUDY GROUPS**

Students are encouraged to form study groups on their own. If students need assistance in forming study groups, the Academic Dean of Students will be glad to help. Study groups are one of the best ways for students to study.

#### **HOUSING ASSISTANCE**

Housing assistance is provided to help students find reasonably priced housing or other students wanting roommates through listings on bulletin boards. There is a broad diversity of housing options near the school.

#### **STUDENT HANDBOOK / CLINICAL HANDBOOK**

A Student Handbook containing all academic, clinical, and administrative policies in detail is given to each enrolling student. Students are expected to be familiar with the handbook's contents. Student memos that come out periodically should be considered an addendum (if applicable) to the Student Handbook and treated as such.

#### **INSTRUCTOR PHONE LIST**

An instructor phone list is included with each trimester schedule.

#### **CAREER PLANNING & PLACEMENT ASSISTANCE**

CSTCM does not assist in job placement nor makes any guarantees. Most graduates establish their private practice or join existing acupuncture or multi-modality clinics. The Clinical Business Management and Clinical Observation courses help prepare students to set up their practice. Various clinics often contact the school for a recommendation about various graduates. Employment opportunities, office space, and other notices are posted on the bulletin boards.

#### **LIBRARY**

Library hours are posted each trimester. The library is available to all enrolled students and graduates and has English and Chinese language books, journals, and periodicals covering TCM, Western Medicine, and Alternative Medicine. It also has a TV/VCR

## Student Services

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with videos covering the same subjects and various anatomy models. Also, the library offers high-speed wireless internet access and networked computers with various software. Arrangements have been made with the University of Colorado Health Sciences Library for our students to have lending privileges. Also, faculty and students are encouraged to utilize other library resources in their studies, such as public and college libraries.

### **YAN JING SUPPLY & BOOKSTORE**

The Yan Jing Supply/bookstore has acupuncture supplies, books, required texts for TCM courses, and Chinese herbs. Yan Jing Supply hours are posted each trimester.

### **CLASS REPRESENTATIVE / STUDENT ASSOCIATION**

A student representative needs to be elected for each incoming class. This student serves as a liaison between classes and the Administration. The Student Association is composed of representatives from each class. The representative acts as a liaison between the student body and the administration.

### **STUDENT HEALTH SERVICES**

Students may use the health services provided by CSTCM in the Student Clinic at no cost.

### **STUDENT LOUNGE**

A student lounge with a refrigerator, microwave, and filtered water is in the basement. The lounge is available for studying, socializing, and eating. The roof-top deck is also available as a lounge and exercise area.

### **NEWSLETTER**

The CSTCM Newsletter is published three times a year in January, May, and September. Students, faculty, and state practitioners are encouraged to submit articles for publication.

## Licensing Disclosure

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### Licensing Disclosure, Licensing and Professional Resources

In accordance with Regulations 34 CFR 668.43 (a) (5) (v) and 34 CFR 668.43 (c), CSTCM is required to disclose which states that CSTCM's degree programs meet state requirements for professional licensure or certification. Specific information about licensure requirements in the 50 US States is available from the CSTCM Registrar. Please email the Registrar at [registrar@cstcm.edu](mailto:registrar@cstcm.edu) to request licensure information for a specific state or contact that state's licensing board to request information. Regulations for the practice of acupuncture/Chinese medicine differ from state to state.

The CSTCM curricula for all programs (MAc, MAcCHM, DAc, DAcCHM) meet Colorado's educational requirements for licensure provided the applicant has passed the NCCAOM Dipl.Ac. exams (Foundations of Oriental Medicine, Acupuncture and Biomedicine), the Council of Colleges of Acupuncture and Oriental Medicine (CCAOM) CNT course and exam, and the PEPLS exam and submits an application to the Colorado Department of Regulatory Agencies (DORA) Acupuncture Division (303-894- 2440). DORA requires the NCCAOM to send DORA proof of the student passing all the above exams.

Please note that each state establishes their acupuncture licensing laws and there are several variables that affect eligibility for each state. Also note, that laws, rules, and regulations change frequently. Because the laws change frequently, CSTCM requests that interested parties seeking information about CSTCM's degree programs and a specific states' educational requirements for licensure contact the CSTCM Registrar. The CSTCM Registrar maintains a detailed list of each states licensing requirements and periodically updates the list with any changes reported by state licensing boards.

The most common variables in state licensing laws are:

1. State's may require 60 undergraduate credits, 90 undergraduate credits or a Baccalaureate degree. In addition, some states require specific course work be covered in undergraduate training or as part of the graduate program. Most accredited Master's degree programs accept students with a minimum of 60 undergraduate credits. A minimum of 90 credits is required for admissions into the DAc and DAcCHM programs. Some states require atypical course work such as courses in the state practice act, HIV education, or medical errors courses to qualify. Contact the CSTCM Registrar for current information on undergraduate credit requirements.
2. Several states require accredited Chinese herbal medicine (CHM) training to be eligible for licensure. Graduates of programs that are acupuncture only, such as MAc and DAc programs would not be eligible for licensure in states that require CHM training. Contact the CSTCM Registrar for information on states requiring CHM training.
3. Some states administer their own licensing board exams that take precedence over the NCCAOM exams. At this time 46 states use the NCCAOM exams as the benchmark for license eligibility requirement, including Colorado. California uses its own licensing exam. Nevada and New Mexico use a combination of their own exams with the NCCAOM exams for eligibility purposes.
4. Some states have clinical training hours that exceed the ACAHM minimum required hours or the CSTCM clinical hours for Master's degree programs. Please contact the CSTCM Registrar regarding state requirements for clinical training hours.
5. Some states have atypical requirements. For information Contact the CSTCM Registrar.

Completion of any of the CSTCM programs does not guarantee licensure in any state. Most states require passage of some or all of the NCCAOM exam modules and the CCAHM Clean Needle Technique exam for licensure. In California you must take a program approved by the California Acupuncture Board and pass the California Acupuncture Board exam to qualify for licensure. California requires Chinese Herbal Medicine, Acupuncture and Bioscience training to be qualified for the CAB Exam. CSTCM has not applied for California Acupuncture Board approval. CSTCM MAcCHM/DAcCHM graduates should check with the California

## Licensing Disclosure

Acupuncture Board for regarding any additional course work requirements to be eligible for licensure in California.

Below is a list of those states that CSTCM programs meet licensure requirements. Please note that legislation changes can take place and completing the program does not guarantee state licensure eligibility alone. Many states require a state-specific exam in Jurisprudence or other areas of state-specific laws in addition to the NCCAOM exam modules. Always check state licensure requirements prior to applying for an acupuncture license.

Program	Meets State Requirements	Additional Training Required
MAc	AK, CO, CT, GA, IA, ID, IL, IN, KY, LA, MA, MD, ME, MI, MN, MD, MS, MT, NC, ND, NE, NH, NJ, NY, OH, OR, PA, RI, SC, TN, UT, VA, VT, WA, WI, WV, WY, DC	DC, IL, MA, OH, NJ, VT and PA allow for acupuncture only licensure. AZ requires more clinical hours than the CSTCM MAc. Herbal training <u>Required</u> : AR, DE, HI, FL, KS, NM, NV, TX, VT, CA
MAcCHM	AK, AZ, CO, CT, GA, IA, ID, IL, IN, KY, LA, MA, MD, ME, MI, MN, MD, MS, MT, NC, ND, NE, NH, NJ, NY, OH, OR, PA, RI, SC, TN, UT, VA, VT, WA, WI, WV, WY, DC Herbal training <u>Required</u> : AR, DE, HI, FL, KS, NM, NV, TX, VT, CA	California requires passage of the California Exam Florida only accepts masters-level degrees in TCM for licensure as of 2021. FL also requires training in injection therapies prior to licensure.
DAc	AK, AZ, CO, CT, GA, IA, ID, IL, IN, KY, LA, MA, MD, ME, MI, MN, MD, MS, MT, NC, ND, NE, NH, NJ, NY, OH, OR, PA, RI, SC, TN, UT, VA, WA, WI, WV, WY, Washington DC Herbal training <u>Optional</u> : DC, IL, MA, OH, NJ, PA, VT	DC, IL, MA, OH, NJ, VT and PA allow for acupuncture only licensure Herbal training <u>Required</u> : AR, DE, HI, FL, KS, NM, NV, TX, VT, CA
DAcCHM	AK, AZ, CO, CT, GA, IA, ID, IL, IN, KY, LA, MA, MD, ME, MI, MN, MD, MS, MT, NC, ND, NE, NH, NJ, NY, OH, OR, PA, RI, SC, TN, UT, VA, VT, WA, WI, WV, WY, DC Herbal training <u>Required</u> : AR, DE, HI, FL, KS, NM, NV, TX, VT, CA	California requires passage of the California exam.
No Acupuncture licensure	AL, OK, SD	

For more state law licensing information please use these links to visit Acupuncture and Chinese Medicine organizations websites:

[Legal Information about Acupuncture by State - Acufinder.com](#)

**National Commission for the Certification of Acupuncture and Oriental Medicine (NCCAOM): 904-598-1005**

Use this link to access the [NCCAOM State Licensure Interactive Map](#)

**Acupuncture Association of Colorado 303-572-8744 [Acupuncture Association of Colorado - Home \(acucol.com\)](#)**

**American Society of Acupuncturists [Acupuncture Legislation – American Society of Acupuncturists \(asacu.org\)](#)**

*CSTCM supports student and practitioner involvement in state and national professional organizations.*

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